Medical Center Observes Sesquicentennial

1837: Rush Medical College's first building, which was completed in 1844

1987: Rush-Presbyterian-St. Luke's Medical Center, which now comprises 27 buildings
Sesquicentennial Logo—A Chicago Tradition/A National Resource

It's appearing everywhere; on calendars, stationery, sweatshirts, umbrellas, mugs and magazine covers. It's the Medical Center Sesquicentennial logo, representing, with two adjacent seals, our institution from its infancy in 1837, when Rush Medical College received Illinois' first medical school charter, to 1987, when Rush's prominence as a major academic medical center is acknowledged throughout the United States.

The original Rush Medical College seal, which appears on the left in the logo, was adopted by the Board of Trustees in 1878, after Henry Lyman, M.D., chairman of physiology and neurology, proposed and exhibited an engraved copy of it to the board. A generic description in the May 19, 1878 Board of Trustees minutes described the seal as being "occupied centrally by the representation of an altar, sacred to Aesculapius." (Aesculapius was the mythical god of healing, son of Apollo and Coronis.) Upon the left of the altar stands a female figure dressed in the garb of a Grecian priestess, casting incense into the fire upon the altar. Upon the right of the altar appears another female figure dressed in Grecian civic costume, conducting her offspring, a male child, nude to the altar-fire, at which he ignites the torch, borne in his right hand. The whole group symbolically represents the induction of the youthful student into the mysteries of medical science. Roman numerals, the date of the founding of Rush Medical College—MDCCCLXXVII, are inscribed beneath the altar. The circumference of the seal is occupied by the legend, COLLEGIUM MED. RUSH. SIGILLUM-CHICAGO," (Sigillum means "the seal.")

Many have speculated about the identities of the seal's figures. Some think the young boy may represent Rush Medical College students. William Kona, Medical Center archivist, believes the figures represent the family of Aesculapius. "We know that in ancient Greece the healing art was guarded as a family heritage and was handed down from father to son," says Kona. "The person on the left could be Hygieia, Aesculapius' daughter by the first marriage with Epione. On the right side is, in all probability, the second wife of Aesculapius, Lampetia, daughter of the sun-god, with her son by Aesculapius, Telephorus." However, even Kona, who has researched Medical Center records thoroughly, notes an inconsistency, in that Telephorus, the bearer of convalescence, who usually is shown in a long robe and a Phrygian cap, appears nude on the Rush Medical College seal.

Another interpretation was offered by Stephen Economou, M.D., the Helen Shedd Keith professor and chairman, general surgery, and chairman of the Sesquicentennial planning committee, who suggested at a 1983 Board of Trustees meeting that the seal "shows a Greek family making a ritual sacrifice of incense to the Apollo Medicus. Each figure within itself," he said, "may have allegorical significance" representing knowledge and mercy. Dr. Economou speculated that Rush Medical College founder, Daniel Brainard, M.D., may have "absorbed some taste for the neoclassical style" while studying in France, and influenced the seal's design.

The identities of the figures on the Rush Medical College logo as well as the logo designer have never been confirmed. Kona thinks it likely that Dr. Lyman or a friend of his was responsible.

There is no confusion about the right side of the new logo; it is the logo adorning many things—signs, the donor wall and even waste receptacles around the Medical Center today. It is the logo of the Medical Center.

Prior to the 1956 merger between Presbyterian and St. Luke's hospitals, each hospital was represented uniquely. St. Luke's seal was composed of two concentric circles, the inner one inscribed "Christo et Fide" (Christ and Faith) and the outer one, "St. Luke's Hospital Incorporated Feb. 7, A.D. 1880." Crosses appeared on the inside and outside circles and in the center.

Presbyterian Hospital used several designs on its publications including an oil lamp, caduceus (symbol of physicians) and a cross. Upon merger, two anchor crosses, one of the earliest Christian symbols of hope and steadfastness, were joined together to symbolize the union of the two hospitals. The new seal, with overlapping anchors, formed a complete circle around a center cross.

The seal was redesigned in 1971 to reflect the newly created corporation, Rush-Presbyterian-St. Luke's Medical Center. The seal, from which the horizontal bar was removed, has been used since 1971 and today is seen in tandem with the original Rush Medical College seal on the new Sesquicentennial logo.
The way we were

Rush-Presbyterian-St. Luke's Medical Center, now 150 years old with a capability of serving 1.5 million persons through its own resources and its affiliates, health maintenance organization and satellite offices, began somewhat more humbly in 1837, when physician and surgeon Daniel Brainard obtained a charter for Chicago's first medical school and Illinois' first institution of higher learning on March 2, 1837, two days before the City of Chicago was incorporated.

Rush Medical College
Rush Medical College opened in 1843 with 22 students, after Dr. Brainard's return from study in Europe and in the improved economic climate that followed the Panic of 1837. By the close of the century, Rush had grown into the largest medical school in the United States, with 850 students and 80 teachers. It was said that settlers arriving in the new cities of the West at that time would ask specifically for a "Rush physician in town."

Though initiated as a free-standing medical school, Rush sought affiliation with Lake Forest College in order to provide academic as well as clinical opportunity for its students. This affiliation, from 1887 to 1898, was followed by union with The University of Chicago from 1898 through 1941, during which time Rush served as the University's first medical teaching facility.

In 1941, Rush faculty received academic appointments to the University of Illinois and the college suspended operations until 1969, when Rush merged with Presbyterian-St. Luke's Hospital, reactivating the Rush charter and forming the nucleus of the present day medical center.

Presbyterian-St. Luke's Hospital
Presbyterian-St. Luke's Hospital became an entity in 1956, when two venerable institutions, both established in the 19th century, merged.

St. Luke's Hospital had opened in 1864 with seven beds, when the pastor and the Ladies Aid Society of Grace Episcopal church committed themselves to a "clean, free Christian place" for Chicago's sick poor. Many of its staff were Rush professors, establishing early on the relationship between the two institutions. In 1885, St. Luke's also opened a training school for nurses that was supervised by nurses rather than physicians, an innovation for the period.

Presbyterian Hospital was established by Chicago's Presbyterian churches in 1883, with 80 beds, on land originally bought by Rush Medical College. The hospital was staffed by Rush faculty and served as a site for the college's clinical programs and research efforts. It too opened a school of nursing and, along with the St. Luke's school, became a worthy predecessor of today's Rush University College of Nursing.

In 1956, the south side St. Luke's moved to the near west side, joining Presbyterian within the West Side Medical Center District, said to be the largest concentration of health care facilities in the world.

Daniel Brainard, M.D.: founder of Rush Medical College

Though Yankee Doodle may be the most famous man who ever rode into town on a pony, Daniel Brainard, M.D., should rank a close second, at least around Rush-Presbyterian-St. Luke's Medical Center. It was Brainard who, in 1836, at the age of 24, rode into the village of Chicago on a pony and one year later on March 2, 1837, founded Rush Medical College. When the medical college charter was approved by the state of Illinois, Brainard named the school after Dr. Benjamin Rush, a signer of the Declaration of Independence who is considered the father of American medicine and psychiatry.

Brainard made his way to Chicago from Whitesboro, New York, where he practiced medicine after graduating from Philadelphia's Jefferson Medical College. He immediately set up a prac-

(continued on page 9)
Two days after Christmas, 1968, the first successful heart transplant in Chicago was performed at Rush-Presbyterian-St. Luke’s Medical Center. The patient died three-and-one-half months later, succumbing to rejection and congestive heart failure. Eighteen years later, another heart transplant was performed at the Medical Center ...and the patient went home on Christmas Eve to enjoy the holidays with his family.

“Had the patients traded places, Mr. Engels (the 1986 transplant patient) would not have lived, and Mr. Cramer (the 1968 patient) would probably have survived,” says Hassan Najafi, M.D., transplant surgeon for both cases. “Technical improvements and new discoveries, such as the anti-rejection drug, cyclosporine, now make cardiac transplantation a viable treatment for end-stage cardiac disease.” Dr. Najafi also co-directs the heart transplant program with Roger Billhardt, M.D., cardiology, and is chairman, Department of Cardiovascular-Thoracic Surgery.

Throughout the late 60s and the 70s, cardiac transplantation was a technique that clearly showed promise for critically ill patients. Success rates were low, though, because of the serious difficulties in properly suppressing the transplant recipient’s immune system. The discovery and use of the anti-rejection drug cyclosporine revolutionized cardiac transplant. Cyclosporine lessens the likelihood of rejection of the transplanted heart and makes rejection less severe.

At present, there are 80 transplant centers throughout the world; five are located in Chicago. Dr. Najafi is the only transplant surgeon in Illinois and perhaps the Midwest who can speak from a perspective of 18 years ago and today.

The actual technique used to transplant a heart has not changed drastically, still taking up to four hours to complete. But vast improvements have been made in equipment, techniques and procedures supporting the actual transplant, according to Dr. Najafi. “It took two hours to establish hemostasis in Mr. Engels,” he explains. “If his transplant had been performed 18 years ago, we would not have had the present coagulation techniques and products to help him. There would have been serious bleeding problems.” (This was Engels’s fifth heart operation. Prior to his transplant, he had four bypass surgeries at the Medical Center, beginning in 1971 when he was 38 years old.)

Improvements are also present in the anesthetic techniques and variety of suture materials available today. Sophisticated tissue and blood match-procedures enable transplant physicians to predict rejection more easily. Eighteen years ago, matching was based solely on the blood groups.

One of the most dramatic changes can be found in the procurement process. “In 1968, the donor’s body had to be brought to the center where the transplant was being performed,” he says. “The donor and recipient were in adjoining O.R. rooms. Techniques had not yet been developed to cool the donor heart to make it motionless. It had to be removed and sutured in place while beating vigorously.”

Today, nationwide organ-sharing systems enable donor organs to be matched with and transported to the recipient quickly and efficiently. Cyrus Serry, M.D., cardiovascular-thoracic surgery, headed the procurement team which traveled to an out-of-state hospital to procure a donor heart for Engels.

Donor hearts can be preserved for four hours by cooling them with a potassium solution and storing them in ice. “The ability to cool the donor heart makes the actual transplant much easier,” Dr. Najafi says.

Some of the procedures following the transplant have also changed.
difference 18 years can make

Cramer was kept in the sterile atmosphere of the operating room for 24 hours following surgery and given drugs to help ward off the two major complications following transplant: infection and rejection. Engels was transferred immediately after surgery to sterile intensive care facilities. He also started taking the anti-rejection drug cyclosporine.

"Because patients don't feel sick when the heart is rejecting with cyclosporine therapy, we have to follow things other than physical signs to know when rejection is occurring," says Dr. Billhardt. "This has lead to another major advance in heart transplantation: the use of heart biopsies to monitor the status of the donor heart."

The biopsies are performed as an outpatient procedure under local anesthetic through a vein in the neck. "The biopsies allow us to know the exact condition of the heart and tailor the patient's therapy accordingly," he explains. "This results in more specific therapy with lower doses of immunosuppressive medicines. Therefore, there is less risk of infection.

"Repeated heart biopsies allow us to follow Mr. Engels' course much more closely than was possible with Mr. Cramer," Dr. Billhardt says. "Consequently, rejection episodes can be detected early and treated appropriately."

The 18-year span in cardiac transplantation is not without its ironies. According to Dr. Najafi, in 1968 a then very experimental heart transplant cost $11,000 and was covered by insurance. Today, heart transplants are no longer considered experimental. "They cost five times as much as they did in '68," he says, "and some insurance companies have created a variety of obstacles to not have to reimburse for these procedures."

Cramer's transplant was the only one Dr. Najafi performed in those early years of transplantation. "At that time, the attrition rate was unacceptable," he states. "Most transplant patients died within a few months of transplantation."

After the discovery of cyclosporine and the development of improved techniques and better equipment, many centers began performing heart transplants again.

Following more than a year of planning, protocol preparation and renovations to the surgical intensive care unit, the Medical Center was ready once again to perform heart transplants.

Looking back over the five-and-one-half weeks Engels spent in the hospital, Julie Marshall, M.S., R.N., then nurse coordinator for the program, observed that "we had to make very few changes in the treatment plans and protocols. Everyone—nursing, O.R. SPD, respiratory therapy, pharmacy—worked very hard to make sure that everything went smoothly."

All the transplant staff, however, feel that much of the credit goes to Mr. and Mrs. Engels. "We feel like part of the family," the Engels say. Their relationship with the Medical Center spans nearly a decade and a half. The Engels can now add the more than 100 people who participated in his transplant to the members of their "Medical Center family."
It's a typical Sunday afternoon in a patient care area at Rush-Presbyterian-St. Luke's Medical Center. Visitors come and go. Many bring gifts and parcels from home. Some bring flowers; others, magazines, books or home-made food.

As appreciated as most of these gifts are, there is one gift, above all others, that brings comfort, reassurance and peace to many Christian patients. It is the Eucharist.

And now, as a result of a new program at the Medical Center directed by Chaplain Carole Temming, R.S.M., M.S.N., D.Min., associate coordinator of pastoral services, Department of Religion and Health, 16 lay Catholic volunteers have been trained and commissioned as eucharistic ministers to bring this gift to patients in the hospital.

According to Temming, the idea for training employees, students and volunteers from the Medical Center came from the model of the program she had initiated at nearby Notre Dame Church. Under the joint leadership of Temming and Notre Dame's Reverend Robert Rousseau, M.Div., S.S.S., lay ministers there were trained to serve communion to patients at the Medical Center. Many of these lay ministers were also Medical Center employees.

It occurred to Temming that such a program might be possible at the Medical Center. So she wrote to the archdiocese and asked permission to begin a training program here; her request was granted.

Responding to flyers posted around the hospital, candidates were first interviewed by Temming, then attended six, two-hour evening sessions on subjects including the theology of suffering, sacramental theology, and pastoral communication skills, led by members of the Department of Religion and Health.

On December 7, the 16 lay Catholic volunteers took part in a special commissioning service that challenged them to “distribute the Eucharist with faith and reverence” and to “be sensitive, gentle and loving” to those they would visit.

“It's such a privilege to do it,” says Rosemary O’Callaghan, assistant manager, oncology, about her chosen task. O’Callaghan, however, is quick to deflect any praise for herself and tells several stories of other employees in the hospital whose acts of kindness have impressed her. “So-and-so is really who you should be interviewing,” she insists.

Michael Pins, a second-year medical student at Rush Medical College, says being a eucharistic minister, is “a good way of keeping things in perspective.” For him, the ministry of communion is not entirely new; he took part in a similar program in college at Purdue University. Being a lay minister helps him remember what is really important, he says.

“And,” he adds, “I’m a strong believer in making patients see that a lot of the responsibility for their healing has to do with psychological and spiritual factors. To me it's as important as picking the right antibiotic.”

Teresa Sestak, a third-year Ph.D. student in biochemistry, also was a minister of communion in college. She explains her involvement this way. “I know that I’m going to get much more out of it than I put in.”

Sestak also mentions the ministry of communion as a way to “help strike a balance between studies and work.” And, perhaps, at the heart of it, is Sestak’s assertion, “My faith means a lot to me. It’s a means of security... something to hang on to.”

Kevin Dobson, a part-time medical technologist and a podiatry student, echoes Sestak’s reasons for being a lay minister. He says what he looks forward to most is being with people in different settings—people who really want to see him.
The extra time that the ministers commit to their volunteer activity doesn't seem to bother them. "After all, everyone is busy. You do what you want to do, that's all," says Sestak.

And Temming encourages the ministers to sign up for only the number of visits they can easily handle. "I want their visits to be a joy—not a burden.

"The God of all comfort comforts us in all our afflictions, so that we may be able to comfort others," says Temming, paraphrasing Paul from his second letter to the Corinthian Christians.

A 79-year-old patient who recently received the sacraments from a lay minister expressed her feelings this way: "I am very thrilled. I think it's a great thing for the patients, and it's a good thing spiritually for the ministers, too. I think they do a wonderful job."

**Sheridan Road offers oxygen test for air travel**

Sheridan Road Hospital now offers high-altitude simulation testing to individuals with severe lung disease, who experience increased shortness of breath during commercial air travel. Even in a pressurized aircraft, a person's oxygen level can fall to low levels, making air travel unsafe.

The test uses special equipment to simulate the lower oxygen concentration experienced during flight. Individuals are closely monitored for heart rhythm, blood pressure and oxygen level throughout the test. If the results show that a person needs more oxygen during air travel, he or she can obtain a prescription for the amount of oxygen needed.

The test is available on an outpatient basis through the Sheridan Road Hospital Respiratory Therapy Program.

Chaplain Carole Temming, R.S.M., M.S.N., D.Min., talks to some of the volunteer lay ministers about their patient visits. From left—Michael Pins, Mark Bettag, Rush Medical College, Carole Temming, religion and health, Teresa Sestak, biochemistry, Tom Mientus, Rush Medical College, and Lucy Martinez-Schallmoser, M.S.N., R.N., obstetrics and gynecology.
This year University Research Week has been expanded to celebrate the Medical Center's Sesquicentennial. Events will be held April 28 and 29.

University faculty and student research presentations will be made April 28, followed by the University Committee on Research Scientific Symposium, the Sigma Xi Poster Session, and a special presentation by keynote speaker, Salvador E. Luria, M.D., from Massachusetts Institute of Technology. Dr. Luria received the Nobel Prize in Medicine in 1969 for his research which led to the transformation of classic Mendelian genetics into molecular genetics and molecular biology.

The Sesquicentennial Symposium will be held April 29 and will feature Michael S. Brown, M.D., Nobel laureate from the University of Texas, who discovered low-density lipoprotein receptors and the mechanism of receptor mediated endocytosis; Sir Bernard Katz, M.D., Nobel laureate from University College in London, who identified the physiochemical mechanism of neuromuscular and synaptic transmission; Eric R. Kandel, M.D., Columbia University College, an expert in the field of molecular basis of learning and behavior; Thomas Glenn, Ph.D., Ciba-Geigy Corporation, who will discuss the role of corporations in funding academic research; and James B. Wyngaarden, M.D., director, National Institutes of Health, who will review the governmental role in biomedical research.

Anyone interested in participating in either the Scientific Symposium or the Poster Session is asked to submit an abstract by February 2 to the Office of Research Administration. Abstract forms are available from the Office of Research Administration. For more information, call Dorothy Sholeen, extension 5498.

**Food and Nutrition hosts second weight loss contest**

Still feel bloated from munching those holiday goodies? Added losing weight to your new year's resolution list, but haven't quite started yet? Here's your chance to lose those pounds! The Department of Food and Nutrition Services is hosting its second "I Can't Weight for Spring...Weight Loss Competition!" as the department's annual National Nutrition Month event.

Registration is February 16-20 in the cafeteria lobby from 11:30 a.m.-1:00 p.m. and 5:30 p.m.-6:30 p.m. The registration fee is $5.

All Medical Center employees are invited to participate and compete in teams of four people. Here are the rules:

- Each team should lose 30 pounds in four weeks, based on a recommended two pounds a week weight loss per person.
- Participants must consume a nutritious diet as prescribed by a registered dietitian and follow an exercise program.
- There will be three nutrition programs offered throughout the contest. All team members must attend the first program; at least two team members must attend the other two programs. Failure to attend will result in penalty pounds being subtracted from the team's final total weight loss.
- First place prize to the team losing the most weight is $100; 2nd place, $75; 3rd place, a free nutrition/exercise profile and one nutrition counseling session; and 4th place, a free nutrition/exercise profile.
- And don't give up! A grand prize of $200 will be awarded to the team who is able to consistently and progressively lose weight through June 1.

For the times and dates when you need to have your weight checked, call nutrition consultation services, extension 5387 or page 25-7544.

**Rush set to battle UIC**

Mark your calendars! This year's Near Loop Hoop Classic basketball game between Rush University and the University of Illinois at Chicago will be Monday, February 26.

Last year, Rush's team lost to UIC, 54-30, but vows to make a comeback and once again capture the traveling Challenge Cup. "This is the Classic's third year. We won the first game," says Mike Coleman, human resources. "And we'll win again!"

Doors open at 4:45 p.m. at the UIC Pavilion, located at Harrison and Morgan Streets. The game starts at 5:15 p.m. Anyone interested in attending the game can pick up free tickets in the human resources satellite office (192 Murdock). For more information, call the satellite office at extension 5959.
The way we were (from page 3)

Elderly, a nationally known geriatric center, and Sheridan Road Hospital, a community-based care center. The Medical Center is also recognized for pioneering the health maintenance organization concept with its 15-year-old ANCHOR HMO and more recent alternative health care delivery systems such as Rush Contract Care and ACCESS Health.

During the Sesquicentennial, the Medical Center will celebrate its heritage by highlighting its past medical achievements, sponsoring civic celebrations and academic symposia, and maintaining and furthering its original commitment to quality health care and service.

Daniel Brainard, M.D. (from page 3)

tice, sharing his office with John Dean Caton, who had studied law in Brainard’s home state of New York.

Because bleak economic conditions in 1837 prevented Brainard from opening Rush, he went to Paris to study medicine in 1839, and from there traveled to St. Louis to teach anatomy. He returned to Chicago in 1843 to resume his medical practice and finally opened Rush Medical College, enlisting a faculty of physicians and educators, many who would eventually become famous.

Bold and forthright, Brainard made his reputation in Chicago by successfully amputating at the hip joint the leg of an injured canal worker, the first such operation in the United States. His other Chicago firsts: use of ether as anesthesia, first city surgeon, editor of the Illinois Medical and Surgical Journal, proponent of the first general hospital and the first county hospital, and organizer of county and state medical societies. During his life, he also edited the Chicago Democrat newspaper and ran (unsuccessfully) in 1858 for mayor.

In Paris, Brainard earned fame for his research on poisoned wounds, which led to publication of his article on curare in 1854. His invention of a bone drill, his experiments with iodine as an antiseptic and his renowned surgical skills brought him membership in the Paris Surgical Society and the Medical Society of the Canton of Geneva. Back home, he was awarded the American Medical Association’s prize in 1854 for an essay on new methods of treating fractured and deformed bone.

Brainard was president and professor of surgery at Rush from its founding until 1866, when he died at 54 of cholera, a subject he had lectured on a few hours before he himself succumbed. He was survived by his wife of 21 years, Evelyn, and two of the couple’s four children.

By 1897, his dream, Rush Medical College, was the largest in America. Much earlier, he had predicted, “It is associated with the destinies of a great and powerful city, and its prosperity and continuance will be commensurate with her growth and duration. It can never perish.”

RPSLMC Chronology

1837 Rush Medical College
1864 St. Luke’s Hospital
1883 Presbyterian Hospital
1956 Presbyterian-St. Luke’s Hospital
1969 Rush-Presbyterian-St. Luke’s Medical Center
1972 Rush University
1975 Sheridan Road Hospital
1976 Johnston R. Bowman Health Center for the Elderly

Sesquicentennial events calendar—1987

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The Employees Activities Committee is planning special Sesquicentennial events during 1987. NewsRounds will report details when they become available.

RUFWA sponsors health care ethics lecture series

Rush University Faculty Wives is sponsoring its third Lecture Series in Health Care Ethics in cooperation with the Ethics Conference Planning Group and the Department of Religion and Health. February 23, William G. Bartholome, M.D., M.T.S., associate professor, pediatrics and history of medicine, University of Kansas School of Medicine, will lecture on “Baby Doe: How Did We Get Where We Are?” March 3, Ronald E. Cranford, M.D. associate physician, neurology, director, neurological intensive care unit, Hennepin County Medical Center and associate professor, neurology, University of Minnesota Medical School, will speak on “Murder and the Humane Care of the Dying: The Courage of our Convictions.” Both lectures will be from noon—1:00 p.m. in 539 Academic Facility.

To commemorate our 150th anniversary, a special 1987 Sesquicentennial calendar was distributed to all Medical Center employees in late December and early January. Please contact the Public Relations office, extension 5580, if you did not receive a calendar.
What would you love to have had when you were a child?

Cheryl Windsor, psychiatry
—Something I always wanted was a horse, but I’m scared to death of them. I never rode one, but I wish I could have tried.

Randolph Portlock, housekeeping
—I grew up in Chicago, and would have loved to have taken a trip someplace warm, like Jamaica.

Vivek Rangnekar, Ph.D., medical oncology
—An airplane. I wanted to be able to travel all over the world and it’s easier if you have your own plane. I haven’t gone around the world yet, but I’m planning on it. So far I’ve seen three continents.

Nina Gonzalez, occupational therapy
—Programs like the kind the YMCA offers—swimming lessons, ballet classes, craft and hobby groups.

Jean Maunder, R.N., C.N.M., M.S., obstetrics/gynecology
—I would love to have not had to practice my piano lessons. I took them for nine years, from the time I was 5 until I was 14. When I quit I was practicing two hours everyday.

Jerry Vance, security
—A horse. I used to ride when I was a kid. I would have loved to have had my own horse.

William Montanez, housekeeping
—When I was 12 I wanted a car, a black Mercedes. It’s something I still want now.

Alicia Griffey, pulmonary lab
—Toys, toys, toys. I especially wanted a toy piano when I was eight years old, but it was very expensive.
Rush people

RPSLMC Appointments

Joyce Keithley, D.N.Sc., R.N., has been named chairperson, Department of Operating Room and Surgical Nursing. She has been acting chairperson for the past four years.

Dr. Keithley joined the Medical Center in 1972, serving first as a practitioner-teacher and then associate chairperson in the department.

She is a member of several national nursing associations and societies, and has presented and authored numerous papers in the field of clinical nursing. In addition to her teaching responsibilities at Rush University as an associate professor, Dr. Keithley conducts research and consults in the fields of nutrition and surgical patient care.

She earned a B.S. in nursing from the University of Illinois, an M.S. from DePaul University and a D.N.Sc. from Rush University.

Debra Daly-Gawenda, M.S., R.N., has been appointed associate director of Employee Health Services. She has served as its unit leader since 1984. In addition to supervising the day-to-day operations of the department, she will be responsible for program planning and development and for the implementation of the Services’ business plan.

Daly-Gawenda received her B.S. in nursing from Rush University and her M.S. in nursing service administration from the University of Illinois.

Wil Raske is the new Operations Group Manager in the Data Center. He was formerly manager of computer operations. In his new position, Raske will continue his responsibilities for computer operations, production scheduling and data control, as well as assuming responsibility for the operational support of a terminal network with more than 840 terminal devices, the relocation of the Data Center to the 1700 West Van Buren Building, and other major information projects including the telecommunications project and the laboratory information systems project. Raske joined the Medical Center 14 years ago.

Jean Storlie, M.S., R.D., food and nutrition services, has been appointed director of Wellness and Health Promotion for ArcVentures, Inc. Storlie joined the Medical Center in 1985 as assistant director of nutrition/fitness. In her new position, she will direct the marketing and implementation of mobile health promotion programs tailored to the corporate sector.

Storlie received a B.S. in community-medical dietetics from Viterbo College and a M.S. in adult fitness/cardiac rehabilitation from the University of Wisconsin-LaCrosse. She is the senior editor of a three-volume text on obesity management. Storlie is chair-elect of Sports and Cardiovascular Nutritionists.

Appointments

Klaus E. Kuehtter, Ph.D., biochemistry, was appointed for a three-year tenure to the Advisory Committee on Research, American Academy of Orthopaedic Surgeons.

L. Penfield Faber, M.D., cardiovascular-thoracic surgery, has been appointed a director of the American Board of Thoracic Surgery.

Verniece Cherry, community affairs, was recently elected to the board of directors, Midwest Association for Sickle Cell Anemia.

Debra Daly-Gawenda, M.S., R.N., employee health services, has been elected vice president of the Hospital Employee Health Service Nurses Association of Metropolitan Chicago.

Rebecca Dowling, Ph.D., R.D., food and nutrition services, has been appointed to the Council on Research and co-chairperson of the Cost-Benefits of Nutrition Services task force of the American Dietetic Association.

Elaine Novak, M.S., OTR/L, occupational therapy, SRH, has been elected vice chairman of the Chicago Area Occupational Therapy Directors Group.

Margaret Faut, D.N.Sc., R.N., O.R./surgical nursing, was appointed to the American Association of Nurse Anesthetists (AANA) Long Range Planning Committee and chair of the research committee of the AANA Education and Research Foundation.

Lauren D. Holinger, M.D., otolaryngology/bronchoesophagology, has been appointed acting director of the Department of Otolaryngology-Bronchoesophagology and Communicative Disorders, The Children’s Memorial Hospital, Chicago.

Rosalind Cartwright, Ph.D., psychology and social sciences, has been appointed to the National Advisory Mental Health Council of the Alcohol, Drug Abuse, and Mental Health Administration.

William E. Mozelle, M.S., security administration, has been re-elected to a second term as president of the Illinois Security Chiefs Association. He was also appointed to senior membership in the International Narcotic Enforcement Officers Association.

Kudos

Penny Benetazzo, R.N., O.R./surgical nursing, received a certificate of leadership for her outstanding contributions to the Medical Center at the Leader Luncheon, which recognized the leadership of women in the economic, cultural and civic life of the Chicago metropolitan community. The luncheon was sponsored by the YMCA.
Professional activities

Speeches/lectures/presentations


Robert S. Eisenberg, Ph.D., physiology: “Molecular Techniques in Cardiac Research,” Chicago Medical School, Chicago; “Excitation-Contraction Coupling in Muscle Cells,” Merck, Sharpe and Dohme, West Point, Pennsylvania; and “From Tissue to Cell to Membranes in Modern Biology,” North Central Regional Heart Committee, Chicago.

Eduardo Rios, Ph.D., physiology: “Role of Ca in E-C Coupling,” Chicago Medical School, Chicago.


Karen Rezabek, R.D., food and nutrition services: “Diabetes and Fiber: Is It a Bad Diet?,” Fourth Annual Diabetic Fair, Palos Community Hospital, Palos Heights, Illinois.

Mary Bacon, M.A., communication disorders and sciences: “The Role of In- treatment in the Evaluation and Treatment of Speech and Swallowing Disorders,” panel discussion, Children’s Memorial Hospital, Chicago.


These members of the Department of Anesthesiology made the following presentations at the American Society of Anesthesiology meeting in Las Vegas, Nevada: Ljubomir Djordjevich, Ph.D., and Anthony D. Ivanovich, M.D.; “Half-Life of Synthetic Erythrocytes In Vivo,” Drs. Djordjevich and Ivanovich, R. Chigurupati, Ph.D., Andrew Wornowicz, M.D., and Robert McCarthy, Pharm.D.; “Efficacy of Liposome-Encapsulated Bupivacaine;” Drs. McCarthy and Ivanovich, Bruce D. Spiess, M.D., and Kenneth J. Tuman, M.D.; “Protection from Coronary Air Embolism by Perfluorocarbon Emulsion (FC-34),” and Drs. Spiess, Wornowicz, Ivanovich and Berton Braverman, Ph.D.; “Protection from Cerebral Air Emboli with Perfluorocarbons in Rabbits.”


E. Jane Williams, Ph.D., curriculum development and evaluation, and Deborah Hotch, Ph.D., family practice: “Teaching-Learning Problems in Clinical Medical Education: A Problem Solving Session,” Generalists in Medical Education National Conference, New Orleans, Louisiana.

The following members of the Department of Social Service made these presentations: Jean Stauffer, M.S.W.; “Treatment Philosophy of Structured Therapeutic Programs” and Karita Hummer, A.C.S.W.: “Bereavement and Chronic Illness,” Overview of Childhood Depression conference, Chicago; Stauffer: “Incest, Dynamics and Interventions,” Contact Chicago’s Hotline Volunteer Training Program, Chicago; Hummer: “Psychotherapy: Mobilizing Mastery of Trauma in the Chronically Ill Child,” St. Mary’s Services for Children, Chicago; Gary Knudson, M.S.W.: “Working with Families of Suicide,” “Resolving Grief and Guilt in Individual Therapy,” and “Crisis Intervention with Siblings of Suicides,” American Association of Suicideology meeting, Atlanta, Georgia, American Orthopsychiatric Association.


L. Penfield Faber, M.D., surgical sciences and services: “Surgery of the Lungs and Thorax,” Cook County Graduate School of Medicine, Chicago.


The Department of Biochemistry hosted the Midwest Connective Tissue Workshop at the Medical Center. Eugene J-M.A. Thonar, Ph.D., biochemistry, presided as chairperson. The following gave presentations: Cheryl Kudson, Ph.D., “Hyaluronic Acid in Limb Chondrogenesis;” Michael Hejna, third-year graduate student, “Structural Studies of Rat Chondrosarcoma Proteoglycan Using an Anti-core Protein Monoclonal Antibody;” Brian Maldonado, fourth-year graduate student, “Quantification of Keratan Sulfate as a Marker of Cartilage Catabolism;” Sven Inerot, Ph.D., “Culture of Human Chondrocytes;” and Thomas Schmid, Ph.D., “Type X Collagen in Enchondral Bone Formation.”


Richard Levy, M.D., internal medicine: “What To Do If You Think Your Child Is Short,” Parents and Professionals Concerned About Growth Disorders, Human Growth Foundation, Chicago Area Chapter, Arlington Heights; and physician guest lecturer, Adult Wellness Weekend, George Williams College, Lake Geneva, Wisconsin (sponsored by the American Diabetes Association, Northern Illinois Affiliate, Inc.).


Eddie S. Moore, M.D., pediatric nephrology: “Renal Tubule Phosphate Transport in Puppies,” International Workshop on Developmental Renal Physiology, Tokyo, Japan (co-authors J.D. Hellitzer, M.D., pediatric nephrology; T.E. Northrup, Ph.D., Michael Reese Hospital and Medical Center; L. Rufer, M.S., University of Illinois College of Medicine; and C.S. Mooers, pediatric nephrology).
Professional activities


Lesley Groves, Ph.D., psychiatry, and Rhoda Frankel, M.A., Illinois State Psychiatry Institute: “Diagnostic and Therapeutic Uses of Reminiscence Therapy with the Elderly,” grand rounds, Evanston Hospital, and “A Case for Reminiscence Group Therapy on Geropsychiatric Hospital Units,” 39th annual scientific meeting, Gerontological Society of America, Chicago.

Katharine Loefgren, M.S.W., psychiatry/psychology and social sciences: “The Use of Patient Instructors to Teach Interview Skills,” University of Rochester Medical Center; “Seminar on Teaching and Assessing Student Abilities,” Alverno College, Milwaukee, Wisconsin (with Harold A. Paul, M.D., continuing medical education); and “Close Encounters of a Personal Kind,” The University of Chicago Lying-In Hospital, Chicago.

David I. Cheifetz, Ph.D., psychology and social sciences: “The German Interplay of Government and University Systems,” and “HMOs and Mental Health Care Delivery”; at “Two Cultures of Health: A Workshop on Comparative Medical Sociology,” University of Illinois, Urbana-Champaign, Illinois, with Jeffrey C. Salloway, Ph.D., psychology and social sciences.


Rosalind D. Cartwright, Ph.D., psychology and social sciences: “Sleep, Dreams and Depression,” Elliot Weitzman Memorial Lecturer, Cornell Medical Center, Ithaca, New York.

Charles R. Carlson, Ph.D., psychology and social sciences: “Behavioral Formulation and the Clinical Assessment of Emotion,” annual meeting, Association for the Advancement of Behavior Therapy, Chicago.


Meetings

Rosalind Cartwright, Ph.D., psychology and social sciences: invited participant, “Remembering and Forgetting of Dreams,” Neuroscience Institute, Rockefeller University, New York City.

Sandra Hall, M.S.W., social service: National Black Child Development Institute’s 14th Annual Conference, Miami, Florida.

Gary Knudson, M.S.W., social service: American Association of Suicidology meeting, Atlanta, Georgia; American Orthopsychiatric Association meeting, Chicago; and Midwest Child Welfare Forum, Milwaukee, Wisconsin.

Leslie Pionke, M.S.W., C.S.W., social service: National Association of Perinatal Social Workers conference, Columbus, Ohio.


Peter K. Sand, M.D., obstetrics and gynecology: International Continence Society annual meeting, Boston, Massachusetts; International Urogynecological Association annual meeting, New Haven, Connecticut; and Gynecologic Urology Society Annual Meeting, Montreal, Canada.

James Kinuma, Ph.D., biochemistry: International Research Symposium on Degenerative Joint Disease, Kennedy Institute, London.


Eddie S. Moore, M.D., pediatric nephrology: chairman, scientific session, International Symposium on Calcium and Phosphate Homeostasis in Children, Hong Kong; visiting professor, University of Santo Tomas, Manila, Philippines.

Robert S. Eisenberg, Ph.D., physiology: Molecular Biology of Ion Channels meeting, Yale University, New Haven, Connecticut.

Howard M. Kravitz, D.O., psychiatry/psychology and social sciences: 12th annual meeting, American Academy of Clinical Psychiatrist, Chicago.

Katharine Loefgren, M.S.W., psychiatry/psychology and social sciences: annual meeting, Association of American Medical Colleges, New Orleans, Louisiana.

Margaret Koch-Weser, Ph.D., psychology and social sciences: annual meeting, American Epilepsy Society, Seattle, Washington.
Publications

PG. Pierpaoli, M.S., pharmacy; R.W. Anderson, M.S. (M.D. Anderson Hospital Tumor Center); W.N. Kelly, Pharm.D. (Hamot Medical Center); A. Linggi and L.D. Pelham, M.S. (St. Joseph Hospital and Health Care Center): "Strategic Planning for Clinical Services," American Journal of Hospital Pharmacy, 43, September, 1986.


Rush people in the news

Janet Wolter, M.D., internal medicine, was interviewed for WMAQ-TV's 10 p.m. news about a drug for post-menopausal women who have had breast cancer.

The Medical Center venture at the Northwestern Atrium was discussed in Modern Health Care's “Construction Digest” section. Jack R. Carollo, marketing services, was interviewed.

John Jacobsen, M.D., neurological sciences, was quoted in a Sun-Times article on “Health & Fitness” about tension headaches at the holiday season.

John Bernat, J.D., employment services, was quoted in a Sun-Times article warning employers about drug testing of employees.

Rosalind Cartwright, Ph.D., psychology, was Barry Kaufman's guest expert on sleep and dreams for the 4:30 p.m. “Ask the Doctor” segment, WMAQ-TV.

In the Chicago Tribune, Charmane Eastman, Ph.D., psychology/social sciences, was featured and quoted in a side bar for an article on SAD (seasonal affective disorder).

Dusan Stefoski, M.D., neurological sciences, director of clinical laboratories, Multiple Sclerosis Center, discusses the Center's current research to alleviate multiple sclerosis symptoms with Kathryn Pratt, WBBM-TV, Channel 2.
Contemporary politicians are not the only ones who have to endure hurled epithets and scurrilous attacks. Our own Daniel Brainard, M.D., Chicago's Democratic mayoral candidate in 1858, faced the wrath of one local newspaper when it editorialized, "Every pimp, every hyster, every blackleg (thief), base men and lued women are working with fiendish energy to elect Dr. Brainard."

He lost.

Over the past 150 years, Medical Center staff members have most often been acclaimed for their contributions to health care and medical research. Despite Dr. Brainard's failed campaign, a review of our history reveals that some rather prominent politicians emerged from the halls of Rush Medical College and operating rooms of Presbyterian and St. Luke's hospitals.

In this election season we thought it appropriate to present some election-related vignettes and the achievements of numerous Rush Medical College alumni who were also illustrious public servants.

For example, we suspect few people know of the circuitous connection between the Medical Center and Mayor Harold Washington. A Rush graduate, Frank B. Leffert, 1922, was the attending physician of Mrs. Bertha Jones Washington, the mayor's mother.

And, though not a Rush Medical College graduate, William Butler Ogden, Chicago's first mayor, was president of the RMC Board of Trustees from 1843 to 1872 and a member until 1876.

Other politically successful Rush alumni, some lesser known, are listed below.

Benoni O. Reynolds, Rush Medical College, 1851, served his district in the Wisconsin Assembly and state senate.

Edmund T. Spotswood, 1851, represented Vermilion County in the Indiana legislature.

John H. Tyler, 1857, was a member of the Illinois legislature and twice a state senator.

Edward L.H. Barry, 1860, served as mayor of Jeryville, Illinois, three times and as alderman there between 1865 and 1870.

Jethro A. Hatch, 1860, was an Indiana representative in 1872 and '73.

Jesse H. Smith, 1860, was a three-time mayor of Cedar Rapids, Iowa.

Jacob W. Magelssen, 1863, was mayor of Rushford, Minnesota at least eight times. (NewsRounds has been unable to confirm whether Rushford, like Rushville, Indiana, was named for Benjamin Rush.)

Andrew Jackson Rodman, 1865, was justice of the peace in Darien and Delavan, Wisconsin, as well as Delavan's police justice and library association president.

Joseph B. Griswold, 1867, served Grand Rapids, Michigan, as an alderman.

Rush Winslow, 1868, was a four term mayor of Appleton, Wisconsin.

(Whether his first name influenced his choice of schools is pure conjecture.)

Hamilton Price Duffield, 1870, postmaster of the United States under President Chester A. Arthur, resigned when Grover Cleveland was elected.

R.W. Cottington, 1877, was a mayor in Bloomer, Wisconsin.

David E. Sedwick, 1877, served as representative in the Wisconsin legislature.

John Randolph Currens, 1878, twice served Two Rivers, Wisconsin, as its mayor.

Another Badger, Andrew Caldwell Mailer, 1878, was twice the mayor of DePere, Wisconsin, and in 1897 and '99, a member of the state senate representing the second district.

John Charles Fremont Thorne, 1884, was elected mayor of Kokomo, Indiana, in 1892.

Lewis F. Bennett, 1886, was a school board member in Beloit, Wisconsin.

William J. Class, 1894, became a medical inspector in the Chicago Department of Health in 1897.

Clarence Arthur Johnson, 1910, served as Kansas' assistant state librarian.

Edward F. Steichen, 1931, represented his constituents in the Kansas Senate for eight years.

Try your luck at Sesquicentennial word contest
How many words can you make from SE S Q U I C E N T E N N I A L?

In an informal trial, one person reportedly created 17! Can you top that? You may not have to in order to win, but we urge all contestants to strive for that estimable goal.

The top two winners will be identified in the March issue of NewsRounds. Top prize is a Sesquicentennial T-shirt and second prize is a Sesquicentennial mug, both available from the Rush University bookstore. If a tie occurs, a drawing will be held to select the winner.

Contest rules: All words must be four or more letters in length. Only one form per word is acceptable. (Ex. Cent or cents).

No foreign words, No proper nouns.

Deadline: Wednesday, March 11. Send your list to NewsRounds, 910 Schwegge-Sprague. (Don't forget to include your name and telephone extension.)

Good luck!

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Take in a show—at a discount

If you’re planning a night on the town or some family entertainment, check with the human resources satellite office before you buy tickets; you might be able to get them at a reduced rate.

Through arrangements with Fantastix Priority Theatre Seating-Maximum Ticket Discounts, we’re able to offer employees substantial savings, says Mike Coleman, employee relations. Discount tickets are currently available for Cabaret, starring Joel Grey, at the Chicago Theatre (ticket orders must be received by March 4); Ice Capades at the Chicago Stadium (order by March 9); and the United Airlines Pro-Rodeo Classic at the Rosemont Horizon (order by March 25). New offerings are added each month. Ticket order forms are available from the human resources satellite office, 192 Murdock, ext. 5959.

Reminder!

The following departments are now located at 1700 W. VanBuren Street: Legal affairs—room 301 Medical archives—room 086 Medical Center engineering—room 126 Nursing archives—room 091 Planning and construction—room 075 Print shop/ graphic reproduction—A142 Purchasing—room 103 Rush Home Health—room 325

It’s not too late to join members of the Rush Ski Club for their final outing of the season March 20-22, when they’ll be hitting the slopes at Powderhorn Mountain in Bessemer, Michigan. Cost for the weekend package is $155 for club members; $167.50 for non-members. Registration deadline is March 12. Call ext. 5959 for details.

Puppies and kittens and bears, oh my!

Through a new program, PSLH volunteers have been hand-making and delivering stuffed toy animals to pediatric patients, but the need for them is great and volunteer services needs more people to help make these animals.

“Currently, we’re making 50-60 animals a week,” says Loy Thomas, director, volunteer services. “We need 200 a week.” Eventually Thomas would also like to make them for emergency room pediatric patients and for new mothers in the hospital.

“We’ll take any help we can get,” says Thomas. “If people are interested in only sewing the shells of the animals, that’s fine. We’ll stuff them.”

If you or anyone you know—a church, community group or friend—would be interested in helping make the animals, please call the volunteer office at extension 5574.

NewsRounds


Editor
Debra Williams

Editorial Staff
Carmeline Esposito, Jane Friedman, Krys Kazieczko-Kozlak, Kerry Otto, Janice Perrone, Mary Ann Redeker

Anyone interested in reporting news from the departments should call the editor at extension 6843. Deadline for all copy is the first Friday of the month preceding publication. Editorial offices are on the ninth floor of Schwegge-Sprague Hall.
Until last December, the Medical Center didn't have what Joan Payne needed. Now it does.

Payne, a 63-year-old former professional ballet dancer, ballet teacher and actress, has a degenerative brain disease affecting her movement, coordination and speech. She doesn't require inpatient care, but she does need professional therapy and guidance to help her make compensatory physical adjustments, behavioral changes and structural adaptations to her Western Springs home.

Assistance is now available to Payne, and to others, in Johnston R. Bowman's new outpatient rehabilitation evaluation clinic. The clinic is one component in the Medical Center's five-year plan for comprehensive rehabilitation services at JRB, Presbyterian-St. Luke's Hospital, Sheridan Road Hospital and the Professional Building.

Payne was referred to JRB by John Baumgartner, Ph.D., communicative disorders, who had treated her at the Mayo Clinic before he joined the Medical Center. He recommended that she undergo a comprehensive rehabilitation evaluation at JRB. There, a multidisciplinary team of therapists, nurse-clinicians and physicians, including Dr. Baumgartner and Herman A. Weiss, M.D., director, clinical services for rehabilitation at JRB, spent half a day examining Payne.

"Joan has multiple needs—counseling, speech, writing, walking balance, occupational and physical therapy—and rehabilitation is ideal for her," says Dr. Weiss. "We have to teach her that she's not damaging herself by exercising, but maximizing what she's got."

Johnston R. Bowman's rehabilitation clinic also "looks at the whole person in relation to their family and how they function within the family," says Dr. Weiss, who is also director of physical medicine and rehabilitation at Marianjoy Rehabilitation Center, a Medical Center affiliate. "We want people to maintain or upgrade their functioning so they can retain or maintain their family relationships."

Following a patient's initial evaluation, the professional team develops a treatment plan and discusses it with the patient and his/her family. Periodic outpatient visits are recommended for most people; a few are admitted as inpatients. "This is a very potent clinical service," says Dr. Weiss, "a need we've never addressed before—a comprehensive, total evaluation for the person and his or her family."

Before the clinic's opening, the majority of JRB inpatients received follow-up care outside the Medical Center. Even with plans for expanding the number of inpatients from 44 to 66 by 1988, Dr. Weiss says all patients can be actively followed in the clinic "two, four or six weeks later or whatever the attending physician wants. We can supply their equipment and their therapy."

For Joan Payne, the clinic's therapists are doing both. Occupational therapist Janet Oldenbroek, OTR/L, has been helping Payne compensate for her balance and coordination losses. "We're concentrating on ways for her to prepare meals, to carry things without dropping them, and to write with special pens. We are also working on ways that she can save her energy throughout the day. We give a lot of practical suggestions such as how to go down stairs carrying a hot liquid without spilling it."

To that end, Oldenbroek recently gave Payne a special aluminum pot strainer that allows her to pour liquid from a heavy pan with one hand while she steadies herself with her other hand.

Oldenbroek also spent a session demonstrating toilet safety frames and helping Payne practice safely stepping in and out of a bathtub with the aid of grab bars and seats that she purchased for her own bathroom. She also suggested that Payne cut a serving window in the wall between her kitchen and dining room to eliminate carrying dishes between rooms.

At this point in her therapy, Payne finds it too early to assess her physical progress. But, she says, "I'm learning more about myself and my body when I'm trying to do certain things. Therapy is making me think more than ever."

It has also given her confidence, says Oldenbroek. "When I made a suggestion about ways to put on makeup more easily, it turned out that Joan has already been doing it that way. Therapy is helping her realize she can problem solve."
The force behind the new rehabilitation emphasis at the Medical Center is Richard F. Harvey, M.D., chairman, physical medicine and rehabilitation and vice president for medical affairs at Marianjoy. "Physical rehabilitation deals with people who have persistent physical impairments," says Dr. Harvey. "With our multi-institution program we'll be able to see them on an ongoing basis, with teams intervening early to provide physical rehabilitation. Our teams will direct patients to continuing rehabilitation care programs such as the clinics at JRB and at Presbyterian-St. Luke's or the outpatient clinic that will eventually open in the Professional Building for patients of all ages."

The Presbyterian-St. Luke's rehabilitation consultation program under Barbara Parke, M.D., will include an outpatient pediatric clinic in addition to the existing pediatric inpatient rehabilitation program, directed by Mark Splaingard, M.D., plus an early rehabilitation program unit for short stays by patients who will then be referred for additional treatment at the Medical Center or elsewhere.

At Sheridan Road Hospital's newly opened clinics, patients are receiving rehabilitation in four areas: occupational injury, arthritis, chronic pain and general/neurological disabilities. Complementing the clinics is a new full-day outpatient rehabilitation program co-directed by Edward McCarron, M.D., and Sai Oh, M.D.

"Before," says Dr. Harvey, "patients were sent home or to skilled nursing facilities that were not coordinated rehabilitation programs. Now our program allows a continuum of care to be provided here at the Medical Center."

Payne's feeling about her experience in the JRB clinic suggests that the program is on its way to meeting its goals. "I think this place is uplifting," she says. "Everybody is doing something. Everybody is trying to cope with what they have. Somewhere."

During her second hour of outpatient therapy in the PT/OT gym, Payne practiced walking in low level postures with physical therapist Meg Bracco, RPT. "Joan is shaky when she walks and has a problem when she shifts her weight," explains Bracco. "She also has problems adjusting to shifts in direction. We want her stability to carry over from lower level exercises to more dynamic activities when she's upright," says Bracco.

Research is another aspect of the rehabilitation program, according to Dr. Weiss. "An important feature of the program is to collect data for computing and identifying the rehabilitation needs of the handicapped population. We're looking at the process of aging and depression in the geriatric population and also looking at new equipment to measure ambulation difficulties, joint restriction, loss of strength and special urologic equipment. One measure of a rehabilitation program's success is the outcome—whether older patients return to their families rather than entering a nursing home."

Joan Payne practices shifting her weight from a low four point position while reaching for cones held by Meg Bracco, RPT.
Every 60 seconds a Medical Center elevator is misused or abused. This misuse/abuse runs the gamut: crashing carts into elevator doors, thrusting arms, folders or umbrellas through closing doors, spilling trash in the overhead lights, and smoking in the cars. Misuse quickly leads to “sick” elevators with dented doors that won’t close properly, broken lights and improperly functioning mechanisms.

“Some elevators used in hospitals get four times the use of elevators in office buildings,” says John Hinko, assistant director, Medical Center engineering. “Couple this heavy use with frequent abuse and misuse and you have malfunctioning elevators.

“The majority of our calls are for mechanical malfunctions due to heavy use and, in many cases, abuse,” Hinko says. “Our elevators wear out faster and when they need to be closed down for repairs, it creates bigger problems.” About 15 percent of the calls, Hinko says, are the result of vandalism—broken lights, stolen telephones.

Ticking or banging sounds, buttons which won’t light up, and doors which won’t close properly are some of the signs of elevator distress.

Reporting elevator malfunctions immediately will help keep the Medical Center’s employees, patients and visitors moving up and down, quickly and safely. Reporting malfunctions also helps Medical Center engineering staff pinpoint areas of trouble for the elevator companies that maintain the elevators.

Hinko and Guido DiDomenico, superintendent, electric services, offer these tips to employees to help make the elevators function normally and efficiently.

- Pressing your floor button several times won’t help. Once you’ve pressed the button your request is registered. Don’t press the up and down buttons at the same time. This only delays
service. With our elevators, less is more!

- Don’t smoke or hold lit cigarettes in the elevator. You are creating a very serious fire hazard.
- Use the red alarm button for emergencies only. Employees who use this button to hold the elevator door open for no legitimate reason create a “cry wolf” situation which leads to no one paying attention to the alarm. If necessary, use the door open button or special elevator key, which can be obtained from DiDomenico, to hold doors open.
- Plan ahead. The Kellogg north elevators and the Jelke Tower elevators are the busiest in the Medical Center. Using an alternative route which bypasses these busy elevators can shave minutes off your waiting time.
- Keep in mind that construction in an area hampers elevator service there because construction workers often tie up elevators for long periods of time moving materials up and down.
- Tired of waiting? Take to the stairs. Walking up one flight of stairs and down two will free up elevators for patients, visitors and employees who are traveling longer distances.

New Signs
To Help You Remember

New signs are being installed in all the elevators giving the elevator’s number and directions on how to report elevator malfunction.

Until all the signs are in place, remember that problems should be reported to the electric shop, extension 6589, 7:30 a.m.–4:00 p.m., Monday through Friday. After 4:00 p.m. and on weekends and holidays, call extension 6589 to report minor problems and page 25-7000 to report emergencies. During these off-times, calls to extension 6589 will be picked up by an answering machine. Medical Center engineering staff check it for messages every hour.

Don’t Storm the Elevator!

Report Ailing Elevators Immediately

Incorrect leveling is but one sign of elevator distress. Report all elevator malfunctions immediately. Call extension 6589 from 7:30 a.m. to 4:00 p.m., Monday through Friday. After 4:00 p.m. and on weekends and holidays, report minor problems by calling 6589 and leaving a message on the recorder. Page 25-7000 to report emergencies.
NewsRounds visited Laurance Armour Day School to ask the question, “What does your mommy or daddy do at work at the Medical Center?” Here are the answers we got:

**Jason Wu**, age 5, son of May May Wu, MT(ASCP), senior medical technologist, microbiology: “She looks in a microscope and gives food to bacteria.”

**Erin Killingsworth**, age 10, daughter of Deborah Killingsworth, MT(ASCP)SH, clinical education coordinator, hematology: “She looks at blood under the microscope and takes bone marrow and stuff.”
Brandon Glier, age 2, son of Vicki Woodward, director, alumni relations: “She goes to the office and she writes things down and then she comes back.”

Sarah Lazare, age 3, daughter of Meg Evans, R.N., employee health and fitness coordinator, employee health service: “She pretends she’s a nurse.”
Richard Valadez, age 3, son of Gail Valadez, secretary, communicative disorders: “She puts papers in the typewriter and letters come out.”

Anne Korenblit, age 3½, daughter of Allen Korenblit, M.D., assistant attending physician, pediatrics and internal medicine: “He checks people because they’re sick.”
Corridor views

What do you do to unwind?

Kathy Kristof, M.B.A., R.N., Pain Center—With my baby due in April stretching exercises are about all I can do right now. That and getting massages from my husband.

Christine Glenn, mail room—I like to sit down and read the newspaper or watch TV. On Sundays I go to church; I find that very relaxing.

Ju H. Hwang, Medical Center engineering—I read the Bible and pray.

Vincent Washington, food service—I take a hot bath, grab a beer and watch TV.

Sharon Hudson, surgical pathology—I go to my room, turn down the light—the less light, the better; put the heat on medium—about 65 or 70 degrees; put on some soft music—real low; and just relax. No noise, nothing; I just “cool out.”

Edmund Kurley, security—Swim. I like to do laps, and stretch out in the pool. Then I spend some time in the sauna, back to the pool and then to the sauna again. Altogether I spend about two hours going back and forth. I’d stay four hours if I didn’t have to get to my car because of the parking meter.

William Parker, surgical instrumentation—Working on my computer at home. I use it for everything—my house budget and checking account—and I like to play a little PacMan too.

Theresa Snarski, medical illustration—I like to watch old movies on my VCR. Casablanca is one of my favorites; I’ve seen it a good ten times.
Shape, form and space

Chris Newman with his “peelings.”

Chris Newman calls his latest sculptures “peelings”—strips of brass about 18 inches long, each one shaped to “straddle” a space.

“They allude to a form that’s not there,” Newman explains. “Like the skin or peelings of an orange. I find them interesting.”

Newman’s interest in shape, form and space is more casual now than some years back, when he spent all his time sculpting and teaching fine arts.

But the Medical Center’s assistant vice president for corporate planning and market research still has a studio where he likes to spend an evening or two a week.

“Suspension V,” one of his earlier works, is on display in the Rush University Library. As in many of his pieces, Newman uses aluminum for this configuration of geometric shapes that he balances “to convey, statically, certain dynamic feelings of masses suspended in space.”

It stands about five feet tall “so viewers can walk around it, run fingers along its surface and even poke their heads through the inside space,” the sculptor says. “I want to engage the viewer physically as well as aesthetically.”

The title, “Suspension V,” calls attention to his principal intent in this particular work, but that’s not the case with all his geometric pieces.

“When I put a name on a work I’ve finished the title isn’t always all that important if it’s an abstract geometric,” Newman explains. “What the sculpture says actually has nothing to do with words. The title is evocative, but not explanatory. In many cases it’s just meant to be interesting.”

Other titles for instance, are “Slide,” “One Side White,” “Intellectual Bubble,” and “Aronical,” named after his older son, Aron.

Over the years Newman has signed his name to dozens of geometrics and more than 20 different art exhibits have featured his work. In 1968 he won honors at the annual sculpture show at the Cheltenham Art Center in Philadelphia.

He’s been spotlighted in one-man shows at the Ruth White Gallery in New York and at the Philadelphia Art Alliance, and he was one of just five chosen for an exclusive showing called “Chicago Sculptors” in an exhibition at the Federal Building in 1978. His work also appears in private collections in Boulder, Chicago, Cleveland, New York, Philadelphia, Pittsburgh and Boston.

Newman’s training in the fine arts includes both a master’s and a bachelor’s degree from the University of Pennsylvania, and he is also a Harvard grad, receiving a B.A., cum laude, in history and literature.

Until about 12 years ago art was his “top priority.”

“But I came to realize that I was alone most of the time,” Newman says. “My sculpture demanded a huge time investment and it was essential to be alone while I worked. One of the hardest things that I had to come to terms with is that the actual making of my sculpture allowed very little human interaction. That was a major consideration in changing my focus.”

His general attraction to business developed into a specialty in health care management. Within five years his credentials included an M.B.A. in hospital administration from The University of Chicago and expertise—in marketing, long-range strategic planning, feasibility studies and market analysis—with nationally recognized health care consulting firms. In 1980 he founded his own consulting firm and five years later joined the Medical Center.

Now art is a diversion and a relaxation.

He’s recently included imagery in his sculpture. On a table in one corner of his studio, for example, sit two opened styrofoam egg cartons. He’s been gradually filling them with bits and pieces of things that catch his eye—like a toy model car and an acorn and…

“This is experimental and very much different from what I’ve done before,” Newman is quick to add, “but I find it a form of sculpture that I am now responding to.”

The finished assemblage will eventually become a metal sculpture in a multi-step process that involves covering the piece with a plaster mixture; melting out the plastic and other combustible bits to create a mold; and then pouring in liquid metal.

At the same time Newman continues to work on his small metal “peelings” as well as larger geometric configurations, including a sculpture that dates back to 1968, which he categorizes as “one of the pieces that I keep working on—on and off—while I try to figure out why I like it.”

“I usually work on three or four things at a time,” Newman adds. “I can’t do one piece from beginning to end without starting other things. I’m not built that way.”
Rush people

RPSLMC Appointments

James Bova has been appointed administrative director of the Department of Diagnostic Radiology. Prior to joining the Medical Center, he was director of diagnostic radiology at Northwestern Memorial Hospital.

Bova received his professional training at DePaul University where he continues to hold a teaching appointment. He is also administrator of St. Clair Radiology, a free-standing radiology practice.

Tina M. Field, M.S., medical sciences and services, has been named assistant administrator, Rush Medical College, and assistant to the vice president for medical affairs. For the past five years she has been assistant administrator, medical sciences and services. Fields replaces Ronald H. Whitaker, M.S., who will be the Medical Center’s first participant in the management exchange program with St. Thomas Hospital, West Lambeth Health Authority, London, England. Whitaker will spend one year in England working on issues of importance to both the hospital and the British National Health Service.

Field is a 1981 graduate of the Rush University graduate program in health systems management and has recently been promoted to assistant professor in that department. She has been with the Medical Center since 1977, serving in a variety of capacities.

Meryl H. Haber, M.D., pathology, has been appointed director of continuing medical education.

Dr. Haber, professor, associate chairman, Department of Pathology, will continue as the medical director of the medical technology program at Rush.

He received his baccalaureate, master’s and doctor of medicine degrees from Northwestern University and did his internship at Los Angeles County General Hospital. He assumed a postdoctoral fellowship in pathology at Northwestern and completed a residency at Chicago Wesley Memorial Hospital and Passavant Memorial Hospital. He was also a visiting post-doctoral fellow in pathology at the University Hospital Medical School in London.

Dusan Stefoski, M.D., director, clinical laboratories, Multiple Sclerosis Center, has been named associate director of the Center. Dr. Stefoski joined the Medical Center staff in 1977 following a residency in neurology here. He is an assistant professor of neurology, Rush Medical College.

Dr. Stefoski received his medical degree from the Medical Faculty University of Zagreb, Yugoslavia and completed an internship and one year of residency at the University Clinical Hospital Center, Zagreb.

Appointments

Frederick D. Malkinson, M.D., dermatology, was appointed a member of the national search committee for chief editor of the Journal of the American Academy of Dermatology. He was also appointed a member of the Task Force on Ionizing Radiation, American Academy of Dermatology.

Marshall L. Blankenship, M.D., dermatology, was appointed to the Task Force on Science/News Liaison, and elected a member of the board of directors, American Academy of Dermatology.

Gordon B. Bass, M.B.A., surgical sciences and services, was appointed to the Commission on Goals, American Society of Hospital Pharmacists.

Carolyn Lopez, M.D., family practice, has been appointed medical director of the Chicago Park District.

Laurie Quinn, M.S., R.D., food and nutrition services, has been appointed to the Illinois Diabetes Advisory Board.

Janice M. Zeller, Ph.D., R.N., medical nursing and immunology/microbiology, has been appointed to the Nursing Science Review Committee, National Center for Nursing Research.

Brenda Eisenberg, Ph.D., physiology, was elected council member of the Society for Quantitative Morphology.

Robert I. Yufit, Ph.D., psychiatry, has been appointed editor-in-chief of the American Association of Suicidology’s 1987 annual meeting “Proceedings.” He had also been elected president of the Illinois Association of Suicidology.

Kudos

George Yacup, director, housekeeping services, was awarded ServiceMaster’s Marion E. Wade Award of Excellence. This award is ServiceMaster’s highest honor for managerial performance and is given annually to one person in this region.

Mary Pat Wenderoth, third-year graduate student, Department of Physiology, won first place in a student competition at the annual meeting of the Midwest Electron Microscopy Society. Her presentation, “Preferential Addition of Newly Synthesized Myosin to the Ends of Thin Filaments in Cardiac Myocytes,” described part of the Department’s study of how heart muscle grows and its patterns of growth.

Robert I. Yufit, Ph.D., psychiatry, has been commissioned by The Centers for Disease Control’s Division of Injury Epidemiology to develop a screening instrument for youth suicidal risk.

Kudos to Biomedical Communications for winning second place for total campaign communications in the United Way Crusade of Mercy 1986 campaign.

In the news

Mindy Malecki, director, Organ Tissue and Recovery Program, was quoted in a Sun-Times story about “required request.” With the passage of a new Illinois law in early January, the next of kin of any patient who dies in an Illinois hospital will be routinely asked to donate their loved one’s organs and tissues for transplants. Malecki also gave an overview of how the organ sharing network system works for WBBM-TV’s “First Edition” newscast.

“Night owls” were among the subjects discussed by Charmane Eastman, Ph.D., psychology and social sciences, on Mort Downey’s WMAQ radio program. Dr. Eastman answered calls from listeners and was later heard on NBC network radio about SADS (seasonal affective disorder syndrome).
Professional Activities

Speeches/Lectures/Presentations

David B. Cockram, M.S., R.D., food and nutrition services, JRB: “Selecting Enteral Feedings for the Elderly,” American Dietetics Association Conference for Advanced Practice and Research, Chicago.

Steven Bines, M.D., general surgery: “Pigmented Lesions of the Skin,” Tumor Board Conference, Palos Community Hospital, Palos Heights, Illinois, and “Traditional Surgical Management of Advanced Tumors,” Michigan Cancer Treatment Center, St. Anthony’s Hospital, Michigan City, Indiana.


Vincent Pisani, Ph.D., psychiatry/psychology and social sciences: “A Comparison of First and Multiple DUI Offenders: Implications for Public Policy and Intervention,” American Medical Writers Association, Chicago.

Jules Harris, M.D., Rush Cancer Center: “Modulation of Immune Function in Cancer Patients,” President’s Cancer Panel of the National Cancer Institute’s National Center Program, Chicago, and “Monocyte Functional Disturbances in Asymptomatic Homosexual Males, AIDS-related Complex Syndrome Patients and Acquired Immune Deficiency Patients,” annual meeting, American Society of Hematology, San Francisco.


Brenda Eisenberg, Ph.D., physiology: two posters, “Transitions in Isomysin Expression in Overload Chicken Slow Skeletal Muscle” and “Incorporation of Newly Synthesized Alpha-myosin Heavy Chains in the Left Ventricle of Thyroid Treated Rabbits,” Cell Biology meeting, Washington, DC.

The Center for Suicide Research and Prevention, psychiatry, hosted the Illinois Association of Suicidology Conference. The following gave presentations: Jan Fawcett, M.D., “Short-term and Long-term Predictors of Suicide Risk and Their Clinical Applications;” Elva Poznanski, M.D., “Drugs and Teen Suicide;” and Robert Yufit, Ph.D., “Assessment of Suicidal Risk in Adolescents and Adults.”

Frederick D. Malkinson, M.D., dermatology: “Career Patterns of Trainees Supported by the Dermatology Foundation,” Association of Professors of Dermatology meeting, New Orleans, Louisiana; “Chloroquine and Hydroxychloroquine Therapy in Dermatology,” American Academy of Dermatology annual meeting, New Orleans; program director, IV Annual Winter Colloquium on Clinical Dermatology, Dermatology Foundation and the Association of Professors of Dermatology, Laguna, California.


Annica L. Inerot, M.D., visiting scientist, dermatology: “Modification of Radiation-Induced Fibrosis: Protection by 1616 Dimethyl PGE2 and WR-2721 in Skin,” (co-author and co-presenter F.D. Malkinson, M.D., dermatology; co-authors W.R. Hanson, Ph.D., radiation biology/dermatology and D.E. Schwartz, Ph.D., biochemistry), Midwest meeting of the Society for Investigative Dermatology, Chicago.


Meetings
Roger W. Pearson, M.D., dermatology: annual meeting, American Academy of Dermatopathology, New Orleans.
Amy S. Paller, M.D., dermatology/pediatrics: American Academy of Pediatrics, Washington, D.C.

Publications

Harold W. Klawans, M.D., autographs his new novel, “Informed Consent;” while secretaries, Genevieve Logan (!) and Joan Lechner look on. Dr. Klawans’ first novel was “Sins of Commission.”
Is March 2
Your Birthday
Too?

If March 2 is your birthday, we’d like to help you celebrate.
March 2 is an important date in the history of Rush-Presbyterian-St. Luke’s. On that day in 1837, the charter was approved for Rush Medical College. It’s a birthday that we’re proud to mark—after 150 years Rush is recognized as a Chicago tradition and a national resource.
To help celebrate, the Medical Center is treating all employees who share its March 2 birthday to a special dessert in the Atrium Cafe. Arrangements are being made by Mike Coleman, employee relations, who may be contacted at ext. 5959. The birthday coupons will be valid through Sunday, March 8, so hurry and give him a call.
150 Years
Rush Celebrates
March 2
Birthday

-see page 2
Sesquicentennial festivities honored by more than 200 representatives of Chicago's major educational, cultural, health and civic institutions joined Medical Center Trustees, medical staff, administrators and employees to celebrate the Medical Center's Sesquicentennial and to honor the city of Chicago, a mere two days younger, at a reception and luncheon on March 2, the 150th anniversary of the founding of Rush Medical College.

Harold Byron Smith, Jr., chairman of the Medical Center's Board of Trustees, reviewed Chicago's rich cultural, economic and political history, making indisputable Rush Medical College founder Dr. Daniel Brainard's prophecy that "Rush is associated with the destinies of a great and powerful city, and its prosperity and continuance will be commensurate with her growth and duration."

Speaking before leaders of Chicago institutions as diverse as the Chicago Historical Society, Loyola University, The University of Chicago, the John G. Shedd Aquarium, the Chicago Urban League, the Adler Planetarium, Children's Memorial Hospital, the Chicago Academy of Sciences, the University of Illinois at Chicago, the Lyric Opera of Chicago and Roosevelt University, Smith stressed the interdependence of a city's people and its voluntary organizations, schools, cultural centers and press, recognizing "the contributions all elements of the community make to enrich the quality of life in our city. All of the institutions represented here today and the city of Chicago itself, derive their purpose and their strength from each other and the people they serve," he said.

President Leo M. Henikoff, M.D., recounted the Medical Center's history and achievements and gave "heartfelt thanks" to the Trustees, the Woman's Board and to "our magnificent medical staff and all the outstanding nurses, health professionals, administrators and employees whose efforts are unified by a shared dedication to the improved health of our community."

Happy birthday to Rush...

Students at Laurance Armour Day School created their own special birthday greetings to celebrate the Medical Center's Sesquicentennial. See page 4 for LADS celebration highlights. Kindergarten artists pictured here are Renita Kelly, Donald Walker, Aileen Plate and Argelia Martinez.

Making sense, cents, scents...

Clinquant, cineast, ecesis, eluate, eustele, nisus, seisin, uncial.

No, these are not the names of next year's cars or the latest computerese. They were, however, among the more exotic words submitted by the winners of NewsRound's SESQUICENTENNIAL word contest.

Winner Myra Jo Heard, finance, Sheridan Road Hospital, devoted nine hours, including two dinner breaks at work plus half the night on deadline eve, accumulating her 519 words before riding the van from SRH to the Medical Center to personally deliver her list. For her labors, Heard received a Sesquicentennial tee-shirt from the Rush University Bookstore.

Runner-up David Nichols, medical technologist, coagulation, compiled his list of 383 words during a quiet Saturday evening at work. Nichols, who was awarded a Sesquicentennial mug from bookstore manager Desirae Heil, proclaimed jokingly, that win-

Richard Brennan, president, Grant Hospital (l), and F. Daniel Cantrell, president, Mile Square Health Center, Inc., both members of the Medical Center's inter-institutional patient care network, helped the Medical Center celebrate its Sesquicentennial.
The day of the Sesquicentennial celebration was also special for Joan Hahn, R.N., gerontological nursing; Marilou Landayan, M.T., ASCP, clinical hematology; and Eleanor Welz, OTR/L, psychiatric occupational therapy, who all share a March 2 birthday. To help celebrate, the Medical Center treated them to dessert in the Atrium Cafe.

Out of SESQUICENTENNIAL

ning was “the most fun I’ve ever had.” To those entrants who didn’t win, including 1925 Rush Medical College graduate Esther Somerfeld, M.D., who sent in 187 words from her Los Angeles home, the NewsRounds staff says thanks for your efforts and for introducing us to some of the most obscure words in the English language.

No self-respecting skeleton would be caught dead without his or her green and white umbrella, white sweat shirt and tote bag bearing the Sesquicentennial logo. Nor should you! These items plus green and gold coffee mugs and white tee-shirts are on sale at the Rush University Bookstore. Also available at the Atrium, Harrison Street and JRB gift shops are tiny teddy bears adorned in even tinier Sesquicentennial tee-shirts, white and green mugs, sweat shirts, baseball caps and notecards imprinted with the anniversary logo. Be sure to visit all the stores for a complete selection of the latest in Sesquicentennial chic.
It all started...

Youngsters at Laurance Armour Day School celebrated our 150th birthday with their own special skit on the founding of Rush Medical College. Five and one-half-year-old Christopher Valdez played the lead as Dr. Daniel Brainard, with his kindergarten classmates in supporting roles. Kristin Richardson, curriculum coordinator, was narrator and the audience included three, four and five-year-olds at the school. This is how the story was told.

...when Dr. Daniel Brainard, a surgeon, rode into town on an Indian pony. He founded Rush Medical College in 1837 on March 2...

...Dr. Brainard left Chicago for a while to study in Paris and he also taught anatomy in St. Louis...

...He used ether as anesthesia for surgery and treated broken bones...

...Dr. Brainard really loved the city of Chicago and Rush Medical College. It was his dream to see Rush continue forever.
May I use the pho...oops, the voice terminal?

They are now called “voice terminals” or, if you really want to impress your friends, “analog or digital terminals.” But old habits die hard, and many employees at the Medical Center will probably slip back into calling them the name they are known by so well—“telephones.”

The new names are more appropriate, says Carolyn Whitney, M.B.A., M.S.I.S., administrative manager, telecommunications, because they better describe the instruments’ functions within the new, multifunctional AT&T communication system recently installed in the Medical Center. The new system was installed for several reasons. It provides more telephone lines with the 942 prefix, ensuring that enough lines will be available for the Medical Center’s future needs. It also provides access to special services and features that users have selected.

For example, with the installation of a specialized node called an Information Systems Network (ISN), terminals can “talk” to computers, mainframe computers can talk to other computers and, eventually, personal computers will be able to talk to other personal computers.

But for many Medical Center employees, making and receiving telephone calls is the main concern. To minimize problems with calls in the changeover period, says Whitney, “training has been the key. People feel more comfortable with things that are familiar.”

With that in mind, the telecommunications staff and other specially trained Medical Center personnel have trained employees to hold and transfer calls, make conference calls, and use a variety of other features on their new voice terminals. (There. It can be done...using the new name, that is.) Some of the other features employees may use include automatic callback, call forwarding and call pickup. Trained employees can then teach the procedures to their co-workers.

Employees seem pleased with the system and the training sessions. Veronica Jefferson, digestive disorders, says that the session she attended was “good—and pretty simple too.”

Louis diMauro, learning resource center, agreed. “I think that the session was a lot of fun. At first I was a little apprehensive about the complexity of the system, but as the session got underway, I could see it is basically pretty simple to use.”

Ruth Haas, medical nursing, was especially enthusiastic about the digital terminal she learned to use. “I had a ball with it. I wanted to take it home!”

Other employees commented on the system’s time-saving features, such as abbreviated dialing and automatic callback. “I think the new system is wonderful,” said Roberta Czaja, R.N., surgical nursing. “I’m a nurse and I don’t have a lot of time to spend on the phone.”

Another capability that makes the system very attractive, especially to the people at the Medical Center who pay the bills, is the facilities restriction level. This feature, which can only be overridden by employees using authorization codes, will help minimize abuses of the system, which, in turn, will help keep costs down, says Whitney.

The feature also makes it convenient for employees to make calls from terminals not in their departments. By using authorization codes, callers may override those terminals’ preset levels of allowable call areas; but the codes automatically charge the calls to the users’ departments.

Whitney expects no major problems with the new system, but if any do occur or if employees have questions, they may call extension 50087 for help.
Food for thought from the health and fitness program

Would you like a great recipe for fitness and good health? Try ours! Start with a spoonful of exercise, add a dash of stress relaxation and season with weight loss and smoking cessation programs. You can add the ingredients one at a time or, as we recommend, mix them all together and you get one healthy and fit person. A final suggestion—try this recipe over and over again, you’ll never get tired of it!

A brief description of programs offered through the health and fitness program is listed below. For complete cost and schedule information, watch for the Health and Fitness Program brochure, or call extension 25309.

GET FIT

Slimnastics—You can do it! Increase your energy while you firm and tone with this beginning level exercise class.

Aerobic Exercise Program—It’s time to get in shape for the beach with this high energy, non-competitive, coed exercise program.

Rush Aerobics—Enjoy this total body workout. It combines a cardiovascular workout with concentrated exercises for specific muscle groups.

League Activities—Interested in men’s, women’s or coed volleyball or softball? Rush’s active and developing leagues need organizers and participants.

Heartsavers Program—Assess your risk of developing heart disease and receive your personalized lifestyle plan for health and fitness.

Special Fitness Events—“Heart and Sole”: join Rush’s celebration of Illinois Employee Fitness Day with this walk around the Medical Center, May 15.

1987 American Cancer Society Bike-a-Thon, June 7.

Spring into a Healthier Lifestyle

STOP SMOKING

Smoking Control Program—Gain control over your smoking and learn to quit permanently in this highly successful state-of-the-art program.

ANCHOR Fresh Start—Stop smoking with the help of this program designed by the American Cancer Society.

REDUCE STRESS

Stretch Relaxation Program—Take time to stretch stress away. Learn to manage your stress and muscle tightness by developing stretching skills for muscle relaxation.

ANCHOR Stress Master—Learn to identify and conquer the stresses in your life.

EAT WELL/LOSE WEIGHT

ANCHOR Light—Learn how to lose weight in a healthy and successful manner and keep it off through diet, exercise and behavior change.

ANCHOR Lean—Designed as a follow-up for ANCHOR Light.

Individual Nutrition Counseling—Take advantage of reduced employee rates for nutrition counseling and take the guesswork out of planning your diet with private nutrition counseling and computer diet analysis. Lose it Your Weigh—Are you tired of dieting? Throw away those grapefruits, herbal teas and powders. Join the “Lose It Your Weigh” program. You’ll not only lose weight, you’ll have fun doing it.

SPECIAL NUTRITION EVENTS

Monthly Cafeteria Features—Watch for a special nutrition theme each month!

Weight Loss Contest—Remember to weigh in on May 7 and June 4!

COUNSELING/SELF-HELP GROUPS

Employee Assistance Program—Employees and their immediate family members can receive confidential help with alcohol, drug and other counseling.

Alcoholics Anonymous and Adult Children of Alcoholics Program.

SPECIAL HEALTH SKILLS

CPR Basic Rescuer—After completing this class, you will be certified as a Basic Rescuer according to the American Heart Association.

Breast Self-Exam Class—Learn how to regularly examine your breasts in this half hour class.

FAMILY MATTERS

Pre-natal Classes—“Right from the Start” is a two hour pre-natal class for pregnant women and their partners in their first trimester. “It’s About Time” is a multi-session pre-natal program to help women and their coaches in their third trimester.

Mothers at Work—Mothers of children, newborns to five years old, are welcome to share lunch and survival skills at this informal eight week discussion series.
Employee of the Quarter

Delilah Delgado

The 13 employees nominated for Employee of the Quarter are people who "go the extra mile" in their jobs at the Medical Center, said Henry P. Russe, M.D., vice president of medical affairs and dean of Rush Medical College.

"Role models for other employees" was another of the often-repeated praises about the nominees heard at the fourth-quarter recognition luncheon held February 25.

Delilah Delgado, secretary in pediatrics, was named Employee of the Quarter. According to her supervisor, Christina Armin, "Delilah has consistently demonstrated an excellent and thorough knowledge of all aspects of her secretarial duties and responsibilities." In addition, she interacts with patients and fellow employees "warmly and graciously."

Under stress, which is common to this incredibly busy office, she maintains a positive attitude and has been awarded the "cool cucumber award" by the staff in the Office of Consolidated Laboratory Services.

Finalists for the award were April Hayes, forms management, Paula Thomas, medical records, and Beatrice Williams, housekeeping.

Rosie Donaldson, housekeeping, received the Carol Stege Memorial Service Award. "Mrs. Donaldson can always be counted on to get the job done," said her manager, William Barnes. She is responsible for the south end of the eighth floor in the Professional Building.

In Memoriam

Joseph J. Muenster, M.D., professor of medicine, associate professor, pediatrics, Rush Medical College, and General Trustee of Rush-Presbyterian-St. Luke's Medical Center, died March 1. Dr. Muenster succumbed to cancer after an illness of several months.

A past president of the Medical Center's medical staff (1979-81), Dr. Muenster was a senior attending physician in the Department of Internal Medicine. He was elected to the Board of Trustees in 1984.

A native of Missouri, Dr. Muenster attended St. Louis University School of Arts and Sciences and received his medical degree from St. Louis University School of Medicine in 1947. After serving in the military (U.S. Navy and U.S. Air Force), Dr. Muenster came to Chicago in 1954 as the James B. Herrick Fellow in Cardiology at Presbyterian-St. Luke's Hospital. He joined the first cardiac catheterization team established in the Midwest and helped implement several now-standard cardiology procedures, among them, transvenous pacemaker implantation and coronary arteriography.

At Rush, health is within walking distance

Walk your way to fun, fitness and prizes! Join the Fun Walk around the Medical Center sponsored by the Health and Fitness Program of Employee Health Services, on Illinois Employee Fitness Day, Friday, May 15. During this event, which is sponsored by the Illinois Governor's Council on Health and Physical Fitness and the American Heart Association, hundreds of worksites throughout Illinois will be participating in non-competitive physical fitness activities.

Register May 15 between 7:00 a.m. and 7:00 p.m. in the Harrison Street lobby or the cafeteria. The walk, a one mile course, is an all day event and can be taken at any time on May 15. During registration, participants will receive a registration packet and be eligible to participate in a raffle with a grand prize of a weekend stay for two at the Chicago Hilton and Towers. Other prizes include athletic shoes, an authentic Bear's jersey, fitness books, sports equipment and week-long passes to River City Health Club. Also any group of four wearing the most original theme costumes will be awarded T-shirts.

Use Illinois Employee Fitness Day to start your personal walking program. Walking is the exercise even exercise haters like! It's fun, safe, convenient, and cheap. For more information on the Fun Walk, call the Health and Fitness program, ext. 25309.
Losing but winning

Hilda Best, housekeeping, is a happy loser. So is Nilda Rivera, M.P.H., R.N., infectious disease. And Usha Vasan, M.D., neonatology. And Kathy Williams, M.T. (ASCP), clinical hematology. And... the list goes on with the names of more than 200 employees who are shedding pounds and inches in the Medical Center's weight loss competition.

The contest, which has been going on since the end of February, combines the efforts of the Department of Food and Nutrition Services and Employee Health Service. The final weigh-in is June 4.

Seventy-one teams—a total of 269 employees—have completed the first phase of the contest which covered four weeks and included classes on diet, exercise and behavior modification, plus a group support session.

"The response so far has been fantastic!" says Jodie Shield, M.Ed., R.D., coordinator of ambulatory nutritional care.

"Employees all around the Medical Center are wearing their bright yellow 'I'm losing but winning' buttons. And they're serious," she adds.

"We require regular weigh-ins and blood pressure checks as part of the contest," Shield explains, "but many employees are making extra visits to our offices to make sure they're staying on track.

"We're also getting more phone calls with questions about nutrition. That's really great," Shield adds, "because our number one reason for the contest is to get people to think more about good eating and good health."

The emphasis is on a consistent, progressive, healthy weight loss, adds Shield. "Forming good eating habits is the key." She cautions against crash dieting as "dangerous" and notes that those who do usually just gain the pounds right back.

When the competition was first announced, Hilda Best, Nilda Rivera, Usha Vasan and Kathy Williams were already "regulars" in the slimnastics exercise class offered at lunchtime by Employee Health Service.

They decided to join as a team and agreed to keep in touch with News-Rounds for the first four weeks of the contest. Here's what each had to say:

Hilda Best

Starting out
I've been on diets before and once I even lost 29 pounds, but I put on weight with my second pregnancy and it stayed on. My doctor told me I have high blood pressure and if I lose weight it'll come down.

Winning teams at four weeks

1. Oswaldo Rivera, Nicholas Rodriguez, John Argas and Gregg Tracey, all from Medical Center engineering. Total lost: 62 1/4 pounds. Prize: $100.
2. Art Valenostro, Daniel Reyes, General Nickel-sen and Steve Sanchez, all from Medical Center engineering. Total lost: 48 pounds. Prize: $75.
3. Mary Ellen Lenz, M.S., Denise Bonen and David Pearl, all from biochemistry and Doug Spalding, orthopedic surgery. Total lost: 47 1/2 pounds. Prize: nutrition/exercise profile and one nutrition counseling session.

Hilda doing 'crunches'

Exercise class has already helped. I work on the 12th floor of Schweppes and now I'm able to walk up the stairs all the way. I just take my time. If only I could stay on a good diet.

About half way
I got a checklist with tips to follow at the nutrition class sponsored by the weight loss contest. At first it was pretty hard, but I kept trying. When I started this, I couldn't stand the taste of skim milk; now I drink it twice a day. I hardly fry food anymore. I used to have fried eggs for breakfast four times a week, but now I usually have cereal. The other day I had broiled fish with lemon. It was really good, and just 210 calories. Before I ate rice or potatoes with lots of gravy; now I don't even put butter on my toast. I even started to weigh my food when I get dinner ready. I can't believe the things I'm doing. And I feel better.

Exercise is getting easier too. Sometimes at night I do sit-ups at home, but it's more fun with a lot of people, like the class at lunchtime. One Saturday I took a walk with my kids. I think we went about a mile and a quarter.

Near the finish
I feel great. And I know I lost a lot of inches because now I'm down two dress sizes just since the contest started. I made a lot of changes that I'm going to try to keep up. I've been following the sample menus we got when I make my lunch. I've cut down on using mayonnaise and found out that lemon instead of dressing on salad is all right once I got used to it.

I go to every exercise class at lunchtime and I'm thinking about starting to go to gym on weekends with a friend.

Four-week checkpoint
I lost 9 1/4 pounds! This morning I put on a dress that I haven't worn since 1973. This used to take me a long time to decide what to wear every day because all my clothes were too tight, but now they're all so big that I'm going to have
to get my sister who sews to take them in. Everyone’s noticing that I’ve lost weight—my husband, even my sons. The more weight I lose, the better I feel. And I want to feel ecstatic!

Nilda Rivera

Starting out

I’m a lifelong dieter. I’ve tried all the fads but now I know that eating balanced meals is the only thing that is going to work. I joined Weight Watchers last May and have lost 30 pounds since then.

Lately, though, I’ve been slackening off a bit and I thought I could get back on track with the (weight loss) contest. I try to get to every exercise class and on weekends I ride my stationary bike and work out on my pro gym setup at home.

In the weight loss contest nutrition class I heard a lot of the same things I already knew, but it was good to be reminded. The visual samples of proper portions was really helpful. Now I know what three ounces of meat looks like—it’s not much. But I know what I have to do. I’m determined.

About half way

I’ve stopped eating sweets, no more pizza for lunch and I’m trying to cut down on portions. When I get the after dinner munchies, I eat extra fruit.

One of the handouts from the contest gives a calorie count of some of the lunches served in the cafeteria. That’s helped me to plan. For instance, a taco, a cup of lemon yogurt, a plum and coffee for lunch is only 420 calories. I always thought I had to stay away from something like ravioli, but one serving from the cafeteria with a hard roll, green beans and an orange is just 435 calories. It’s so nice to have that kind of information. I really don’t feel like I’m depriving myself (with this diet) and once in a while I plan for my calories to include a special treat—like Weight Watcher’s carrot cake.

Near the finish

I went on an eating binge over the weekend. Everything seemed so tempting. I ate a lot, but I did exercise too. I’m back to smart eating now and I’m keeping up with it.

My thighs seem much firmer thanks to exercise in class and at home. I’ve worked my way up to 5½ miles at a time in a little over 20 minutes on my stationary bike.

Four-week checkpoint

I lost 5 ¼ pounds and I’m going to keep at it. I really like this program. The support of my group, having them to talk to, really gives me the incentive to keep going. I’m not going to stop now.

Usha Vasan, M.D.

Starting out

I’d like to lose about 10 pounds to be at a weight more appropriate for my height. I’ve been on diets before—usually I just cut down on unnecessary eating, but I always end up putting the weight back on. Now I’m determined. The exercise class is certainly an added benefit. I really enjoy it. It makes me limber.

About half way

I’m enjoying the classes—the exercise and the nutrition tips. One thing that’s pretty clear is that you can’t get into shape overnight by drastically cutting calories. Sensible eating and exercise—that’s the way. My body feels more firm now than it used to be, so I know this program is working for me. And since I’m in this competition, I especially don’t want to let the others on my team down.

Near the finish

My clothes are getting loose so the next time I go shopping I think I can get a size smaller. I cut out a lot of things I used to eat—no more butter—and I don’t go back for seconds. When I shop for groceries, I find myself looking at package ingredients and checking the calories. And I’ve stopped participating in office eating binges—I can actually walk away. At first I was concerned that my co-workers might think I’m antisocial, but now I’m sure they understand that I’m just trying to keep my weight down. In fact, my colleagues have given me a lot of support. Coming to exercise class regularly would have been impossible without their help.

One especially good thing that’s come from this is that my 15-year-old daughter is also watching what she eats now. I told her, “I’m setting a goal for myself. How about you?” She took me up on the challenge.

Four-week checkpoint

I lost 4 ½ pounds. I wouldn’t have done it on my own. The team spirit really helped in terms of keeping the pressure on. And I’m planning to keep at it. I really count calories now. I’ve given up between meal snacks and try not to overdo. And I make sure I exercise—that’s been a very important part of this program for me. I really feel better.

(continued on page 10)
Dr. Andreoli: new dean of the College of Nursing

Kathleen Gainor Andreoli, D.S.N., vice president for educational services, interprofessional education and international programs at the University of Texas Health Science Center at Houston, has been named dean of the College of Nursing of Rush University and vice president for nursing affairs.

The appointment of Dr. Andreoli was announced by Leo M. Henkoff, M.D., president of the Medical Center. Dr. Andreoli succeeds Luther P. Christman, Ph.D., founding dean of the Rush University College of Nursing since 1972. Dr. Christman will remain at Rush in an emeritus position.

"Dr. Andreoli brings an outstanding background in the profession of nursing and in academic affairs to these positions here so crucial to quality patient care and the advancement of nursing as a profession," said Dr. Henkoff. "Her predecessor, Dr. Christman, brought international recognition to nursing as it is taught and practiced at Rush. We are confident that Dr. Andreoli will bring new lustre to our efforts in both areas."

The Trustees of the Medical Center have formally acted on Dr. Andreoli’s appointment and have also named her the John and Helen Kellogg Dean of the College of Nursing effective June 15, 1987.

A native of New York, Dr. Andreoli was awarded her bachelor of science in nursing by Georgetown University, her master of science in nursing from Vanderbilt University, and her doctorate in nursing from the University of Alabama in Birmingham. She has held both staffing and faculty positions at a number of institutions, most recently at the University of Texas Health Science Center since 1979.

Dr. Andreoli has lectured and written extensively about critical care nursing, particularly the care of coronary disease patients. She is co-author of Comprehensive Cardiac Care, (C.V. Mosby Co., St. Louis); has edited two books and has written over 45 book chapters, articles and reviews in her field.

Dr. Andreoli is a member of numerous professional and academic societies, including the Institute of Medicine of the National Academy of Sciences.

Kathy Williams

Starting out
I’m hoping to get into shape by this summer and I’m using this contest to get started. What I like about this program is that it’s just sensible eating—following the basic food groups with regular meals. It’s something that I should be able to adjust to and continue. I really look forward to exercise class. It’s a great benefit for employees. As a single parent with a full-time job, I really can’t fit into the health club scene. Exercise at lunchtime is perfect.

About half way
I’m trying hard to give up snacks. When I have popcorn, it’s without butter. I cut back on fried foods and I gave up having a soft drink in the evening. I have a night class twice a week and I got into the habit of having a cola before class started. But I dis-
A doctor’s witness for peace

"I am tired. I am uncomfortable. I want a hot bath. I don’t want to face another filthy meal. And yet, I am happy I came. I am glad I came to see what’s going on here."—From the diary of Yolanda Adler, M.D.

“A country can’t give its people desperately needed medical care when it’s using its money and resources on war.” This is one of the conclusions reached by Yolanda Adler, M.D., diagnostic radiology/nuclear medicine, Presbyterian-St. Luke’s Hospital and Sheridan Road Hospital, after spending ten days in a Nicaraguan war zone.

Dr. Adler traveled to Nicaragua as part of a 17-member Chicago delegation from Witness For Peace—a non-denominational, Christian organization which offers a mechanism to affirm the desire for world peace.

In Nicaragua she talked to members of the government, political opposition, the American Embassy staff, and to peasants, religious leaders, educators and health care professionals. She toured a rural health clinic staffed by two physicians, two dentists and 12 nurses who spend most of their time traveling throughout the countryside immunizing the population. The clinic building was a barn-like structure containing a primitive emergency room, a room each for immunizations, pediatric exams, nutrition education, and gynecological examinations and child delivery.

Almost all the diseases treated were public health problems believed to be typical of third world countries: parasitic infections, tuberculosis, and malnutrition caused by chronic diarrhea and malaria. Health care is free, but available in only a few places, says Dr. Adler. “The local doctor explained that they try to deliver as much basic care as possible and transfer severe cases to a hospital located an hour’s ride away. However, the facility is not equipped to handle the traumatic injuries produced by the explosion of land mines.”

Dr. Adler also reports that the war has caused many rural peasants to be displaced to resettlement villages, either because their homes were destroyed during fighting or because their village was in danger of being attacked. The government established the resettlement villages on land that was abandoned by followers of former President Somosa who left the country when he left office. The villages had basic housing, schools, health care facilities, and enough land to cultivate. “To these people even these meager support facilities are more than they ever dreamed of having,” says Dr. Adler.

Yolanda Adler, M.D., with a Nicaraguan family.

She also reports that she was always aware of the reality of war. “One night while sitting under the stars, we heard funny noises coming from one to two miles south of us. There was obviously a battle going on. We saw flares and bullets lighting up the sky, and eventually heard rifle and submachine gun fire. We sat there knowing the next morning we would need to take the road through that area to reach our next appointment and that we would be in danger.”

Between meeting officials and touring the war zone, the delegation worked on its assigned Witness For Peace project: digging a six foot deep “L” shaped bomb shelter for a resettlement village. Dr. Adler’s job was to pick up the dirt in a plastic pan and carry it away, plus pump and purify water for the delegation. “That shelter may have been the only protective cover the women and children of the village would have if they were attacked.”

While building the trench, Dr. Adler and other members of the delegation lived with peasants, sleeping on the floor of a one room hut, among farm animals and lice. She wrote in the diary she kept during the trip:

“Right now I am feeling very low. I am tired. I am uncomfortable. I want a hot bath. I don’t want to face another filthy meal. And yet, I am happy I came. I am glad I came to see what’s going on here. What an incredible world we live in. There is a small portion of the human race living in luxury, an enormous mass in the middle and then, countless millions surviving little better than animals. I am sure there is no need for this.”

In summing up her thoughts on the war in Nicaragua, Dr. Adler said, “The war is not only taking many young lives and causing a lot of suffering, it is diverting money and resources that could be used to improve the lives of the people. Over and over again, we heard people say that they wanted peace and a chance to have health care, schools and the most elementary necessities of life.”

NewsRounds


Editor
Debra Williams

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Carmelina Esposito, Jane Friedman, Krys Kazieczko-Kuczak, Kerry Otto, Janice Perrone, Mary Ann Reiterer

Anyone interested in reporting news from the depart-ments should call the editor at extension 25582. Deadline for all copy is the first Friday of the month preceding publication. Editorial offices are on the second floor of the 1700 West Van Buren Street Building.
Social service working to serve in many ways

Old stereotypes die hard, and perhaps there are still some people around who think that hospital social workers are welfare workers in white lab coats. Nothing could be further from the truth. That image—workers whose main functions are to get patients' public aid checks and to help patients take care of their bills—is as outdated as the notion that nurses only empty bedpans and give backrubs.

Not that social workers, like their nursing colleagues, never do these stereotypical tasks. They do, of course. But they do much, much more, says Joseph Payne, M.A., C.S.W., director, social service.

Inpatient social workers work closely with nurses to plan for patient discharges. They counsel patients and their families in a variety of psycho-social issues and provide support in times of grief and loss, plus handle myriad other tasks.

Diane Bowman, M.S.W., C.S.W., is a social worker who after four years in pediatrics at the Medical Center now works with kidney and liver transplant patients. She has one exception—Natasha Gibbs. Natasha is a three-year-old girl hospitalized with a severed spinal cord as a result of abuse. She is paralyzed from the neck down and has a tracheostomy to help her breathe.

Fortunately for Natasha, many people have responded to her needs, including Bowman. Bowman's main task in helping Natasha has been to act as a liaison between the Department of Children and Family Services and the hospital, exchanging information on Natasha's physical status, history and placement progress.

Bowman has also worked on plans for Natasha's discharge, and written letters on behalf of Barbara Parker, a friend of the family who is currently seeking permanent custody of Natasha and her brother and sister. Bowman has also testified in court.

If Parker wins her case to keep the children, she hopes to give them the best home she can provide. And with a little luck and through a contractor's offer to build a home for her at cost, Parker may someday have her own house—a house specially designed to accommodate a person in a wheelchair. So considering the desperateness of Natasha's original situation, things may turn out fairly well for her, says Bowman.

But Bowman is quick to point out that "social workers can't always solve crises. We are not miracle workers. A lot of times, for example, patients are caught in financial circumstances that we can't do anything about."

Despite the frustrations of working within the limits of the social welfare system and the need to cope with the depression that patients and their families often suffer, Bowman loves her job. She attributes much of her satisfaction to the team approach in her job and to the fact that her creative input makes a difference.

Mattie Woolfolk, M.S.W., C.S.W., A.C.S.W., coordinator, medical social service section, also contributes creatively to others in her work. Woolfolk, who has special training in marriage and family counseling, uses her skills to help patients and their families deal with crises brought on as a result of illness and death. She also helps members of the staff keep their objectivity in cases in which they become deeply involved.

Not all of the Medical Center's social workers deal with inpatients. In fact, nearly one-third of them work with outpatient programs, such as the Suspected Child Abuse and Neglect Program (SCAN), the Family Violence Program, a joint effort with medical nursing, and the Families in Crisis Program, under the auspices of the Isaac Ray Center, to name a few.

Therapeutic counseling is the main thrust of most of the outpatient social services at the Medical Center, says Gary Knudson, M.S.W., C.S.W., coordinator, psychiatric social service section.

Knudson explains that although the work of psychiatrists, psychologists and social workers often overlaps, their approaches to therapy are slightly different. Knudson believes that psychiatrists and psychologists are more inclined than social work therapists to counsel clients on the basis of psychodynamic and personality theories.

(continued on page 14)
What was your most memorable birthday?

Badruddin Durrani, M.T./A.S.C.P., chemistry—My 20th. It was 1980, and I had come to the U.S. from Pakistan. It was my first birthday in this country.

Stephanie Osborne, organ and tissue bank—My 9th, I think. With eight kids in our family, I didn’t expect much. But that year I received a pair of roller skates, a life-size doll, crayons and coloring books and lots of clothes!

Clarence Black, pharmacy—My 21st. I got a chance to go to lots of places I couldn’t go before, like nightclubs. I just felt more grown-up.

Mary Rauer, genetics—My 24th, I think. That was the year I decided to celebrate my birthday on the date that I was actually born, December 8th. Until then, I had celebrated it on January 1st, the birthdate that had been registered for me back in Poland.

Kaarin Soma, immunology—My 39th. I was in India at the time, visiting a friend for four months. I remember watching a parade to celebrate a religious holiday on that day. There were painted elephants and all kinds of interesting things to see.

Randy Hayes, housekeeping—My 18th. I went to Atlanta with some friends and we had a big celebration. We went to Great America.

Joan Hill, R.N., pediatrics—My 40th. I had heard the old adage “life begins at 40,” and I wanted to see if it was true. It was. I went to Hawaii for 18 days!

Daniel Boryan, R.N., surgical nursing—My 6th. It was the first party I had ever organized. I remember we gave away prizes for games I had planned.
Rush people in the news

Crain's Chicago Business carried a page one story on the four Chicago hospitals, including Rush-Presbyterian-St. Luke's Medical Center, which treat most AIDS patients, and included comments by Harold Kessler, M.D., infectious disease/microbiology.

The Sun-Times page one story on “Safe Blood” (banking your own “to beat AIDS”) included mention of the Medical Center’s Blood Center and comments by Bruce McLeod, M.D., associate director of the Blood Center. Dr. McLeod emphasized the low percentage of autologous donations at Rush because of higher cost for frozen storage and extra record-keeping.

Rush teen suicide researchers, David C. Clark, Ph.D., psychiatry, and Judith S. Tellerman, M.A.T., M.Ed., Ph.D., Center for Suicide Research and Prevention, have begun a three-year study of suicide victims in Cook, DuPage and Lake counties to try to determine why youths are killing themselves in such record numbers. Both researchers were quoted in a Sun-Times article.

John Edwards, M.D., psychiatry, and principal investigator for three drug research studies for the treatment of depression, was interviewed by WMAQ-TV’s Barry Kaufman for a 10 p.m. newscast. Kaufman emphasized that depression can be treated successfully, even after years of misdiagnosis, with the help of certain drugs.

Robert Katz, M.D., internist, was interviewed by Howard Wolinsky, Sun-Times, about the curious illness, fibrocitis.

In recognition of Poison Control Week, and to call attention to the emphasis—pesticides—this year, Jack Lipscomb, R.Ph., and Tony Burda, R.Ph., Poison Control Center, were guest experts for a taping at WFLD-TV’s “Esta Semana” program with Wanda Wells.

The topic of transplantation, particularly organ procurement and donation, continues to be covered by both national and local media. Mindy Malecki, director, Organ and Tissue Recovery Program, and Mary Hoffman, R.N., senior coordinator, were seen in a WLS-TV, Dr. Art Ulene news report on organ donation. Also, Malecki and Hoffman were filmed and interviewed by WMAQ-TV news on the same subject when they taught the Rush Organ Transplant Liaison Training Program to a group of nurses from Highland Park Hospital.

Jules Harris, M.D., Rush Cancer Center, was among the local experts consulted by the Sun-Times for an article on the experimental use of interleukin-2.

The production company working on an AMA physicians’ video for Lifetime Cable TV returned to Marshall Field IV to complete filming of Jan Fawcett, M.D., psychiatry, on suicide—nature, treatment, and prevention.

Social Service (from page 12)

“Social work therapists are trained to look at what’s going on inside of patients in relation to their environment,” says Knudson.

In addition to his supervisory role in the psychiatric section of social service, Knudson is on the faculty of the Center for Suicide Research and Prevention, where he currently works with survivors—families of suicide victims.

Part of his job, he says, is helping survivors realize that “there is light at the end of the tunnel.” Often they need professional help to do this because they suffer from paralyzing guilt, which hinders the normal grieving process.

Working with people who have great emotional and physical problems can take its toll on social workers. Knudson minimizes “burnout” by accepting his own limitations as a therapist as well as those of his clients. And to combat the “vagueness” in his job, he sails, skis and builds furniture. He has just finished building a coffee table in his spare time.

Bowman names two reasons why she thinks many social workers at the Medical Center enjoy their jobs—indiscretion and creativity. “There is so much you can do with and for your patients, and that makes for a lot of satisfaction.”
Professional activities

RPSLMC Appointments
Judith Jezek, Ph.D., R.N., has been appointed assistant dean for academic programs in the College of Nursing. She has been with the Medical Center for 16 years and has served as director for undergraduate programs since 1980.

She was appointed to the nursing faculty when the College was founded in 1972 and has actively participated in the undergraduate and graduate programs since that time. In addition, she served as the director of the Nursing Quality Assurance Program.

Dr. Jezek is a graduate of the West Suburban School of Nursing and earned her B.S.N. from the University of Illinois. She holds an M.S. in nursing from the University of Colorado, an M.A. in communication studies from Northwestern University and a Doctor of Education in higher education administration from the University of Rochester.

Appointments
Howard M. Kravitz, D.O., psychiatry/psychology and social sciences, was appointed a member of the CPR Chicago Training Target Activity Group.

Eric Ostrov, J.D., Ph.D., psychiatry/psychology and social sciences, was elected chairman of the Police Psychology Section of the American Psychological Association.

Kudos
John S. Long, M.D., obstetrics and gynecology, recently received the Chicago Medical Society's "Public Service Award." Dr. Long is chairman of the Chicago Metropolitan Committee for UNICEF and on the boards of UNICEF's U.S. Committee and the American Refugee Committee. He was appointed to the task force for Year of the Child and Year of the Family by Governor James Thompson. He is also a recipient of the National Organization Advisory Council for Children award.

Ellen Carr, M.S., C.C.L.S., child life, became the eighth child life specialist to be certified by the Association for the Care of Children's Health.

Meetings
Paula Silerzio, OTR/L, psychiatric occupational therapy: VALPAR International training seminar, "Microcomputer Evaluation and Screening Assessment, Milwaukee, Wisconsin.

Speeches/Lectures/Presentations
Peter K. Sand, M.D., obstetrics and gynecology, and Larry W. Bowen, M.D. (University of California, Irvine), co-presenters, and Donald R. Ostergard, M.D. (University of California, Irvine), co-author: "The Low Pressure Urethra," 34th Annual ACOG meeting, New Orleans, Louisiana; International Continence Society annual meeting, Boston, Massachusetts; and the Gynecologic Urology Society annual meeting, Montreal, Canada.

Dr. Sand and Randy C. Hill, M.D. (resident, University of California, Irvine), co-presenters and Dr. Ostergard, co-author: "Supine Urethroscopic and Standing Cystometry as Screening Methods for the Detection of Detrusor Instability," Gynecologic Urology Society annual meeting, Montreal, Canada.

Dr. Sand and Bowen, co-presenters, and Dr. Ostergard, co-author: "Hysterectomy and Prior Incontinence as Risk Factors for Failure of Retropubic Urethropexy," and "Unsuccessful Burch Retropubic Urethropexy, A Case-Controlled Study," International Urogynecological Association annual meeting, New Haven, Connecticut, and Gynecologic Urology Society annual meeting, Montreal, Canada.

Dr. Sand and Bowen, co-presenters, and Dr. Ostergard, co-author: "Urodynamic Effects of a Vaginal Pessary in Women with Genital Prolapse," International Urogynecological Association annual meeting, New Haven.

Dr. Sand and Bowen, co-presenters, and Dr. Ostergard, et al, co-authors: "Correlation of Urethroscopic Findings and Lower Urinary Tract Symptomatology," Gynecologic Urology Society annual meeting, Montreal, Canada.


Howard M. Kravitz, D.O., psychiatry/psychology and social sciences: "Sleep Disorders," medical grand rounds, Martha Washington Hospital, Chicago.


Publications


It was a close game—

By the final buzzer, our All Stars had bagged 52 points against 49 for the University of Illinois at Chicago, making Rush the 1987 champs in the Near Loop Hoop Classic basketball game. It was the third annual contest for the traveling challenge cup and our win makes this the second year that the trophy is ours.

but we won, 52–49!
Students Celebrate Spring!
—see page 5
University Research Week

The Medical Center’s commitment to biomedical research was never clearer than during this year’s University Research Week, when more than 500 physicians, scientists and students heard prominent Rush faculty and researchers from other institutions describe and discuss current investigations, pioneering medical discoveries and the relationship between government, industry and academic health centers. The program featured the Sigma Xi poster session and addresses by Nobel laureates, the director of the National Institutes of Health, the research director of a large pharmaceutical corporation and Rush students.

“Through the support of the administration, through the support of individual departments and through plain hard work, research at Rush has grown in a funding environment which is not conducive to growth,” said Wayne R. Hanson, Ph.D., presenter, director of radiation biology and chairman of the Rush University Research Committee. One indicator of that growth, he said, is the increase in posters at the Sigma Xi session from 61, two years ago, to 134, this year.

Medical Center president, Leo M. Henikoff, M.D., noted proudly that the relatively young and small Rush University is “making the commitment to research required of any university.” He reported that research awards in the first seven months of the current fiscal year are 30 percent higher than last year and that the 1200-plus research projects under way, many multidisciplinary, have produced hundreds of publications.

This year’s keynote speaker was Salvador E. Luria, M.D., institute professor, emeritus, Massachusetts Institute of Technology, the Nobel prize recipient for physiology and medicine in 1969 for his 30 years of research leading to the transformation of classical Mendelian genetics into molecular genetics and molecular biology.

Dr. Luria’s lively address, “Adventures in the Gene Trade,” recounted 50 years...
Science and Medicine Sesquicentennial Symposium

At the Science and Medicine Sesquicentennial Symposium (from left to right): Roger C. Bone, M.D., chairman, Department of Medicine; Michael S. Brown, M.D., University of Texas Health Center at Dallas; James B. Wyngaarden, M.D., director, National Institutes of Health; Sir Bernard Katz, M.D., Ph.D., D.Sc., F.R.S., University College, London; and Eric R. Kandel, M.D., Columbia University.

More than 500 attended the Science and Medicine Sesquicentennial Symposium to hear Rush faculty and researchers from other institutions.

of gene research beginning with basic gene structure, the rise of molecular biology, the discovery of deoxyribonucleic acid (DNA), the carrier of genetic information, and the study of gene mutations. “What most excites me,” Dr. Luria said, is medical science’s potential to “understand the development of the normal gene” and the factors “in a child’s and adult’s life that cause malformation.”

Preceding Dr. Luria’s address were presentations from Rush faculty Roger C. Bone, M.D., the Ralph C. Brown, M.D., professor and chairman, internal medicine; James M. Williams, Ph.D., assistant professor, anatomy; Valerie J. Matthiesen, D.N.Sc., R.N., assistant professor, geriatric/gerontological nursing; Kenneth M. Boyer, M.D., director, pediatric infectious disease; and Thomas M. Hering, Ph.D., postdoctoral fellow, biochemistry.

Speakers at the Science and Medicine Sesquicentennial Symposium sponsored by the Amoco Foundation, included two Nobel laureates; Michael S. Brown, M.D, director, Center for Genetic Disease, University of Texas Health Center at Dallas and Sir Bernard Katz, M.D., Ph.D., D.Sc., F.R.S., professor emeritus, University College, London; as well as Eric R. Kandel, M.D., director, Center for Neurobiology and Behavior, Columbia University; James B. Wyngaarden, M.D., director, National Institutes of Health; and Thomas M. Glenn, Ph.D., director, research, and senior vice president, CIBA-Geigy Corporation.

Following the formal presentations, the speakers participated in a panel discussion led by Dr. Bone and Klaus E. Kuetter, Ph.D., chairman, biochemistry, and the John W. and Helen H. Watzek Professor of Biochemistry. The panelists responded to questions concerning the future of academic medical centers caught between demands for research and profitability, ways to encourage medical students to pursue biomedical research and whether fraud permeates scientific research.

(continued on page 4)
During the poster session, Jeanne Slack, D.N.Sc., associate chairperson (l), and Nancy Flint, M.S., R.N., practitioner/teacher, pediatric nursing, discuss their research with Allen Rovick, Ph.D., physiology.

Throughout the day, Medical Center staff, faculty and students browsed through over 130 exhibits at the poster session.

Following the Science and Medicine Symposium, the Woman's Board held a gala in celebration of the Medical Center's Sesquicentennial. At left: Mrs. Edward Hines and Mrs. Bowen Blair, co-chairmen of the Gala Committee, Leo M. Henikoff, M.D., Medical Center president, Harold Byron Smith, Jr., Chairman of the Board of Trustees, and Mrs. James T. Reid, president of the Woman's Board.
Rush University Day

Rush University students celebrated spring's arrival on May 6 with the annual Rush University Day, highlighted by a student/faculty tennis tournament, a pie-eating contest, and sack races on the Schwepppe-Sprague lawn. On the cover: Gail DeGraaff, a third-year nursing student, enjoys the spring weather.

Amy Tappin, fourth-year nursing student, digs in at the pie-eating contest.

Edward Herba, M.D., assistant professor, neurological sciences, makes a winning shot in the tennis tournament.

Joe Swihart, registrar, serves up some lunch.

Leo M. Henkoff, M.D., Medical Center president, helps himself to a brownie.
About 100 RPSLMC secretaries packed the Schweppes-Sprague Auditorium on April 24 for a reception and fashion show to celebrate National Secretaries Week. Following an opening song by Clinell Torry-McPherson, finance, 14 Medical Center secretaries paraded down the runway in everything from business suits to evening gowns. Fifteen lucky secretaries also won door prizes, $25–50 gift certificates at local retail stores. Fashions were supplied by Paddors.

(L-R): Christine Spano, pathology, and Debra Gallagher, financial planning.

Nancy Roman, orthopedics, shows off a leather skirt and jacket.

Maria Burciaga, medical student programs.

Angela Herron, Woman’s Board Cancer Treatment Center, in evening wear.
JRB celebrates its 10th anniversary

Eight JRB employees and Michael Harris, Ph.D., Academic Skills Center, Rush University, formed the JRB Singers to entertain JRB patients and staff at the 10th year anniversary reception. From left: Mary Ellen Bernard, R.M.T., therapeutic recreation; Mary Theune, OTR/L, occupational therapy; Bernis Carter, volunteer services; Melanie Chavin, R.M.T., therapeutic recreation; Harris; Tim Flesch, R.N., admissions; Dan Park, business office; Wilson Watt, C.S.W., A.C.S.W., social service, and on piano, Laureen Hayes, R.M.T., therapeutic recreation.

Leo Henikoff, M.D., Medical Center president, with (l) Stanley J. Brody, J.D., M.S.W., guest speaker, and David Dangler, chairman of Johnston R. Bowman’s Board of Directors.

Like a typical 10-year-old, the Johnston R. Bowman Health Center for the Elderly celebrated its first decade of service with music, food and, of course, a birthday cake.

In the afternoon, festivities began with a birthday reception attended by JRB staff and patients featuring music by the JRB Singers. In the evening, the anniversary celebration continued with a lecture and reception. The featured speaker was Stanley J. Brody, J.D., M.S.W., professor of physical medicine and rehabilitation in psychiatry at the University of Pennsylvania School of Medicine, who is also an attorney and social worker renowned for his life’s work and advocacy on behalf of geriatric patients.

Johnston R. Bowman Health Center for the Elderly was established to honor the founder of the Bowman Dairy Company of Chicago. In accordance with the will of Lula E. Bowman, heir to the Bowman estate, the Johnston R. Bowman Home Corporation was formed to create and maintain a home for elderly people.

Rush-Presbyterian-St. Luke’s Medical Center submitted a proposal that utilized its strengths as an institution with knowledge and experience in the care of the elderly. Its proposal, focusing on returning the elderly to independent living, won out over a number of other ideas.

Bowman’s first patient was admitted November 2, 1976 and dedication ceremonies were held in May, 1977.

According to Rhoda Pomerantz, M.D., M.P.H., medical director of Bowman since its opening, JRB’s first ten years have focused primarily on patient care. “We were at the forefront of geriatric care long before the media and politicians recognized it as a legitimate national concern. We are not a nursing home. Our emphasis has always been to help patients function as fully as possible, and to help them get out of the hospital and back to their homes and families.”

Johnston R. Bowman also has programs in education and research, areas which Dr. Pomerantz expects to grow considerably in the next ten years. Within a year, it is expected that geriatric medicine will become a board-certified medical subspecialty.

Within a month, JRB also will begin an Alzheimer’s Day Care program, in cooperation with the West Side Veteran’s Administration Hospital and the Chicago chapter of the Alzheimer’s Disease and Related Disorders Association.

Rhoda Pomerantz, M.D., M.P.H., medical director, and Ernest Crane, Jr., M.B.A., assistant vice president/administrator, Johnston R. Bowman, cut the birthday cake during the reception and birthday party.
To celebrate Children in Hospitals Week, several Medical Center departments and programs sponsored a health fair for 219 children from four local elementary schools. Staff of the Special Care Nursery, Infants' and Children's Unit, Section of Child Psychiatry, Adolescent Medicine Unit, pediatric psychology, food and nutrition services, safety surveillance, physical therapy and the Regenstein Eye Center used puppets, demonstrations with equipment and question-and-answer sessions to “show and tell” kids how to stay healthy.

Maryjane Henning, M.P.A., R.N., Infants' and Children's Unit and coordinator of the day-long fair, gave a prize of stickers to children who could remember their home phone numbers.

At left: Betsy Martin, R.N., adolescent medicine, and a “friend” shows the children how to prevent colds. Above: Kim Konecki, R.N., special care nursery, demonstrates the proper technique to use in changing a diaper.
The Department of Community Affairs hosted a safety fair for 1,500 children from 12 Chicago area schools at Malcolm X College. The fair was sponsored by 7-Eleven, AT&T and the Medical Center. Children received a variety of information on fire safety, personal safety and what to do in case of an emergency. Other organizations involved included the Chicago Police Department, Bureau of Community Service; the Chicago Fire Department and the National Committee for the Prevention of Child Abuse.

Summer in the city
Laurance Armour Day School is offering a recreational summer camp program for children entering first through sixth grades. The program will offer children a variety of recreational activities and give them a chance to explore Chicago through field trips to such places as the zoo, the lakefront and Daley Center Plaza. The summer camp program starts June 26 and continues for nine weeks. The fee is $75 a week. For more information, call Laurance Armour Day School, ext. 26501.
"Oh, no! I have to stay in the hospital another day? I was hoping to go home today, Dr. Goodhart."

"I'm sorry, Mrs. Peale, but the results of some of your lab tests aren't back yet. You'll have to stay another day. The results should be back tomorrow."

Scenarios like this will soon be a thing of the past with the help of a new three-million dollar computer system known as Laboratory Information System and Services (LISS), according to Michael A. Maffetone, D.A., operations director of the Office of Consolidated Laboratory Services and assistant vice president for administrative affairs.

Currently the laboratories are spread over 210 rooms on nine floors in four buildings. Four hundred technical staff members and 45 M.D.s and Ph.D.s process 2-3,000 specimens daily; they also field over 6,000 phone calls per week. These efforts result in 17 million lab results per year. This new system can help improve patient care by consolidating and shortening the turn-around time of the Medical Center's large and complex laboratory network.

As Dr. Maffetone and his staff have discovered, computerizing one of the biggest clinical laboratories in the country with the largest computer installation of its kind in the world has not been an easy job. This project has taken two years of preparation and the dedication of a diverse group of people from many departments in the Medical Center. Some of them have been working shifts of 12 hours on and 12 hours off during implementation.

Kenneth Whisler, Ph.D., unit director, chemistry, knows about the hard work that went into this project; his laboratory was the first to convert to the computer system. Immunology joins the system in June, hematology comes on-line in July, and microbiology and the blood bank are scheduled to be brought into the system this fall.

When the LISS is eventually complete and integrated into another network system called the Patient Care Information System (PCIS), the laboratory process will have many new and different features designed to increase efficiency. It will use bar codes (like the ones on canned foods and other grocery items), bar-code scanners, special machines to sort and distribute specimens appropriately, and perhaps even a robotic delivery cart programmed to shuttle specimens from the main specimen receiving area to the chemistry lab down the hall.

Two other beneficial features will be display terminals on the units and patients' cumulative summaries.

The display terminals will provide immediate access to laboratory information at any time, with a print-out if desired, and the cumulative summaries will display in one report the results of all lab tests done on patients while in the hospital and those still pending at discharge.

The computer also will have the capability and the reserve memory to process information from patients outside of the Medical Center system. In other words, the laboratories will be able to compete with outside commer-
a new computer

At left: Sr. Mary McDermott, MT (ASCP), chemistry, knows that accuracy is crucial in all phases of her work in blood chemistry analysis. Above: Counting cells in whole blood gives Rosemarie Scherbaum, MT (ASCP), hematology, plenty to do. Below: Nina Williams, chemistry, keys in specimen information at a computer terminal.

Business

cial labs by testing patients unrelated to the Medical Center. The revenue generated by this development could be significant.

In today's competitive health care market, laboratory professionals have to know a lot more than up-to-the-minute laboratory science. They also have to know the bottom line — how much it will cost to provide their services and how much to charge for them. They also have to know how to obtain and deliver accurate information in a very short time.

"Years ago, things were simpler," says Dr. Maffetone. "All you had to worry about were 'the three R's' of the laboratory — getting the specimen from the right patient at the right time with the right result. Now there are a lot more than three. You also have to consider the right cost, the right price, the right quality assurance and the right documentation. And that's why a computer is crucial."

Even so, a super-duper computer will never be as important in the laboratories as the "right" people. And according to Joan Hlinka, M.H.A., M.T. (ASCP), laboratory manager—LISS, the Medical Center's laboratory staff members are "a terrific group of people and a great team."

In their honor, a number of activities were held during National Medical Laboratory Week, April 12-18. Posters, balloons, seminars and an appreciation luncheon were a few ways that the Medical Center recognized its laboratory professionals and staff.
Bernard Lown, M.D., guest lecturer, discussed the link between stress and heartbeat disturbances in his talk at the Fourth Annual Louis Sudler Lectureship in Cardiology. From left—Joseph V. Messer, M.D., cardiology, Dr. Lown, and Mr. and Mrs. Louis Sudler.

The newly elected 1987-88 Professional Nursing Staff officers are (from left): Helen Shidler, M.S., R.N., president; Cheryl Kennedy, R.N., secretary; Kathy Pischke-Winn, R.N., treasurer; and Janet Buckley, M.S., R.N., president-elect.

Above: Leo M. Henikoff, M.D., Medical Center president, presents Robert Gallo, M.D., of the National Cancer Institute, with a plaque honoring him for outstanding achievements in cancer medicine at Rush Cancer Center’s Distinguished Lecturer Series.

At right: Winners of the first annual Luther Christman Clinical Nursing Excellence Awards honoring outstanding clinical performance, join retiring and founding dean of the College of Nursing, Luther P. Christman, Ph.D., R.N., at the awards ceremony. They are (standing, from left): Dean Koenig, R.N., C.A.C., Sheridan Road Hospital; Joyce Smith-Lichaaco, R.N., gerontological nursing; Pamela Schultz, R.N., O.R./surgical nursing; Mary McGoldrick, R.N., obstetrical/gynecological nursing; Diane Rodriguez, R.N., psychiatric nursing. Seated (from left): Barbara Welch, R.N., community health nursing; Dr. Christman; Mary Magaletta Werke, R.N., pediatric nursing. Not pictured is Mary Ann Colletti, M.S., R.N., medical nursing.

Students take a break from medicine for art

The “laying on of hands” need not apply only to healing the sick. During Rush University’s annual Festival of Arts, students got the chance to show off their manual dexterity through an art exhibit in the Rush University Library or at the annual Student Faculty Music Recital.

Two matches made in heaven
Fourth-year medical student Alan Sanders and fiancee, Kathy Wright, child life services, had two matches to celebrate. First was their wedding on May 16. The second was Sanders and Yale-New Haven Hospital, where he will complete an internal medicine residency. Sanders received the news during Match Day, March 18. Ninety-six Rush Medical College graduates got one of their first three choices.

At left: First-year medical student Mitch Bernsen discusses his pottery exhibit with student affairs director Paula Smith. Bernsen was one of more than 30 artists in the exhibit. Art ranged from metal sculptures to sketches and paintings to stained glass windows. Above: First-year medical student Sarah Conway combined pieces by Bach and Beethoven to create a flawless performance.

NewsRounds
Editor
Debra Williams
Editorial Staff
Carmeline Esposito, Jane Friedman, Krys Kariczko-Kuszak, Kerry Otto, Janice Perrone, Mary Ann Redeker

Anyone interested in reporting news from the departments should call the editor at extension 6843. Deadline for all copy is the first Friday of the month preceding publication. Editorial offices are on the ninth floor of Scheppe-Sprague Hall.
Rush people

RPSLMC Appointments

Katherine Conrad has been appointed administrative assistant, Nursing Systems Management Research and Development. Before her appointment, Conrad was an assistant supervisor in the admitting department. She was graduated from Blackburn University with a major in political science.

Lina Lafferty, Ph.D., R.D., has been appointed associate director of food and nutrition services and assistant professor in the Department of Clinical Nutrition.

Before coming to the Medical Center, Dr. Lafferty served as director of dietetic education at Louisiana State University, Baton Rouge, and at the University of Missouri-Columbia. She has also been assistant professor in the Department of Nutrition, Food Sciences, and Food Systems Administration at the University of Tennessee, Knoxville.

Dr. Lafferty received a Ph.D. in food systems management at the University of Missouri-Columbia. She earned a Master of Science degree in nutrition at the University of Arkansas in Fayetteville.

Dorcas Williams, M.S., R.N., has been appointed unit leader of the inpatient child psychiatry unit on 4 Kellogg. Before coming to the Medical Center, Williams was the head nurse of an inpatient unit at the University of Illinois Hospital. Williams received her B.S.N. from Chicago State University and her M.S. from the University of Illinois at Chicago.

Appointments

Jules E. Harris, M.D., internal medicine, was elected chairman of the board of trustees of the Illinois Cancer Council, The Comprehensive Consortium Cancer Center for the State of Illinois.

Jon Lager, M.B.A., R.Ph., pharmacy, was named president-elect of the Northern Illinois Society of Hospital Pharmacists.

Kudos

JoAnn Eriksson, M.S., R.N., gynecologic oncology and O.R./surgical nursing, received the Society of Gynecologic Nurse Oncologists’ first annual Paula Major award for excellence in gynecologic oncology nursing for her talk on “Nursing Management of Intrapertioneal Chemotherapy.”

Donna Frownefelt, RRT, PT, respiratory care, has been named in Who’s Who of American Women, 15th ed., 1987-88, for outstanding achievement in her field.

Meetings

Michael J. Harris, Ph.D., Academic Skills Center: “Approaching the 21st Century: Action Plans for Minorities in Higher Education,” Urban Health Program of the University of Illinois at Chicago.

Charles E. Dinsmore, Ph.D., anatomy: American Society of Zoologists annual meeting, Nashville, Tennessee.

Mary Carol Udelhoven, R.D., food and nutrition services: presiding officer, “The Role of Diet in the Initiation and Promotion of Cancer,” American Dietetic Association Conference for Advanced Practice and Research, Chicago.

Seymour Sabesin, M.D., internal medicine, and S.K. Lam, M.D., (University of Hong Kong): moderators, Sacralulate International Research Conference, Maui, Hawaii.


The following staff members attended a Gynecologic Oncology Group meeting in Miami, Florida: Alexander Phillips, M.D., radiation therapy; David G. McIntosh, M.D., obstetrics and gynecology; Michelle Moore, R.N., Women’s Health Consultants; George D. Wilbanks, M.D., obstetrics and gynecology; and Elizabeth Wagley, M.S., R.N., obstetrics and gynecology. Attending the meeting and serving on special committees were: Salitha Reddy, M.D., therapeutic radiology—radiation committee; Phillip Bonomi, M.D., internal medicine—cervical cancer committee; and Alexander Miller, M.D., pathology—pathology committee; Edgardo L. Yordan, M.D., obstetrics and gynecology, and JoAnn H. Eriksson, M.S., R.N., gynecologic oncology and O.R./surgical nursing—the ovarian cancer committee; James E. Graham, M.D., obstetrics and gynecology—the endometrial cancer committee. Drs. Wilbanks, Yordan and Graham also attended the Society of Gynecologic Oncology in Miami. Elizabeth Wagley, M.S., R.N., Michelle Moore, R.N., and JoAnn Eriksson, M.S., R.N., attended the Society of Gynecologic Nurse Oncologists meeting in Miami.

Speeches/Lectures/Presentations


The following Medical Center staff members presented a basic course in cardiopulmonary resuscitation at the 122nd midwinter meeting of the Chicago Dental Society, Chicago: Kenneth Clark, D.D.S., dentistry; David A. Heller, R/CPT, cardiology; Jeffery Jaworski, D.D.S., dentistry; Robert John, D.D.S., dentistry; Howard M. Kravitz, D.O., psychiatry/psychology.
Professional activities


A postgraduate course sponsored by the American College of Physicians was held recently in Keystone, Colorado. The course was entitled the "Eighth Annual Conference on Problems in Gastroenterology: A Clinical and Pathological Approach." The following Rush University faculty members presented talks:


Edgardo G. Yordan, M.D., obstetrics and gynecology: "Updates on Cervical and Ovarian Carcinomas," University of Navarre, Pamplona, Spain.


Paul G. Pierpaoli, M.S., pharmacy: "A Preview of Hospital Controlled Pharmacy Service in the 1990s," Travenol’s Pharmacy Practice Conference, New Port Beach, California; San Antonio, Texas; and Washington, D.C.; "Hospital Practice in the 90s: The Management Climate and Core Roles of Pharmacists," Michigan Society of Hospital Pharmacists interim meeting, Detroit, Michigan.


Publications


Mobile escort service
Security's mobile escort service is in effect on weekdays between 8:00 a.m. and 5:05 p.m.

A security mobile unit will leave the Professional Building, arrive at the 1700 W. Van Buren Street Building and return to the Professional Building at these times: 8:00 a.m., 9:50 a.m., 10:50 a.m., 11:40 a.m., 12:50 p.m., 1:50 p.m., 2:30 p.m., 4:35 p.m. and 5:05 p.m.

A mobile unit will also escort employees to the parking lot located at Paulina and Flournoy Streets and to the parking garage from the Jelke SouthCenter lobby.

Between 5:00 p.m. and 1:00 a.m., on-call mobile escort service is in effect and can be requested at the security desk.

Walking escort service
Security walking escort service from the fourth level of the Atrium Building to the parking garage is in effect 7 days a week. With special consideration for second shift personnel, walking escort service will be available at 11:45 p.m., 12:15 a.m., and 12:45 a.m.
Employees are honored on Founders Day

—see page 6
Get ready for RushFest

The annual RushFest celebration will again be held at Great America. This year's date is Sunday, August 30.

Discount tickets for that day at the amusement park, including a picnic lunch, are available to employees for just $10 each.

"We're offering tickets at a substantial savings as a special thank you to our employees for a job well done," says Mike Coleman, employee relations. Since the Medical Center is subsidizing the outing, discount tickets are available only to each employee and spouse (or a guest) and their children only. Children under four are admitted free.

Lunch, catered by Great America at the picnic grove, will include a hot dog and a hamburger plus side dishes and unlimited soda. A meal ticket is included with each admission ticket. Separate meal tickets for young children who get into the park free are available for $3 each. There will also be a cash bar for beer and wine.

For those who need a ride, bus transportation is being arranged from the Medical Center and back, with tickets at $4 per person.

All tickets will be sold in the cafeteria lobby from 11 a.m. to 1 p.m. on Fridays, August 7, 14 and 21. From August 3 to 21, tickets will also be available at the human resources satellite office, 192 Murdoch, on Mondays, Wednesdays, and Fridays from 3:30 to 5 p.m. and on Tuesdays and Thursdays, 7:30 to 8:30 a.m. Medical Center employees who work off the main campus should call the satellite office at extension 25959 for ticket information.

No tickets will be available after August 21. A Medical Center I.D. is required to make the purchase.

CIBA-GEIGY Endows

A new professorship to support osteoarthritis research has been established at Rush-Presbyterian-St. Luke's by the CIBA-GEIGY Corporation. The CIBA-GEIGY Professorship in Biochemistry, the 35th endowed chair at the Medical Center and the first funded by a major corporation, will support basic research in osteoarthritis research within the Department of Biochemistry.

"We have been impressed by the strength of the scientific work in biochemistry at Rush University," said Douglas Watson, president of the Pharmaceutical Division of CIBA-GEIGY Corporation. "This agreement will permit accelerated research into a disabling disease which affects millions while respecting the academic freedom a university must enjoy to be fruitful."

Under the agreement approved by the Trustees of the Medical Center, CIBA-GEIGY, a wholly owned subsidiary of CIBA-GEIGY Limited in Basel, Switzerland will make a contribution of $1 million to endow the chair at Rush and will provide additional support for the research effort for a three-year period.

"The pattern of relationships developed through this professorship may provide a model for other academic institutions seeking a way to fully maintain their independence while developing 'partnerships' with business and industry," said Medical Center president Leo M. Henikoff, M.D.

The Department of Biochemistry's relationship with CIBA-GEIGY has

Walking to fitness

You're never too old or too young for fitness as proven by children from Laurence Armour Day School who also walked on Illinois Employee Fitness Day.

In May, Medical Center employees put on their walking shoes and walked their way to fitness on Illinois Employee Fitness Day, a day proclaimed by Illinois Governor James R. Thompson to encourage employee fitness programs throughout Illinois. The event was sponsored by the Illinois Governor's Council on Health and Physical Fitness and co-sponsored by the American Heart Association.

Approximately 886 Medical Center employees walked, including the Medical Center choir who walked and sang. Children from Laurence Armour Day School also participated. Over 10,000 pieces of literature were passed out and $300 was donated to the American Heart Association.

Medical Center departments that helped coordinate the event were: safety, nursing, food and nutrition services, and the Employee Health and Fitness Program of Employee Health Service.
Chair for arthritis research

evolved slowly. In the early 80s, CIBA-GEIGY provided support for select arthritis research projects within the department. In 1985, the department established a graduate student training and industry-based visiting faculty program with CIBA-GEIGY. This program is providing Rush graduate students with a broader educational experience, exposing them to potential careers in industrial investigations and allowing them to use research equipment not available at the university.

To date, two graduate students have participated in the training program and two more students are scheduled for this year.

“We anticipate that the 1990s will see an increased interest in the study of arthritis, a disease that cripples a substantial portion of our society,” said Klaus E. Kuettner, Ph.D., the John W. and Helen H. Watzek Professor and chairman of the Department of Biochemistry, and professor, Department of Orthopedic Surgery, noting that this disease is directly responsible for numerous “lost-days-of-work,” causing a drain on society’s resources.

“If so, a special emphasis on research towards the understanding of the etiology of arthritis and the development of therapeutic tools to arrest them is only a question of time,” he said. “This is one of the reasons why the interaction between CIBA-GEIGY industry-based investigators and Rush basic and clinical researchers will facilitate, for example, clinical trials of new drugs or specific disease-oriented clinical studies to help the patient.”

The United Way/ Crusade of Mercy campaign ready to begin

1987 marks the centennial anniversary of the United Way/Crusade of Mercy’s continuing pledge of caring, sharing and helping in America. Through your support, this pledge continues. Last year, Medical Center employees gave more than $245,000, surpassing the campaign goal. This year’s Medical Center campaign is set for October 5-16 with a goal of $247,500.

Campaign co-chairmen for this year are: Douglas M. Silverstein, M.H.S.A., medical sciences and services; Mari D. Terman, M.M., utilization review; and Lawrence F. Layfer, M.D., internal medicine.

Wiessner named Employee of the Quarter

“Whether he is caring a family, tending a patient, conducting a PNS Senate meeting, or presenting the staff nurse perspective on a critical issue to the nursing council, Bill projects self-confidence, authority and enthusiasm.”

With those words of praise, William Wiessner, R.N., was named Employee of the Quarter for the first quarter of 1987. The award was announced by William J. Smith, assistant vice president, health care finance, during a luncheon in May.

Not only is Wiessner a staff nurse in the MICU on the night shift, he was also president of the Professional Nursing Staff and is currently assisting Rush nurse recruiters during the seasonal recruiting peak time.

Finalists for the award were: Phyllis Cross, special care nursery, Rolanda Flynn, ANCHOR-North/Sheridan and Betty Carpenter, graphic reproduction. Also announced at the luncheon was the Carol Stege Memorial Award winner—Jeffery Davis. According to housekeeping supervisors, Faye Jones and Harrison Bowman, “Jeffery in so many cases has exceeded what was asked of him. He takes pride in a job well done and it is not too often that he hasn’t done a job beyond expectations.”

We’d like to hear from you

Sharing your time...Helping others...Showing you care...volunteering.

If you are a Medical Center employee and volunteer outside the Medical Center—at a church, club, community center, human services agency—we’d like to hear from you. Please send your name, department, extension, where you volunteer, for how long, and why you decided to volunteer, to Mari D. Terman, M.M., co-chairman, Crusade of Mercy Campaign 1987, Room 631B Kellogg.

1987 Crusade of Mercy co-chairmen:
(1) Lawrence F. Layfer, M.D., Mari D. Terman, M.M., and Douglas Silverstein, M.H.S.A.

William Wiessner, R.N.

Jeffery Davis

NewsRounds, June/July 1987 3
Although 1986-87 was in some ways a tough year for Rush-Presbyterian-St. Luke's Medical Center, "we are beginning to see a turn-around in the institution, some of which may be a result of investments made over several recent years," said Leo M. Henikoff, M.D., Medical Center president, to the medical staff at its annual dinner in May.

In his annual report, Dr. Henikoff outlined the reasons for the projected turn-around. The $352,933,000 budget, which was reviewed and approved by the Trustees in June, is based on encouraging projections put together by each department. It reflects five key assumptions: an increase in the number of patient days and inpatient revenues; a 6.5 percent increase in revenue for outpatient activities; a 5 percent tuition increase; average Medical Center merit increases of 4 percent; and price increases of 5 percent on patient services.

Dr. Henikoff also reported on new facilities and equipment at the Medical Center, either completed or in the pipeline. These include: renovation of the labor and delivery rooms, neonatal units and obstetrical units; a network of interfacing computer systems called the Patient Care Information System; a new pediatric intensive care unit; a new linear accelerator; a whole-body imaging unit for nuclear medicine; another MRI with extended capabilities; and a guest house for use by inpatients, patients' families and other Medical Center visitors to be built at the corner of Ashland Avenue and Harrison Street.

Another highlight of the evening was the election of the following Medical Staff officers elected at the annual meeting before the dinner: James A. Schoenberger, M.D., president; Walter W. Whisler, M.D., president-elect; James L. Franklin, M.D., secretary; and David L. Roseman, M.D., treasurer.

Harold Byron Smith, Jr., chairman of the Board of Trustees, honored 37 Medical Staff physicians with service awards, calling them "people that reflect values that have been constant throughout our 150-year history—loyalty, faithfulness and excellence in patient care."

Leo M. Henikoff, M.D., Medical Center president, congratulates Willis G. Diffenbaugh, M.D., for 50 years of service at the Medical Center. Stanton A. Friedberg, M.D., also honored for 50 years of service, looks on.

The following members of the Medical Staff received awards for their years of service:

**55 YEARS**
Fred O. Priest, M.D., emeritus physician and professor, Department of Obstetrics and Gynecology.

**50 YEARS**
Willis G. Diffenbaugh, M.D., emeritus physician and associate professor, Department of General Surgery.
Egbert H. Fell, M.D., emeritus physician and professor, Department of General Surgery.
Stanton A. Friedberg, M.D., senior attending physician and professor, Department of Otolaryngology and Bronchoesophagology.
William F. Geitman, M.D., emeritus physician and associate professor, Department of Obstetrics and Gynecology.
Francis J. Gerty, M.D., emeritus physician and professor, Department of Psychiatry.

James W. Merricks, M.D., emeritus physician and professor, Department of Urology.

**45 YEARS**
Raymond M. Galt, M.D., associate attending physician and assistant professor, Department of Internal Medicine.

**40 YEARS**
Osmond H. Akre, M.D., emeritus physician and assistant professor, Department of Internal Medicine.
R. Gordon Brown, M.D., senior attending physician and associate professor, Department of Internal Medicine.
Joseph S. Haas, M.D., emeritus physician and professor, Department of Ophthalmology.

**35 YEARS**
Richard E. Buenger, M.D., senior attending physician, professor and chairman, Department of Diagnostic Radiology and Nuclear Medicine.
William S. Dye, M.D., consulting physician and emeritus professor, De-
Malachi J. Flanagan, M.D., (left), outgoing president of the medical staff, is presented with a gift of appreciation for time served as president by his successor, James A. Schoenberger, M.D.

The Department of Cardiovascular/Thoracic Surgery.

Peter J. Farago, M.D., lecturer, Department of Internal Medicine.

Rodney A. Jamieson, M.D., assistant attending physician and associate, Department of Internal Medicine.

Ormand C. Julian, M.D., Ph.D., emeritus physician and professor, Department of Cardiovascular/Thoracic Surgery.

John S. Long, M.D., senior attending physician and assistant professor, Department of Obstetrics and Gynecology.

Marshall J. Snapp, M.D., assistant attending physician and associate, Department of Internal Medicine.

Vivduds Medenis, M.D., visiting physician and assistant professor, Department of Internal Medicine.

Robert C. Muehrcke, M.D., consulting physician and professor, Department of Internal Medicine.

William H. Phelan, M.D., senior attending physician and associate professor, Department of Internal Medicine.

Milton Weinberg, Jr., M.D., senior attending physician and professor, Department of Cardiovascular/Thoracic Surgery.

25 YEARS

Barbara M. Backer, M.D., assistant attending physician and instructor, Department of Internal Medicine.

David W. Buck, M.D., associate attending physician and assistant professor, Department of Psychiatry.

Anthony Chung-Bin, Ph.D., senior scientist and associate professor, Department of Therapeutic Radiology.

Peter G. Economou, M.D., senior attending physician and assistant professor, Department of Internal Medicine.

Malachi J. Flanagan, M.D., senior attending physician and professor, Department of Urology.

Fred V. Gwyer, M.D., assistant attending physician and assistant professor, Department of Psychiatry.

John S. Hyde, M.D., senior attending physician and professor, Department of Pediatrics.

Clay H. Jones, Jr., M.D., senior attending physician associate professor, Department of Pediatrics.

Jerome I. Katz, M.D., assistant attending physician and assistant professor, Department of Psychiatry.

William Landau, Ph.D., associate scientist and associate professor, Department of Immunology/Microbiology.

Charles F. McKiel, Jr., M.D., senior attending physician, professor and chairman, Department of Urology.

Denes Orban, M.D., senior attending physician and associate professor, Department of Obstetrics and Gynecology.

Daniel J. Pachman, M.D., emeritus physician and professor, Department of Pediatrics.

George L. Perkins, M.D., emeritus physician and assistant professor, Department of Psychiatry.

Andrew Thomson, M.D., senior attending physician and associate professor, Department of Internal Medicine.
"The strength of this place is in its people—you are what Rush-Presbyterian-St. Luke's Medical Center is all about," said Leo M. Henikoff, M.D., Medical Center president, to the employees honored at the Founders Day President's Luncheon in Room 500 on May 12.

"The feeling that patients come first is embodied in all of you. I know that the feeling is there because patients write and tell me. They tell me about a friendly transporter, unparalleled nursing care, good food—which is also hot!—and many other things."

To honor employees who help provide around-the-clock care for patients, four separate events were held throughout Founders Day for all shifts: a breakfast for 5-year employees, an afternoon coffee hour for 10-year, the President's Luncheon for those with 15 or more years of service, and an evening reception for third-shift employees.

The Employee of the Year Award was presented to Jane C. Grady, M.A.T., director of the Laurance Armour Day School, a person Donald R. Oder, M.B.A., senior vice president of the Medical Center, called "the initiative queen." Grady has developed: day care for children off-campus, a child life program for pediatric inpatients, an afternoon after-school program for 6-13 year olds, and an 8-week summer camp that began in June—just to name a few of her projects.

Marcia Pencak, M.S.N., medical nursing, received the Alice Sachs Service Award for "being an invaluable asset to Rush-Presbyterian-St. Luke's Medical Center and contributing to its excellent reputation." Her work has involved helping 8 South nurses make clinical decisions, teaching a course for the College of Nursing; serving as past president of the Professional Nursing Staff and consulting directly with cardiac patients, their attending physicians and house staff officers.

Jo Ann Young, R.N., was awarded the James A. Campbell, M.D., Distinguished Service Award, an award for overall service to the Medical Center.
Community Service Award Winners

Employees honored For years of service

35 Years
Cora B. Archer
Elizabeth Barnes
Marlene Bicek
Delores S. Davis
Earnavie Grilli
Delores Hayes
Lucille Payne
Rochelle Prince

30 Years
Esther Alfirevic
Sara Dowell
Marie Easley
Kathleen Giles
Carolyn M. Helf
M. Jean Meredith
Lillie L. Morris
Barbara Rittmanic
Sandra Robertson
Ramond Rodriguez
Gwendolyn Scott
Lillie B. Smith
Lucyna Szymanski
Geraldine White
Ada L. Wicks
Romaine Q. Williams
Ronnie L. Williams
Ann Woulard

25 Years
Linda Belknap
Anatoly Bezkorovainy, Ph.D.
John Brown
Wilfred E. Buchanan
Pearlie M. Croom
Massoleet Echols
Robert C. Good
Barbara D. Harris
Leroy Irvin
Jessie H. Jones
Esther A. Kohlman
Susanne Liles
Georgia Martin
Ned W. Moore
Livia Murai
Earline V. Nichols

35 Years
Eloise Pernell
James E. Reed
Shirley D. Smith
Ota Thomas
Irene Turner
Elena Varanka

20 Years
Ethel M. Arnold
Ernestine Ashley-Goldson
Ruby L. Bailey
Crockett M. Bean
Pamela Berda
Ruby Berry
James C. Blair
Annie Bland
Margaret Bland
Betty J. Brooks
Jeanette Buffkins
Bonnie Byas
Michael Coleman
Deborah Connor
Richard L. Croxon
Dale Cumbo
Alice J. Elich
Mattie English
Phyllis A. Ferguson
Hattie B. Francis
Dewey Franklin
Susie Fuller
Carole Goosby
Willa M. Gray
Carol A. Hagemann
James Hawkins
Pearlie Henson
Luella Hill
Annie M. Holmes
Karen Hoppe
Alfonso Hoskins
Salah Husseini
Esther Jeffries
Rosetta Johnson
Irene Jones
Delores Kindle
Joanne D. Matthews
Vivian Mc Gill
Mary Mc Kie
Alzonia Mc Neely
Carl H. Morency
Antoinette Nathan

15 Years
Jonetta Neely
Perlene Norman
Ellen Plank
Leon Price
Elisa Ray
Daisy L. Robinson
Frances Ross
Julia M. Ross
Kristine A. Rossof
Vernice E. Sally
Lee E. Sanders
Maxine H. Scott
Floyd D. Sims
Frances Skeets
Carlene Smith
Laverne V. Sowers
Katherine Stewart
Oliver Street
Frances L. Thomas
Ida B. Washington
Kenneth White
Flora L. Wilkes
Juanita Williams
Marie L. Williams
Jerome Wilson
Betty Young

15 Years
Tanveer Ahmad, Ph.D.
Ann Anderson
Joseph B. Bacon
Mary J. Bacon
Annie M. Bell
Olivia M. Bennett
Julia M. Black
Vera L. Bojko
Rosie Brown
Leopoldo T. Calderon
Isabel R. Chacon
Luther P. Christman, Ph.D.
Lilian T. Cook
Vernia Crayton
Leila Denning
Diane M. Dussault
Susie Farmer
Josephine E. Favre
Josephine Folinazzo
Alicia T. Foster
Gregorio Gomez
Michelle L. Goodman

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Betty Graves
Gilbert Gray
Marie J. Guerrier
Brenda Handy
Marie C. Hankus
Brenda Harris
Willie R. Harris
Yvonne Harris
Lorraine F. Herndon
Bradley G. Hinrichs
Thomas J. Hoepner, Ph.D.
Peter Hoffmann
Lillian Humphries
Shirley D. Ivy
Larisa Jankunas
Wilma Jenkins
Barbara J. Johnson
Eugene T. Jordan
Joyce Keithley, D.N.Sc.
Paulette E. Klarin
Pervize V. Krishnayya
Lilly Kurian
Edmund T. Kurley
Carolyn E. Kurt
Lester Laney
Jeanette Leverett
Jane J. Llewellyn, D.N.Sc.
Marvin O. Madden
Deloris A. Manning
Margo Mansfield
Lillie M. McNutt
Judy J. McCann
Stephen O. Menzynski
Ollie R. Morrisette
Joseph A. Napolitano
Earnestine Newson
Anita L. Page
Donald R. Palmer
Thelma Patterson
Louie Perkins
Charinir Pitakskul
Bertha B. Ramos
Wilbur T. Raske
Inell Redding
Allen Rovick, Ph.D.
Joseph Schoenenberger, Ph.D.
Sophronia Scott
Emma M. Shelton
McKinley Smith
Beth K. Taheri
Margaret E. Tourville
Sarah Tucker
Robert M. Urban
Georgette Wadford
Suzanne W. Watt
Thomas J. Welsh, D.V.M., Ph.D.
Samuel L. Wheatley

**10 Years**

Christine Wilcher
Marylu Zaccardi
Maria T. Zajac
Teresita E. Zurbano

Thomas P. Bleck, M.D.
Vera M. Boyd
Delores K. Brown Johnson
Edna M. Brown
Laverne Bunch
Janet Bunn
Beverly Burge
Ann V. Cannon
Gregory Caple
Carole L. Carpenter
Leona Carter
Rosalind D. Cartwright, Ph.D.
Paul M. Carvey, Ph.D.
Felcisima R. Cedilla
Marie N. Chmelik
Reneta Chwalisz
Jesus J. Cisneros
Hope A. Clarke
Mary Colletti
Lionel Corbett, M.D.
Rev. James V. Corrigan
James C. Cox
Frankie B. Crockett
Phyllis J. Cross
Shirley M. Cullins
Linda Curry
Norine P. Cuyan
Candice L. D’Albani
Daryl E. D’Amato
Cheryl R. Dauro
Mira Davis

Vanessa E. Dean
Linda L. Deloney
Joanne M. Deptolla
Dolores A. Dixon
Marilyn B. Domingo
Steve E. Downing
Diane L. Downs
Maria A. Doyle
Karen Eberhardt
Lolita L. Espanol
Ann Espinosa
Marie Evitt
Michael D. Ewing
Carol L. Ferdon
Tina Field
Charles E. Flanagan
Darryl E. Ford
Yvonne M. Francis
Christine D. Frank
Judy B. Friedrichs
Eloise A. Gearring
Diane R. Genaze
Juanita Gerard-Woodson
Irene Gerona
Barbara Gobel
Diane Grayer
Susan Green
Valerie J. Grellner
Mary J. Guglielmo
Pamela A. Hagen
Rollyander R. Hall

Celebrating 35 years at the Medical Center are (from left): Cora Archer, Delores Hayes, Marlene Bicek, Delores Davis, Rochille Prince, Lucille Payne and Elizabeth Barnes.
Rush University
COMMENCEMENT 1987
A Sesquicentennial Celebration
Commencement 1987

Three hundred and forty-seven students received degrees from Rush University and five honorary doctor of humane letters degrees were conferred at the 15th annual commencement exercises, June 13, at Medinah Temple.

Recipients of the five honorary degrees were: the Honorable Dan Rostenkowski, Eighth Illinois Congressional District; Raymond C. Baumhart, S.J., president of Loyola University of Chicago; Arnold R. Weber, president of Northwestern University; Hanna Holborn Gray, president of The University of Chicago; and Stanley O. Ikenberry, president of the University of Illinois.

Four Trustee medals honored Rush Medical College graduates who currently hold professorships in Rush Medical College and who have given years of tireless support to the College and the Alumni Association of Rush Medical College.

Degrees were conferred by Harold Byron Smith, Jr., chairman of the Board of Trustees, and Leo M. Henikoff, M.D., president of the Medical Center and the University.

This year Rush conferred 112 doctor of medicine degrees, four doctor of nursing science degrees, and six doctor of philosophy degrees (five in immunology and one in anatomy).

One hundred and nine graduates received master of science degrees: 69 in nursing, eight in health systems management, seven in clinical nutrition, five in speech/language pathology, five in audiology, 14 in occupational therapy, and one in anatomy. Ninety-eight bachelor of science degrees in nursing were conferred and 18 bachelor of science degrees in medical technology.

More than 4,000 degrees have been awarded since the opening of Rush University in 1972.

Cover Photo

Erin O'Connell, R.N., with her aunt Nora McNicholas.

Honorary degree recipients (l-r) Arnold R. Weber, Ph.D., Stanley O. Ikenberry, Ph.D., the Honorable Dan Rostenkowski, Hanna Holborn Gray, Ph.D., The Reverend Raymond C. Baumhart, S.J., and Leo M. Henikoff, M.D.

(l-r) Frederic A. de Peyster, M.D., Stanton A. Friedberg, M.D., R. Kennedy Gilchrist, M.D., and R. Gordon Brown, M.D., received Trustee medals.
Rostenkowski Recommends a Careful Blend of Old and New

“It is not an easy time to be a healer. I admire you all for taking the plunge,” Commencement speaker Congressman Dan Rostenkowski told Rush University graduates. “From my perspective, modern medicine is better than ever, but public perceptions of medical personnel are not improving. Public expectations have outstripped the fast pace of medical miracles.”

But inroads are being made into unraveling current problems. “In the past few years, we’ve finally acknowledged that medicine is business and big business at that. But that,” Rostenkowski cautioned, “doesn’t mean we should put the people with green eyeshades in charge of everything.

“Your challenge in the years ahead lies in being flexible in terms of methods while remaining inflexible on the question of values. Many of the changes taking place have an inherent bias toward big bureaucracies that threaten to squeeze the human element out of medicine.

“We are celebrating the 200th anniversary of our American Constitution,” he said. “It seems to me that the genius of that document is its continuing relevance. It was written during an era when there were no telecommunications systems and transportation was primitive.

“Yet the rules it sets forth still govern us today. Similarly, I am confident that the rules you have been taught at Rush will provide good guidance—and serve our society well—despite the continuing rush of change in the world of health care.”

Congressman Rostenkowski has represented the Eighth Illinois Congressional District on Chicago’s northwest side for almost three decades. When first elected to the 86th Congress in 1958, he was the youngest member of the House. During his 28-year tenure in Congress he has held a number of leadership positions, including chairman of the House Democratic Caucus and the chief deputy majority whip. He has chaired several important House Ways and Means subcommittees concerned with taxation, trade, budgetary and health matters. Since 1981, Rostenkowski has been chairman of the House Ways and Means Committee.

Graduates
Following is a list of students* named to receive degrees at commencement exercises.

*Participants include students completing requirements from December, 1986, to December, 1987. The presence or absence of a student’s name does not certify that such a student is or is eligible to receive a degree from Rush University.

BACHELOR OF SCIENCE
MAJOR IN NURSING
Anne Armstrong
Bonnie Lee Artman
Alice Leigh Aubel
Jocelyn M. Averion
Alice Mary Bachop
Laura Natalina Baiocchi
Vicki Sue Becker
Michelle Piacentini Bernardi
B.A. Lawrence University
Gary Duane Bettenhausen
Marsha Kathleen Biggar
Heather Leanne Bily
Stacy J. Blitt
Maria Bouzoukis
Susan J. Brown
Sandra Ruby Bruner
Jean Louise Bryan
Laura Lee Cervenka
B.A. North Central College
Dora Maria Chavez
Sandra Kaye Connolly
Cathleen Mary Cregier
B.A. Northwestern University
Cynthia C. Danczuk
Karen Laurene Daniel
Robin A. DeBrie
Debra Ann DeCesare
Dana Elisabeth Dombrofski
Kathleen Ann Dombrowski
Lorna Jean Easterhouse
Diane G. Esposito
Debra Ann Foss
B.S. University of Illinois at Urbana-Champaign
Mae Merrill Foster
B.S. Wilberforce University
Ellen Alice Gnaedinger
B.A. Carleton College
Lydia Josefinia Gonzalez
B.S. University of Illinois at Urbana-Champaign
Kathleen Bridgit Gray
Laura Ann Gruzalski

NewsRounds, June/July 1987
Pamela Sue Gurley
X. Guadalupe Gutierrez
Patricia Ann Hallagan
Sarah Bartlett Head
B.A. Monmouth College
Jill Annette Downey Heaviland
Carolyn Wessel Helf
Jean Marie Hickey
Nancy Ann Hochstetter
Princess L. Ivy
April Lynn Jahns
Janet M. Jirowesk
Kris Sharon Johnson
Lorraine Marie Johnson
Mary Elizabeth Keough
Laurie Ann Kernwein
Carol Sue Kiefer
Carl Jonathan Kilduski
Debra Ann Klbecka
Thomas P. Koppes
Sherry F. Kostain
Sheri Jo Kruse
Peter A. Kubas
Susan Bernice Lazar
Kimberly Dorothy Lemberg
B.S. Elmhurst College
Mary Helen Lesnfsky
Terri Lyn Lozier
Pamela Maness
B.A. Hampshire College
Cathy Marszalear

Monica Ann Mastej
Lorene Ann McNeil
B.A. Wheaton College
Linda Diane Michaels
Jann Mico Miyamoto
James Phillip Naumie
B.S. University of Southern Colorado
Kathleen Marie Noonan
Erin Ann O'Connell
Marianne H. J. Pallman
B.A. University of California, Berkeley
M.A. McGill University
Daisy Lynn Perez
Richard Ward Perkins
Diane Perskawiec
Cheryl Sandra Przybylski
Anne Marie Rogers
Marvin A. Rossi
Gloria Jean Schlinger
Nancy Anne Shear
B.A. University of Illinois at Chicago
Jane Elizabeth Shirk
Kerstin Margareta Sluys
Carole Renée Smith
B.A. University of Wisconsin-Madison
Cindy Jolynn Spyker

Irene Ann Stemler
Gail Marie Sulski
Paula Tanabe
Amy Elizabeth Tappin
Veronica Margaret Toth
Wendy Adrien Tuzik
Jonlynn A. Waner
Heidi Lynn Warsager
Lisa Susan Wax
Carol Jane Wiens
Patricia Claire Wolf
Kimberly Joy Yandik
Nadine Michelle Yusim
B.A. University of Michigan-Ann Arbor
Gail Lynn Zelenka
B.S. University of Illinois at Urbana-Champaign

BACHELOR OF SCIENCE
MAJOR IN
MEDICAL TECHNOLOGY
Susan M. Alexander
B.S. The University of Wisconsin-Madison
Karen Elaine Bell
Kimberly Dionne Clemens

Abraham Mathew, M.D. (l) and Michael Arcamato, M.D.

College of Nursing undergrads (l-r) Sheri Kruse, Cindy Spyker, Carol Wiens, and June Shirk with their parents.

NewsRounds: June/July 1987
Joseph T. Bardzinski  
B.S.N. University of Illinois at Chicago

Sara Angela Barry  
B.S.N. Vanderbilt University

Ann M. Begy-Reda  
B.S.N. St. Xavier College

Kathryn Lee Blankenship  
B.S.N. Loyola University of Chicago

Dustine N. Bless  
B.S.N. Elmhurst College

Regina Brachmanski  
B.A. Loyola University of Chicago  
B.S.N. Northwestern University

Julie E. Bracken  
B.S.Ed. Chicago State University

Rita Allen Brennan  
B.A. Elmhurst College

Janet Duff Childs  
B.A. Wittenberg University

Tracy Ann Clemence-Haberkorn  
B.S.N. Marquette University

Cathleen Sweeney Clohisy  
B.S.N. Marquette University

Nancy Ann Cunningham  
A.B. The University of Michigan  
B.S. Mount Saint Mary College

Joanne Marie Cygan  
B.S. Loyola University of Chicago  
B.S.N. Loyola University of Chicago

Kris Christensen Davis  
B.S.N. Arkansas State University

Mary Schemper Denny  
B.S. Rush University

Carrie F. Dunne  
B.A. Monmouth College  
B.S. Rush University

Deirdre June Durbin  
B.S.N. Northern Illinois University

Patrice Mary Eberhardt  
B.S. Rush University

Donna Marie Errera  
B.S. Northeastern Illinois University

Theresa Christine Ertman  
B.S.N. St. Xavier College

Sally A. Evanko  
B.S. Northern Illinois University

Theresa Carrigan Frank  
B.S.N. Rhode Island College

Michele Marie Gaspar  
B.S. Loyola University of Chicago  
B.S.N. DePaul University

Nancy Carole Grandt  
B.S.N. University of Minnesota

Carol A. Grieco  
B.S.N. Elmhurst College

Nancy Eileen Harte  
B.S.N. Elmhurst College

Michael Kevin Hartnett  
B.S. Rush University

Barbara Anne Hartz  
B.S.N. University of Illinois at Chicago

Maureen Marcy Henehan  
B.S.N. St. Xavier College

Mary Martha Keegan  
B.S.N. Georgetown University

Patricia G. Kirkpatrick  
B.S. College of St. Francis

Karen M. Kopischke  
B.S.N. The University of Iowa

Patricia Renee Kotarinos  
B.S. Rush University

Paula Elizabeth Lamm  
B.S.N. Valparaiso Lamm

Pamela Landau  
B.S.N. The University of Iowa

Heidi Lindhorst  
B.S.N. Loyola University of Chicago

Nancy Sue Loftis  
B.S. Marion College

Darlene Janz MacKeller  
B.A. Concordia College  
B.S.N. Moorhead State University

Mark David Mattes  
B.S.N. University of Illinois at Chicago

Lisa D. McCarthy  
B.A. Clarke College

Claudia L. Monahan  
B.S.N. Indiana University

B.A. Purdue University

Vida Neufeld  
B.S.N. Fort Hays State University

Dianne K. Nora  
B.S.N. Marquette University

Joyce Marie O'Toole  
B.S.N. Marquette University

Catherine L. Pacholski  
B.S.N. The University of Iowa

Lisa Hartle Pape  
B.S.N. University of Pittsburgh

Patricia A. Patterson  
B.S. Northern Illinois University

Mark Alan DeMar  
B.S. University of Illinois at Urbana-Champaign

Kevin Patrick Doherty  
B.S. University of Notre Dame

Thomas John Filiak  
B.A. University of Notre Dame  
M.Th. University of Notre Dame

Lynn Marie Gorniak  
Suzanne R. Graves

Charu-Lata S. Kant  
Joyce Catherine Kerchner  
B.A. Monmouth College

Adam W. Kowalewicz  
Eileen Patricia McNulty

Donna Marie Potocki  
B.S. Loyola University of Chicago

Diane M. Sanchez  
Ellen Louise Santoria

Sylvia Georgina Segura  
Janice Lynn Spohn

James Joseph Terry

**MASTER OF SCIENCE**  
**MAJOR IN NURSING**

Rachel Leah Abramson  
B.A. The University of Pennsylvania

Anita Adele Alexander  
B.S.N. University of Cincinnati

Connie J. Alley  
B.S.N. The University of Michigan

Lidia M. Andruszyn  
B.S.N. DePaul University

**Medical technology graduate Kimberly Clemons explains her commencement message to fellow classmate Kevin Doherty.**
Mario Vasquez Paulino  
B.S.N. Loyola University of Chicago

Pamela Lynn Rohrer  
B.S. Northwester University

Laura E. Santana  
B.S. Rush University

Mary Ann Schick  
B.S.N. Marquette University

Susan Mount Schreiber  
B.S.N. Valparaiso University

Carol Marion Schriedel  
B.S.N. Northwestern University

Linda G. Schroeder  
B.S.N. University of Illinois at Chicago

Laurie Caryn Siegel  
B.S. Boston University

Lori D’Arco Silver  
B.S.N. Loyola University of Chicago

Donna Lynn Singer  
B.S.N. University of Illinois at Chicago

Suzanne M. Stanford  
B.S.N. University of Illinois at Chicago

Judith Kyle Svancarek  
B.S.N. St. Xavier College

Joane Dukto Wachs  
B.S.N. Hunter College of City University of New York

Holly Noel Watson  
B.S.N. Elmhurst College

Pamela R. Weiner  
B.A. Lawrence University

Linda Given Welch  
B.S. College of St. Francis

Susan A. Wodzin-Gatziosi  
B.S.N. University of Illinois at Chicago

MASTER OF SCIENCE  
MAJOR IN AUDIOLOGY

Gail Seiler Belus  
B.S. Eastern Illinois University

Lori A. Braun  
B.A. University of Denver

Karen Judith Dean  
B.A. MacMurray College

Lata A. Krishnan  
B.Sc. University of Mysore

Maureen L. Spretnjak  
B.A. St. Xavier College

MASTER OF SCIENCE  
MAJOR IN CLINICAL NUTRITION

Julie Ann Dockendorff  
B.S. University of Illinois at Urbana-Champaign

Trudi Ann Fercence  
B.S. The Ohio State University

Carolyn Anne Lammersfeld  
B.S. Bradley University

Valerie L. McIntyre  
B.S. California Polytechnic State University

Laura Louise Nelson  
B.S. University of Arizona

Patricia Ann Strelka  
B.S. Mount Mary College

Monica J. Woolverton  
B.A. University of California, Santa Barbara

MASTER OF SCIENCE  
MAJOR IN  
HEALTH SYSTEMS MANAGEMENT

Jennifer V. Czapiewski  
B.S. University of Notre Dame

Ruth Ann Forgue  
B.S.N. Loyola University of Chicago

Rick Homan  
B.S. University of Illinois at Chicago

Jana Lynn Jones  
B.S. The Pennsylvania State University

Susan Carole Kilburg  
B.B.A. Loyola University of Chicago

Daniel Kromelis  
B.S. University of Illinois at Urbana-Champaign

Karl Andrew Matuszewski  
B.S. University of Illinois at Chicago

Suzanne Joan Waite  
B.S.N. Loyola University of Chicago

MASTER OF SCIENCE  
MAJOR IN  
OCCUPATIONAL THERAPY

Ralph A. Adams  
B.A. Loyola University of Chicago

Dee Alsbreg  
A.B. University of Illinois at Chicago

Mary JoAnne Andree  
B.S. Wayne State University

Ester W. Burnell  
B.A. University of Denver

Taisa Alexandra Halibey  
B.A. Lake Forest College

Kathleen L. Kadlec  
B.B.A. Loyola University of Chicago

Christine Lynell Muchna  
B.S. Illinois Benedictine College

Therese Sullivan Powers  
B.S. University of Puget Sound

Patricia Michelle Regan  
B.A. Illinois Benedictine College

Regina Nadine Robertson  
B.S. Loyola University of Chicago

Alma Limjuco Tan-Torres  
B.S. University of the Philippines

Todd O. Thorsen  
B.S. Millikin University

Marilyn J. Walstrom  
B.S. University of Minnesota

MASTER OF SCIENCE  
MAJOR IN  
SPEECH/LANGUAGE PATHOLOGY

Susan Cooke Blehart  
B.S. University of Minnesota

It was a busy weekend for nursing undergraduate Jann Miyamoto and Rush Medical College graduate Wade Wernecke, M.D.  
Graduation on Saturday, their wedding on Sunday.
Kathleen Shanks
B.S.N. The State University of New York at Buffalo
M.S.N. The State University of New York at Buffalo
Dissertation: “The meaning of the physical environment of individual rooms to residents of long-term care facilities”

Jane Ellen Tarnow
B.S.N. DePaul University
M.S.N. St. Louis University
Dissertation: “Psychosocial adjustment and depressive symptomatology in coronary artery bypass patients”

DOCTOR OF MEDICINE

Nils Anderson
B.S. University of Illinois at Chicago

Beverly Joyce Anderson-Cuellar
Michael Aldo Arcomano
A.B. Columbia University

Carol Ann Barrette
B.A. The University of Chicago

Eric Hubertos Benink
B.S. Southern Illinois University at Carbondale

Jane Ellen Billeter
B.S. University of Illinois at Urbana-Champaign

Michael S. Birndorf
B.S. University of Illinois at Urbana-Champaign

Betsy Jo Bittman
B.S. College of St. Catherine

Peter Franklin Bornstein
B.A. The Johns Hopkins University

Melanie Marie Brandabur
B.S. University of Illinois at Urbana-Champaign

Michelle Debra Bricker
A.B. University of California, Berkeley

David J. Brockman
B.S. University of Illinois at Urbana-Champaign

Diane Marie Butterfield
B.A. University of Notre Dame

Jack Victor Carlisle
B.S. University of Illinois at Chicago

Pamela Mary Cawley-Donlan
B.S. University of Illinois at Urbana-Champaign

KwanHo Chong
B.S. Knox College

Jonathan Samuel Cohen
A.B. Grinnell College

Maureen Cooper
B.S. University of Illinois at Chicago

Mark Anthony DeSilva
B.S. University of Notre Dame

Christopher J. DeWald
B.A. Knox College

Catherine D. Deamant
B.A. Northwestern University

Kirk Matthew Druey
B.A. Stanford University

Susan Payne Etheridge
B.A. Knox College

Paul Keith Feldman
B.A. Southern Illinois University at Carbondale

Anit Dolores Ponce de Leon Ford
B.S. University of Illinois at Chicago

James Earl Frame
B.S. Bradley University

Kim Gaitskill
A.B. Sarah Lawrence College

Gregory Steven Garbin
B.S. The University of Chicago

Beth Lurie Ginsburg
B.S. University of Illinois at Chicago

Robert Samuel Goldberg
B.A. The University of Chicago

Mitchell Goldman
B.S. Northern Illinois University

Ron Y. Goldstein
B.S. The University of Wisconsin-Madison

Cynthia Lauren Gould
B.A. The University of Chicago

John Ernest Hipskind
B.S. University of Illinois at Urbana-Champaign

David Paul Hockett
B.A. Knox College

Bert Stephen Hodous
B.A. Washington University in St. Louis

Kathleen Suzanne Hornung
B.A. Saint Olaf College

Nancy Ann Bulka
B.A. St. Xavier College

Ginny DeCarlo-Erickson
B.A. St. Xavier College

Geralyn Shallercross Kendall
B.S. Illinois State University

Lisa Elaine Rooney
B.S. Miami University

DOCTOR OF NURSING SCIENCE

Pamela Muhm Duchene
B.S. Olivet Nazarene University

M.S. Northern Illinois University

Dissertation: “Pain and biofeedback”

Sandra Lynn Granstrom
B.S. North Park College

M.S.N. Loyola University of Chicago

D.Min. Chicago Theological Seminary

Dissertation: “A comparative study of loneliness, Buberian religiosity and spiritual well-being in cancer patients”

Jane Rooney
B.S.N. The State University of New York at Buffalo

M.S.N. The State University of New York at Buffalo

Dissertation: “The meaning of the physical environment of individual rooms to residents of long-term care facilities”

DOCTOR OF MEDICINE

Nils Anderson
B.S. University of Illinois at Chicago

Beverly Joyce Anderson-Cuellar
Michael Aldo Arcomano
A.B. Columbia University

Carol Ann Barrette
B.A. The University of Chicago

Eric Hubertos Benink
B.S. Southern Illinois University at Carbondale

Jane Ellen Billeter
B.S. University of Illinois at Urbana-Champaign

Michael S. Birndorf
B.S. University of Illinois at Urbana-Champaign

Betsy Jo Bittman
B.S. College of St. Catherine

Peter Franklin Bornstein
B.A. The Johns Hopkins University

Melanie Marie Brandabur
B.S. University of Illinois at Urbana-Champaign

Michelle Debra Bricker
A.B. University of California, Berkeley

David J. Brockman
B.S. University of Illinois at Urbana-Champaign

Diane Marie Butterfield
B.A. University of Notre Dame

Jack Victor Carlisle
B.S. University of Illinois at Chicago

Pamela Mary Cawley-Donlan
B.S. University of Illinois at Urbana-Champaign

KwanHo Chong
B.S. Knox College

Jonathan Samuel Cohen
A.B. Grinnell College

Maureen Cooper
B.S. University of Illinois at Chicago

Mark Anthony DeSilva
B.S. University of Notre Dame

Christopher J. DeWald
B.A. Knox College

Catherine D. Deamant
B.A. Northwestern University

Kirk Matthew Druey
B.A. Stanford University

Susan Payne Etheridge
B.A. Knox College

Paul Keith Feldman
B.A. Southern Illinois University at Carbondale

Anit Dolores Ponce de Leon Ford
B.S. University of Illinois at Chicago

James Earl Frame
B.S. Bradley University

Kim Gaitskill
A.B. Sarah Lawrence College

Gregory Steven Garbin
B.S. The University of Chicago

Beth Lurie Ginsburg
B.S. University of Illinois at Chicago

Robert Samuel Goldberg
B.A. The University of Chicago

Mitchell Goldman
B.S. Northern Illinois University

Ron Y. Goldstein
B.S. The University of Wisconsin-Madison

Cynthia Lauren Gould
B.A. The University of Chicago

John Ernest Hipskind
B.S. University of Illinois at Urbana-Champaign

David Paul Hockett
B.A. Knox College

Bert Stephen Hodous
B.A. Washington University in St. Louis

Kathleen Suzanne Hornung
B.A. Saint Olaf College
Gregory Michael Hrasky
B.A. Saint Louis University

Thomas Richard Hurley
B.S. University of Illinois at Urbana-Champaign

Kathleen H. Johnson
B.S. University of Illinois at Urbana-Champaign

Diane Melene Jundanian
B.A. Lewis University

George James Kallins
B.S. University of California, Los Angeles

Kent Thomas Kamradt
A.M. University of Illinois at Chicago

Paul Anthony Karazija
B.A. Augustana College

Janice Marie Krakora-Looby
B.S. Michigan State University
D.V.M. Michigan State University

Benita Kruzel
B.S. University of Illinois at Chicago
M.S. University of Illinois at Chicago

John Eugene Langenfeld
B.S. South Dakota State University
B.S. University of South Dakota

Paul Evans Later
B.A. The University of Chicago

Kathryn Ann Lemmerman
A.B. Princeton University

Susan Lynn Letchinger
B.S. Northwestern University

Frederic Evan Levy
B.S. University of Illinois at Urbana-Champaign

Mark Allen Levy
B.A. Amherst College

James T. Link
B.A. Northwestern University

Laurie Sue Lipman
B.A. University of Chicago

Jeffrey Mark Lisowski
B.S. University of Notre Dame

Brian Keith Locker
B.S. University of Illinois at Urbana-Champaign
M.S. University of Illinois at Urbana-Champaign

Steven Mark Malkin
B.S. University of Illinois at Urbana-Champaign

Dean Alan Manus
B.S. The University of Michigan

Frederick Robert Martin
B.A. University of Miami

Abraham Mathew
B.S. Northeastern Illinois University

Susan Berney Maurer
B.S. The University of Iowa

Suzanne Imherr McMannis
B.S. Colorado State University

Mary Lou Meengs
B.S. Kansas State University

Menachem M. Meller
B.E. The City College of New York
M.E. The City College of New York
M.Phil. The City University of New York
Ph.D. The City University of New York

Helen R. Minciotti
B.S. Loyola University of Chicago
B.A. Loyola University of Chicago
M.S. Northwestern University

Louis Ciaccia Montana
B.S. University of Illinois at Urbana-Champaign

Catherine Marie Monti
B.S.N. Loyola University of Chicago

Michele Debra Morrison
B.S. University of Illinois at Chicago

Joan Carol Murray
B.S. University of Illinois at Urbana-Champaign

Timothy Erin Napier
B.S. Southern Illinois University-Edwardsville

JoAnn Marie Olsen
B.A. Northwestern University

Thomas Ying-Chung Pang
B.S. University of Illinois at Urbana-Champaign

Guy Joseph Petruzelli
B.S. St. Louis University

Raymond Leonard Pierce
B.A. Loyola University of Chicago
B.S. Loyola University of Chicago

Gregory Mark Prince
B.A. The University of Chicago

Nicholas Gerard Recchia
B.S. Loyola University of Chicago

Frank Angelo Reda III
B.S. Northern Illinois University

Maureen Seeley Richards
B.S. DePaul University

Fred Richardson, Jr.
B.S. Loyola University of Chicago

Karl Malone Rogers
B.A. College of the Virgin Islands
M.S.Hyg. University of Pittsburgh

Steven Elliott Ryan
B.A. University of Illinois at Urbana-Champaign

{lr} Maureen Spremjak, M.S., audiology, Susan Blehart, M.S., speech/language pathology, and Karen Dean, M.S., audiology.
John Arthur Sahs
B.S. University of Illinois at Urbana-Champaign

Alan Bart Sandler
B.S. University of Toledo

Jay Ira Sandlow
B.S. University of Illinois at Urbana-Champaign

Michael Lee Savitt
A.B. The University of Michigan

Robert Paul Schayer
B.S. University of Illinois at Urbana-Champaign

Lisa Schiller
B.A. Swarthmore College

David John Schleicher
B.A. Wheaton College

Glenn James Schultes
B.S. Iowa State University

David Nathan Schwartz
B.A. Carleton College

Mark William Sebastian
A.B. The University of Michigan

Christine Hak Shih
B.S. University of Illinois at Chicago

Teresa Jayne Siebeneck
B.S. University of Dayton
M.S. University of Dayton
M.B.A. The University of Chicago

Faith Stahl-Sarfarazi
B.A. Augustana College

Laura Steffen
B.S. Millikin University
M.S. University of Illinois at Chicago

Virginia Anne Stowell
B.A. Northwestern University

Lucy Elizabeth Suwarsa
B.S. University of Trisakti

Gabor Csaba Taganyi
B.S. Loyola University of Chicago

Neil Jay Thomas
B.S. The University of Iowa

Tim Joseph Vega
B.A. Illinois Wesleyan University

Thomas Lee Waidzunas
B.S. Loyola University of Chicago

Veronica Ann Walter
B.S. Loyola University of Chicago

Gary Edward Waters
B.S. University of Illinois at Chicago

Randall Todd Weingarten
B.S. University of Illinois at Urbana-Champaign

Mitchell Ross Weisberg
B.S. University of Illinois at Urbana-Champaign

Wade Carl Wernecke
B.A. Illinois Wesleyan University

Mark Alan Wiechert
B.A. Knox College

Mark Dale Wiederhold
B.S. Northeastern Illinois University
Ph.D. University of Illinois at Chicago

Susan Wilcoski
B.A. The University of Chicago

Michael Bruce Wohlfeiler
B.A. University of Arizona
J.D. University of Arizona

Daniel Jude Yousif
B.S. University of Illinois at Chicago

Steven Clement Yuill
B.S. Northern Illinois University

Anne Bonaventura Zielinski
B.A. The University of Chicago

DOCTOR OF PHILOSOPHY

Lisa Marie Anselmino
B.S. St. Mary's College
Dissertation: "IgG-mediated enhancement of antigen-stimulated histamine release from human basophils"

Susan Lee Bara
B.S. Barry College
M.S. University of Notre Dame
Dissertation: "The effects of bound complement on the susceptibility of tumor targets to macrophage-mediated cytotoxicity"

Marion Everett Couch
B.S. Michigan State University
Dissertation: "Reversible alteration of tumor cell surface glycoconjugate expression and metastatic behavior by 13-cis retinoic acid"

Michael Thomas Michalek
B.S. University of Notre Dame
Dissertation: "A model membrane system to study the effects of sialic acids on activation of the alternative pathway of human complement"

Guy Joseph Petruzelli
B.S. St. Louis University
Dissertation: "Factors affecting survival of developing motorneurons"

Gail Susan Williams
B.S. Oregon State University
B.S. University of Oregon Medical School
M.S. University of Health Sciences
The Chicago Medical School
Dissertation: "Assessment of chemiluminescence, accessory cell function, and arachidonic acid metabolism by human peripheral blood monocytes separated by counterflow centrifugal elutriation"
1987 AWARDS

Alpha Omega Alpha Honor Medical Society
Undergraduate membership is extended to medical students who give promise of becoming leaders in the field of medicine. Members of the Rush Medical College Zeta Chapter are:

Jane Ellen Billeter
Pamela Mary Cawley-Donlan
*Kirk Matthew Druey
Mitchell Goldman
*Thomas Richard Hurley
*Susan Lynn Letchinger
Mark Allen Levy
*Catherine Marie Monti
*JoAnn Marie Olsen
Alan Bart Sandler
Faith Stahl-Sarfarazi
Michael Lee Savitt
*David Nathan Schwartz
*Maureen Seeley Richards
*Mark William Sebastian
Neil Jay Thomas
*Randall Todd Weingarten
Daniel Jude Youis
Steven Clement Yuill
*Students installed as members in 1986

Gamma Phi Chapter

Members inducted in the Gamma Phi Chapter in 1987 are:

Gail M. Sulski
Paula Tanabe
Jonylynn A. Waner

Sigma Theta Tau—The National Honor Society for Nursing—Gamma Phi Chapter
Membership is extended to undergraduate and graduate nursing students who demonstrate outstanding academic achievement and commitment to the ideals and purposes of the profession. Members inducted in the Gamma Phi Chapter in 1987 are:

Heather L. Bily
Cathleen M. Cregier
Dana Elisabeth Dombrofski
Ellen A. Gnaedinger
Jill A. Downey Heaviland
Janet M. Jirousek
Thomas P. Koppes
Susan B. Lazar
Mary H. Lesnfsky
Monica Ann Mastej
Marianne H. J. Pallman
Sandra Ruby Bruner
Terri L. Stone

Graduate Nursing
Lidia M. Andruszyn
Kathryn L. Blankenship
Dustine N. Bless
Julie E. Bracken
Laurel Bransky
Nancy Cunningham
Kris A. Davis
Patrice M. Eberhardt
Donna Marie Errera
Sally A. Evankoe
Susan Wodzien-Gatziolis
Tracy Ann Haberkorn
Mary M. Keegan
Karen M. Kopischke
Patricia Kotarinos
Pamela Ellen Landau
Jane Ann Lange
Darlene MacKellar
Dianne K. Nora
Catherine L. Pucholski
Patricia A. Patterson
Lisa Radville
Jacquelynn Tillett

Holly Noel Watson
Linda Given Welch

The Nathan M. Freer Prize endowed in 1892, is given to the outstanding senior medical student as voted by the faculty—Catherine Marie Monti

The Henry M. Lyman Memorial Prize endowed in 1908, is given each year to a junior medical student for outstanding work as voted by the faculty—Mark Thomas Loafman

The Ciba-Geigy Award for outstanding community service by a sophomore medical student—Hyun Il Kim

The David Peck Prize for the student who has made the greatest contribution to the Student National Medical Association—Beverly Joyce Anderson-Cuellar

The Dayton Ballis Humanities Award to a Rush Medical College student for academic excellence in the humanities related to medicine—Jonathan D. Hart

The Lemmon Company Student Award to the graduating medical student who has excelled in the study of obstetrics and gynecology as demonstrated by excellence in scholarship and concern for patients—Brian Keith Locker
The Arthur Dean Bevan Award to the graduating medical student who has demonstrated clinical and academic excellence in surgery—Steven Clement Yuill

The Sir William Osler Pathology Prize to the medical student who has demonstrated outstanding achievement in diagnostic or experimental pathology—Carol Ann Barrette

The Undergraduate Cardiology Prize to the graduating student who has had the best performance in a cardiology elective course—John Eugene Langenfeld

The James B. Herrick Internal Medicine Award to the graduating student who has demonstrated outstanding achievement in internal medicine—David Nathan Schwartz

Samuel G. Taylor III Prize to the graduating student who has demonstrated excellent achievement in medical oncology—Mark Dale Wiederhold

The Nephrology Award from the Muehrcke Family Foundation to the medical student who has demonstrated outstanding achievement in the field of nephrology—James Joseph Rydel

The Department of Family Practice Award to the graduating student who has demonstrated academic excellence in family medicine—Jane Ellen Billeter

The Sandoz Award to the graduating student who has demonstrated outstanding achievement in the field of psychiatry—JoAnn Marie Olsen

The Upjohn Achievement Award to the senior medical student with the best research project—Mark Dale Wiederhold

The Janet M. Glasgow Memorial Award of the American Medical Women’s Association to the female student who graduates first in the class—Susan Lynn Letchinger

The American Medical Women’s Association Scholarship and Achievement Citations—Pamela Mary Cawley-Donlan, Catherine Marie Monti, Maureen Seeley Richards, Virginia Ann Stowell

Rush-Presbyterian-St. Luke's Nurses Alumni Association Award for the outstanding undergraduate nurse—Cathleen Mary Cregier

Clinical Award to the undergraduate nursing student who has consistently demonstrated outstanding clinical performance—Karen Laurene Daniel

Community Service Award to the undergraduate nursing student who has made significant community service contributions—Dana Elisabeth Dombrofski

Gerontology Award to the undergraduate nursing student who has demonstrated excellence in gerontological nursing—Mary Ann Bohaty

Professional Organization Award to the undergraduate nursing student who has demonstrated outstanding involvement in professional organizations resulting in relevant contributions to the nursing community—Irene Ann Stemler

Special Project Award to the undergraduate nursing student who has demonstrated outstanding creative and original work as evidenced by a course project—Kerstin Slayes

Writing Award to the undergraduate nursing student who has demonstrated outstanding scholarly and/or creative writing—Marie H. J. Pallman

College of Nursing Dean’s Award to an Undergraduate Student for superior academic achievement in the undergraduate nursing program—Cathleen Mary Cregier

College of Nursing Dean’s Award to a Graduate Student for superior academic achievement in the graduate nursing program—(To be announced at end of summer quarter)

The Golden Lamp Society Award presented to an outstanding doctoral nursing student for research and scholarship—Sharon Frueh

The Kellogg Scholarship Award to a Doctoral Nursing Student for superior academic achievement—Nanci Mac Lazar

College of Health Sciences Dean's Award to an Undergraduate Student for outstanding academic performance by an undergraduate student—Jana Lynn Jones, Lata A. Krishnan

College of Health Sciences Dean's Award to a Graduate Student for outstanding academic performance by a graduate student—Janet Monti, Pallman

The Graduate College Award for excellence in research among students enrolled in The Graduate College—Susan Lee Bala

The Department of Health Systems Management Award to the outstanding graduate student as selected by the faculty—Frederick Homan

The Audiology Award to the outstanding graduate student as selected by the faculty—E. Cooke Blehert

The Bernard R. Pennington Memorial Award for excellence in pastoral serv-
ice as selected by the faculty in the Department of Religion and Health—Mary L. Altenbaumer, Alan E. Bowman, Roma K. Stewart, Robert M. Voskuhl

The Occupational Therapy Faculty Award to the outstanding graduate student who has demonstrated a balance of scholarship, humanitarianism, integrity and professional commitment as selected by the faculty—Dee Alsberg

The E. Virginia Pinney Award endowed in 1985, is given to a graduate student who has demonstrated outstanding leadership potential in the profession of dietetics—Julie Ann Dockendorff

The Aesculapius Award for the outstanding resident-physician as voted by the students—Jeffrey Nelson, M.D., Resident, Department of Internal Medicine

The Daniel Brainard Award for the outstanding teacher in the basic sciences as voted by the students—Alexander Templeton, M.B.S.S., Professor of Pathology

The Phoenix Award for the outstanding physician-teacher as voted by the students—Lawrence Goodman, M.D., Assistant Professor of Internal Medicine

College of Nursing Undergraduate Faculty Award for the outstanding faculty member as voted by the senior students—Joan Voluz, M.S., R.N., Assistant Professor of Operating Room and Surgical Nursing

The David Peck Prize recipient Beverly Anderson-Cuellar, M.D., flanked by her daughter Jamiela Posey, and son-in-law Kevin Posey, Sr., holding 15-month-old Kevin, Jr.
Alumni Reunion Weekend

Throughout the Commencement Weekend, alumni from Rush Medical College and the College of Nursing returned to the Medical Center to get reacquainted with classmates at teas, banquets and receptions. Fifty 1937 Rush Medical College alumni and more than 200 nursing alumni returned for the Sequicentennial festivities.

Class of 1930 alumnus Leonidas H. Berry, M.D., a medical pioneer in gastroenterology and endoscopy, was named the 1987 Distinguished Alumnus by the Alumni Association of Rush Medical College. Dr. Berry spent most of his medical career, which spans more than half a century, in the Chicago area. He was chief of the endoscopy service at Cook County Hospital and organized and chaired the division of gastroenterology at Provident Hospital.

Among his accomplishments are: the invention of the Eder-Berry Gastro-biopsy Scope, the first direct-vision suction instrument used to remove diseased stomach tissue for microscopic examination, and, in the 50s, the development of an innovative city-wide program, called "The Berry Plan," made up of medical counseling clinics for the prevention and follow-up care of young drug users. In 1977, he received the Rudolph Schindler Award, the highest honor bestowed by the American Society of Gastrointestinal Endoscopy.

Rush Medical College '37 alums: Irving J. Crain, M.D. (l) and Alexander Gralnick, M.D.

Presbyterian Hospital School of Nursing alums (l-r) Naidene Kinney, R.N., Maxine (McCormick) Simonds, R.N., and Julia (Den Herder) Gray, R.N.

Here's to the class of '37! Distinguished Alumnus Award recipient Leonidas H. Berry, M.D., with his sisters Geraldine Berry (l) and Gladys (Berry) Yates.
Meet the Graduates

Rush University’s 347 graduates came from all over the United States and some from overseas—and dispersed in as many directions following commencement, each grad following a different career path. Some continued their educations through residencies, advanced degrees or research; others went to work, applying what they had learned to patient care or administrative positions.

Although we can’t tell you about all the graduates, we’d like you to meet a few of them here.

Jonathan Cohen

The past, plus prevention, can lead to possible future solutions in medicine for Rush Medical College graduate Jonathan Cohen, M.D. Dr. Cohen, a strong believer in applying what you learn as quickly as possible, has combined his undergraduate degree from Grinnell College in physical/medical anthropology with an interest in preventive medicine throughout his medical school career.

These interests and beliefs led him to a study of attitudes among his fellow medical school classmates during the first year and into intercity schools during his second year to teach health education classes, through programs sponsored by the Department of Preventive Medicine.

But, it wasn’t until his third year that his interests were combined. Dr. Cohen, along with 12 other medical students, participated in a program which took them to Nepal for five weeks to operate a clinic and conduct public health surveys in a small mountain village named Hadanga.

The program was co-sponsored by Johns Hopkins University and the Woodland Institute. Two physicians, one American and one Nepali, accompanied the students.

"We flew to an airfield in the Irun Valley, the only flat spot for miles, and then hiked for five days to the village," Dr. Cohen says. "It was quite an entourage—the physicians and students, six Tibetan translators, 40 porters and a cooking staff of five."

Dr. Cohen found that, as in other underdeveloped countries, malnutrition and gastrointestinal disorders are big health problems in Nepal. Of interest to him was all the physical trauma that the students treated in the clinic. "The Nepali, who usually go barefooted, think nothing of carrying loads as much as they weigh up and down the Himalayas."

Dr. Cohen, the physician, points to a high incidence of smoking among the Nepali as a contributor to all the pulmonary problems they saw in the clinic. Dr. Cohen, the medical anthropologist, found it interesting that the Nepali build their huts without smokestacks and that the smoke from the indoor fires provides another contributing factor.

"Everything in the village is made out of readily available materials (wood, mud). The Nepali told me that the smoke acts like a creosote and waterproofs the huts. The smoke also reduces insect problems within the hut," he says. "So, you see, if we showed them how to build smokestacks, we could create additional, and possibly worse, problems."

"Nepal is one of a few countries in the world that has never been colonized or conquered," Dr. Cohen observes. "The existing culture has remained relatively intact for years. For centuries, the local "medicine man" has served as the family physician. A villager with an acute appendicitis has a four-to-five day hike to the nearest regional hospital."

Dr. Cohen feels that his experiences in Nepal will hold him in good stead in later years. "I would ultimately like to pursue a career in health care policy making and medical ethics," he says.

Dee Alsberg

Dee Alsberg wasn’t a water babe. In fact, she really didn’t overcome her fear of water until she was 32.

Now she’s a swimming teacher. "When my own children took swimming lessons, it inspired me to enroll in a course myself," explains Alsberg, a 1987 Rush College of Health Sciences grad in occupational therapy.

That was a little more than seven years ago. "The hardest part was getting started. I was really afraid to put my face in the water, but this time I was determined. I forced myself to do it," Alsberg says.

After she learned basic breathing and water techniques, it took her six months of practicing four times a week to feel comfortable in a pool.
She's been teaching ever since. Her "specialty" is giving beginning swimming lessons to adults, especially those who are afraid of the water.

"Those who are afraid have never been able to swim and they're embarrassed about it," Alsberg says. "I let them know it's all right to not know something they have never been taught.

"The most difficult thing," she adds, "is to teach students to have confidence in themselves."

But she's able to do it.

By the end of 10 weeks, her students can usually float, do the backstroke and swim the length of the pool.

"It's very fulfilling for me to help someone overcome a fear," Alsberg says. "I get a lot of personal satisfaction from helping people add one more thing to the list of things they can do independently."

One of her graduates has even become interested in master's swimming, a competitive program for those over 25 years old.

Alsberg herself enjoys swimming for the exercise and recreation. The pool at McGaw YMCA of Evanston is exactly four-and-one-half minutes from her house, and it's a route she travels almost daily. At one point her studies forced her to become just a weekend swimmer, but that didn't last long.

"I just couldn't do without it (swimming during the week)," Alsberg explains. "So I decided it was worth the special effort to get up at dawn and get to the pool before classes. It's a great physical outlet for me. It gives me 20 minutes of exercise and 20 minutes alone with my thoughts."

**Michael Michalek**

Michael Thomas Michalek has the kind of face that seems made for wide grins. And it's very likely he's been doing a lot of grinning these days.

First of all, he recently completed his Ph.D. in immunology. And he already has a job. In fact, for the last three months he has been doing research in antigen-presenting cells under Nobel prize winner Baruj Benacerraf, M.D., at the Harvard Medical School.

Michalek enjoys research and hopes to find a position in either an academic or industrial setting where he can "stay at the lab bench" and also teach. "I like to teach," he says. "I like to get people asking questions about what I'm telling them and then get them to understand difficult concepts."

Another reason for Michalek's good humor is that he is finally at the stage in his career where he can start putting his "life back together again" after years of rigorous academic work and part-time jobs. His wife, Tricia, has been working hard, too: she recently finished law school after working for several years in Boston and Chicago as a social worker.

Putting life back together for the Michaleks means finding positions in their respective fields and settling down somewhere in the East near their families and the beauty of the New England coast, which they both love. "Tricia and I have taken frequent trips to Maine—we love to sit on the rocks and watch the ocean."

Even though the years of study were not easy, Michalek managed to have fun throughout. He especially enjoyed sports, particularly rugby, which he took up during his undergraduate years at Notre Dame University. Although rugby had to be neglected during his years in Rush's Graduate College, Michalek plans to play it again in the near future.

As a temporarily transplanted Easterner with flexible allegiances, he missed no opportunity to "needle" his Chicago friends and co-workers about the changing fortunes of rival sports teams, such as the New York Giants and the Chicago Bears. He admits, rather sheepishly, to a growing affection for the Chicago Cubs but adds, "I don't know why!"

Another pastime that has amused Michalek since college, and one that is now beginning to present storage problems, is mug collecting. He now owns about 75 mugs, all representing significant places or events in his life. And despite the fact that his glass-fronted display case at home is crammed, he promises to add a Rush sesquicentennial mug to his collection.
Carolyn Helf

When you're 50-years-old, have been a full-time, second shift registered nurse for the past 30 years, a part-time nursing student taking classes and performing field work the past four years, a mother of four with two children still at home and a wife, each day is potentially exhausting, irritating and exhilarating. The woman living this virtually nonstop existence sums it all up when she says, "I hated every minute of it, but I also loved every minute."

Carolyn Helf, R.N., is a 1957 diploma graduate of the Presbyterian Hospital School of Nursing, who after 26 years as a Presbyterian-St. Luke's Hospital assistant head nurse, head nurse, medical nursing supervisor and a float nurse, enrolled in the College of Nursing to earn a bachelor of science degree with a major in nursing. "I needed to do this for my self-image," Helf said, "or I'd never have done it. I would have finished a B.S.N. in 1957 if I'd had any idea there would be such an emphasis on college prepared nurses."

After 30 years of varied patient experience, it's hard to believe that Helf's skills needed brushing up, but she admitted to polishing both her technical and theoretical skills. "I learned a great deal about why I'm taking blood pressures, heart rates, respirations and temperatures and what those factors indicate about the patient." But more importantly, Helf said, "I know a great deal more about the entire patient and how my art applies to the whole patient, how it touches on many more things than their illness. It touches on their family, their entire milieu, their substance as a human being. Before, my original tendency would be to treat a patient and a disease. Now I recognize the implication of a patient's illness on everything—sex, marriage, relationships with children, and the community.

The pressures of her rigorous schedule often stretched Helf to her limits and placed her, her family and co-workers under tremendous stress. "It's been hard on everyone," she said. "I coped with the help of both my families—my husband and children and the people in the hospital who encouraged me and made allowances for my schedule and behavior."

Always a dedicated and caring professional, Helf feels that school has given her an added dimension. "I react to patients culturally in a different way," she said. "I accept them in a different light. I know there's a human in that bed that may be totally opposite from me but that makes absolutely no difference. The patient is as he or she is, and that's what is important." The baccalaureate program, she says, "has made me feel more capable of dealing with patients."

Helf plans some time off after completing her studies and before pursuing a master's degree. What will she do in the interim? "Clean house, catch up on correspondence, go to movies, go out to dinner, and read bestselling spy and mystery novels," she said with anticipation.

And how does Helf compare her 1957 graduation with the 1987 version? "I was proud to be a nurse then and I'm proud now," she said, "but now I will feel this is my profession, that I'm a nurse, not a doctor's assistant."

Guy Petruzzelli

"I'm someone who needs to see the results of my work quickly," says Guy Petruzzelli, explaining why he spent three years working part-time as a carpenter while completing research studies for a Ph.D. degree. In June Petruzzelli received the first Ph.D. bestowed by the Department of Anatomy as well as an M.D. degree from Rush Medical College.

"Our research involved trying to answer basic questions about the development of the spinal cord," Petruzzelli says. "It was a long-term study, which was a little frustrating. So I started doing carpentry work, which let me see results right away."

Petruzzelli already had some carpentry experience, having worked in a lumber yard in Chicago during summers in college. But, still, he says he started small, paneling basements and installing ceiling insulation.

"The biggest job I ever did was a major gut job for Dr. Ray Seale, from the Department of Anatomy. We remodeled his kitchen. It took us about five weeks to take out all the walls, floor, and ceiling. We rewired the place and ran new plumbing lines. It looked gorgeous when we finished."

Gutting his own bathroom in 1986 was Petruzzelli's last remodeling job. "Once I started the clinical part of my medical education, I didn't have time for carpentry. And once I was doing more hands-on kind of work in medicine, I didn't miss it as much."

In the future, Dr. Petruzzelli will be putting his remodeling skills to good use. He leaves Rush to go to the University of Pittsburgh for an internship in general surgery and a residency in otolaryngology/head and neck surgery.
Marcia Beth Hargreaves
Barbara A. Harris
Cheryl L. Harris
Sara R. Hasson
Betty J. Haywood
Carmen Henrickson
Lenora Hester
Joan K. Himber
Julius C. Hinton
Patricia Holden
Lydia Horne
Delores Houston
Jerriann Husak
Richard J. Ida
Lance Irby
Judith A. Jaglin
Thomas A. Jendro
Johnnie M. Jenkins
Bobbie J. Johnson
Cassell Johnson
Edna M. Johnson
Joan Johnson
Loretta Johnson
Mamie D. Johnson
Lorita R. Jones
Jean C. Jorjorian
Gary Kaatz
June Kaiser
Raymond L. Kaplan, Ph.D.
Nancy L. Kasos
Delores Kelly
James E. Kirk
Kevin P. Kissane
David A. Klodd, Ph.D.
Louise Ko
Elena Kokkino
Mary E. Kosinski
Abigail M. Kristt
Noreene T. Lanuti-Shader
Deborah P. Lece
Mariliny C. Lelliott
Siri L. Lester
Susan J. Liscich
Vincent S. Livery
Donette E. Loefgren
Genevieve M. Logan
Patsy V. Lonie
Delores M. Lopez
Frank D. Lucas
Priscilla A. Lynch
Eva K. Macklin
Martha E. Maclain
Nancy J. Mac Mullen
Margaret Markosek
Clare F. Mason
Mary L. Mastro
Ruby L. Matthews
Ellen L. Maxson
Maria A. Mc Kinnie
Luther McClain
Veronica McGowan
Minnie McMath
Martha Medina
Antonio Mendez
Caroline Mendez
Walter Menning
Judy M. Meyers
Kathryn L. Michelini
Richard P. Mikosz
Delores Miller
Katherine Mitcham
Melvin J. Moore
Barbara M. Myklebust
Judith Nelson
Ronald A. Nemecek
Maris V. Nora, Ph.D.
Mary B. O'Donnell-Weiss
Mary B. O'Holleran
Louise T. O'Neill
Rosa Ocasio
Richard Odwazny
Rolando M. Pagsiihan
Annamarie V. Parreella
Randolph Portlock
Lawrence A. Potempa, Ph.D.
Demetrius Preston, Sr.
Demetra Provenzano
Louis R. Ptak
Alfred F. Pucci
Sharon L. Quale
Sofronio Q. Ramirez
Jan M. Ray
Jerome A. Reese
Robin Reynolds
Harvey L. Richardson
Elizabeth M. Rick
Eva M. Roberson
Nathaniel S. Roberts
Teresa Roberts
Sharon E. Robinson
William R. Rodriguez
Susan Rozek
Loretta Rusky
Lupe Sanchez
Richard M. Schillo
Jan L. Schmidt
Catherine E. Shed
Bonita Shivranga
Frances L. Smith
William T. Snedden
Jean Sorrells-Jones, Ph.D.
Diane C. Sowa
Diane M. Sperling
Katherine A. Stasek
Kathleen R. Stear
Odise B. Steward
Maria R. Stonikas
Kathy S. Styczen
Helen K. Suzuki
Caroline Tanner, M.D.
Louis T. Tenta, M.D.
Maurice Thomas
Patricia K. Thomas
Barbara J. Thompson
Victoria H. Thompson
Edith Timmons
Emmanuel Tojong
Yvonne V. Turpin
Pearlene Valladay
Wanda Varnadore
Maria E. Vasquez
Rosario R. Villacin
Saifi Vohra
Jery Walker
Mary Warfield
Alan W. Weinstein
Orzella M. Wells
Barbara J. Wener
Movita White
Doris Whitehead
Annie Williams
Atlanta Williams
Bill M. Williams
Lou E. Williams
Ray B. Williams
Mary L. Wise
Francis S. Wong
Susan M. Zak
Lourdes L. Zurbano

From left: Members of the finance department: John Brown, Josephine Folinazzo, and Robert Good. Brown and Good have been with the Medical Center for 25 years; Folinazzo for 15 years.

5 Years
Aimee D. Adams
Doris F. Adams
Pradeep K. Aggarwal
Thelma H. Aguda
Robert E. Aiello
Juanito D. Alanes
Anita A. Alexander
Joan Allan
Mary Allyson
Steven N. Anderson
Patricia J. Ariel
Gregory C. Armstrong
Rochelle S. Armstrong
Tharrie L. Armstrong
Elia A. Arvizu
Gloria A. Atkinson
Margaret S. Augustine
Valerie Austin
Gwendolyn J. Baker
Denise M. Barnes
Florence M. Barnes
Deide L. Barnicle

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Judith Barone
Michael F. Basch, M.D.
Kim M. Bauer
Sharenne Bearden
Jeanine Beckett Sparks
Cynthia Bell
Effie L. Bennett
Jan A. Benson
Laura Benton
Susan S. Bernal
Robert Bolton
Cynthia K. Bouffard
Leann Bowes
Berton Braverman, Ph.D.
Kathleen A. Bredael
Georgia M. Brown
Janice E. Brown
Morris C. Brown
Robert W. Brown
Roslyn A. Brown
Susan A. Brown
Barry Brumfield
Andrew M. Bryant
Linda J. Buch
Tony F. Buchta
Mark R. Burke
Lynese L. Burks
Jill M. Burman
Katrina J. Burnett
Peter W. Butler
Marsha L. Byndom
Naomi Byrd
Beverly A. Cameron
Christie P. Cannon
Jeanette M. Cannon
Jean M. Carlson
Robert E. Carpenter
Idella Carr
Virginia H. Carr
Victoria S. Carroll
Richard W. Casey
Elane Chalmers
Anna M. Chamberlain
Sharon M. Chestnut
Rajababu Chigrupatni
Harold Christopher
Bonnie E. Ciolek
John M. Clancy
Latricia L. Cloud
Johnny Coffee
Idella Coleman
Mattie M. Coleman
Eddie L. Collins
Susan Colon
Reginald Cornelious
Jeanne M. Corns
Leigh A. Costello
Barbara E. Covert
Stephanie Covington
Cynthia H. Cox
Margarita G. Cream
Mary T. Crowe
Jeanette S. Cunningham
Andrew Currie
Debra Daly-Gawenda
Irene P. Danohey
Theodore F. Daniel
Debra L. Danielson
Nijole M. Dargis
Diane R. Daudell
Steven R. Daugherdy
Angela A. David
Matie B. Davis
Richard E. Davis
Susan I. Davis
Scott M. Erwin
Janine C. Espejo
Lori A. Esser
Alegría Estrada-Bacero
Theresa R. Fahey
Ruth A. Fiedler
Ann Fields
Kim C. Fischer
Jean A. Flaws
Timothy J. Flesch
Felicia J. Flowers
Karen M. Foley
Joan L. Foulk
Ida B. Fountain
Denise P. Fowler
Luke J. Fowler
Sandra L. Frank
Carl C. Fraterrigo
Frank Frey
Mary K. Gumbel
Glenda J. Gurley
Enrique Gutierrez
Rona J. Guyton
Veronica R. Hafele
Joan E. Hahn
Shermayne D. Haimann
Almeda Hamlin
Samir D. Hanna
Marion Harmon-Parilla
Bobbie J. Harris
Sharon L. Harris
Jane P. Hawes
Mary C. Hayduk
Kara L. Hayter
Gwendolyn E. Hellum
Richard Hendrix
Sandra M. Henricksen
Eva M. Hernandez
Fernando Hernandez
Karen G. Herr
David A. Hetzler
Gloria A. Hinderer
Diane Landon Hoffman
Patricia C. Holben
Robert L. Holder
Emerson Holmes
Gregory Holmes
Cynthia B. Hughes
Patricia B. Hurst
Robert A. Infanti
Twanta D. Ingram
Larry J. Irving
Angela M. Jaobi
Denise S. James
Michael Janikowski
Imelda Jean-Pierre
Mirko Jelinek
Betty J. Johnson
Marcia B. Johnson
Oscar Johnson
James E. Jones
Phyllis A. Jones
Leroy C. Jordan
Paula A. Joseph
Michael Kade
Jean C. Kane
Li-Chiung Kao
Naomi Kelly
Paul D. Kempinski
Cheryl A. Kennedy
Eugenia J. Kennedy
Irene Kenny Murray
Gary E. Kester
Judy Key
Michael A. Kidd

Jan Ray, 10 years
David Hetzler, 5 years
Orzella Wells, 10 years

“The strength of this place is in its people—

Vivian M. Davis
Mary Anne De Antonio
Angela M. De Meeo
Pamela S. De Vaughn
Alan R. Debaugh
Robert J. Delaney
Laura Devine-Jacob
Paola M. Dí Domenico
Sandra J. Digs
Dawn M. Diner
Anthony M. Disalvio
Deborah K. Dix-Sheldon
Wilma J. Dixon
Sylvia Dobberstein
Arcilla Dobynes
Eileen Doherty
Walter Dombrowski
Dorothy Dorris
Deborah Drozd
Joana A. Drutis
Mercedes Ebenau
Joseph L. Egyud
Scott P. Elget
Laura R. Enzbrenner
Katherine A. Fuit
Arthur Gaddam
Trudy A. Gardner
Gloria Garrison
Debra Gatewood-Hall
Christine M. Gavrin
Ma L. Gerio
Gale E. Geschrey
Maureen T. Gibbons
Dolly A. Giddens
Monica M. Gilmore
Dorothy Glenn
Janet C. Glick
Abe F. Goldbaum
Kenneth L. Gooden
Norma L. Gordon
Joy Gossiwiller
Dianne Grace
Bernice Gray
Katharine A. Green
Sharron G. Greenwood
Mark W. Groch
John J. Guido
Barbara C. Gulczynski

10 NewsRound, June/July 1987
you are what Rush-Presbyterian-St. Luke's Medical Center is all about” —
Leo M. Henikoff, M.D.
Medical Center president

Heriberto Z. Montes
Lucille A. Moody
Dwayne D. Moore
Lucy R. Moore
Mary Moore
Gregory J. Mores
Debra A. Mossman
Maureen E. Mulryan
Roseanne R. Musil
Carlene Nance
Dorothea A. Narcisi
Jorge Negrete
Ernestine Nelson
Hazel Nelson
Deborah E. Newell
Thu A. Nguyen
George A. Nigro
Mary Ninan
Vergia L. Noble
Dianne K. Nora
Maureen R. Nugent
Erin M. O’Hern
Mariflor A. Ortiza
Rebekah Ott

Gerald C. Pierre-Louis
Carol J. Pomering
Leeverta Pomlee
Diane Porter
Carol A. Post
Laura J. Predl
Mona D. Price
David Prochazka
Roger L. Pugh
Daine L. Quinn
Gilbert D. Rabuco
Pamela Raft
Mila Ramos
Janet L. Rankin
Jacqueline Rasmussen
Judge Reed
Lisa E. Reichard
James M. Reichhart
Nancy M. Rettinger
Gary L. Reynolds
Karen M. Rezabek
Bill Richert
Charlene L. Rider
Jolene L. Rietfort

Orlando Rios
Velma L. Roberts
John A. Robertson
Alphonso L. Robinson
David A. Robinson
Dorian R. Robinson
Herbert Robinson
Virginia A. Robinson
Aida G. Robles
Maritza Rodriguez
Pamela L. Rohde
Atea S. Rome
Ada Rosado
William Rose, Ph.D.
Mary J. Rozanski
Deborah A. Ryan
Henry S. Sadlowski
John R. Sadowski
Slawomir M. Sadkowski
Marcia Sagan
Catherine M. Salomon
Linda J. Sandell, Ph.D.
Dianne M. Sanford
Daniel Santiago
Gail D. Sarnat
Suzanne M. Savoy
Maureen T. Scanlon
Bruce A. Scarlino
Cathy L. Shenk
Owen D. Schipplein
Carol A. Schlesinger
Nancy L. Schreiber
Vicki D. Schreiber
Linda J. Schulz
Audrey J. Scislowicz
Clarola Scott
Tanja L. Scott
Tracy V. Scott
Leora M. Sebek
Eloisa T. Seli
Donald R. Serbin
Brant A. Sermner
Patricia A. Sheehy
James W. Shelton
Linda J. Shelton
Bridget Shepherd
Suzette Y. Shepherd
Susan Shott, Ph.D.
Michele T. Shubitowski
Dorothy L. Shumate
Mariclaire A. Silverman
Carolyn J. Simek
Richard Simmion
Sharon L. Simms
June Simon
Leslie L. Simonton, M.D.
Cover: upper right, clockwise, Alegria Bacerdo, R.N., 5 years; Dale Combo and Ida Washington, 20 years; and Bobbie Harris, 5 years.
Corridor views

What were you doing during the “great earthquake” of ’87?

Pamela Devaughn, payroll—I was sitting under the dryer at my hairdresser’s when my chair started to move. It lasted for just a few seconds. No one else in the shop seemed to notice. Later, when I mentioned it to a friend he said that we’d had an earthquake. I was sure he was just kidding until I heard the news that night.

William Flynn, payroll—My wife and I were sitting at the dining room table when the floor started moving. I thought the furnace had been turned on because there is a slight vibration when that happens. But this was stronger and then it only lasted a few seconds.

Jean Pierre Minniti, Medical Center engineering—I was in the basement around 7 p.m., loading the washer when I noticed that the platform that the machine sits on shifted. But the machine wasn’t even on. It lasted just a few seconds so I didn’t think much about it until I heard we had an earthquake.

Cynthia Dilworth, diagnostic radiology—I was at work and didn’t even know it happened until I heard the people I work with talking about it.

Emil Laukes, volunteer services—I was at home watching TV when all of a sudden something moved me. It was pretty strange because I moved but my chair didn’t. I felt another slight shake a few seconds later and that was it.

Grace Quiroga, physical medicine and rehabilitation—I was having dinner with my parents when I noticed that my chair started to tremble, then the jars in the kitchen pantry started to shake. I felt kind of dizzy myself but it was a strange feeling, like I was dizzy just on the inside.

Marcia Sheridan, R.T., nuclear medicine—I heard about it when I was having dinner with my family that night. They were talking about an earthquake and I was surprised when they said it happened here. My sister’s fence fell down. Maybe it happened because of the quake, but I think it was because the fence was old.

Al Lay, Medical Center engineering—I was watching my son on his new tricycle. He’s just two-and-a-half and was having quite a time trying to pedal. He even fell off but it wasn’t because the sidewalk moved or anything like that. It seemed like a quiet night.
Rush people

RPSLMC Appointments

Barbara Barut, data center operations, has been appointed administrator of the Information System Network. She will be responsible for operational activities and support provided by data communications within the Data Center.

Previously, Barut was a technical consultant. She received a B.A. in business administration with a minor in computer systems from the University of Toledo in Ohio.

David Bliss has been appointed administrative assistant, Ambulatory Care Services. Bliss assumes administrative responsibilities for Emergency Services and Employee Health Services.

Since 1985, Bliss has been the administrative assistant for the section of medical oncology at the Medical Center. Before that, he served for two years as administrative assistant for the Department of Molecular Biology at Northwestern University Medical School.

Bliss holds a B.S. and an M.B.A. from the University of Illinois and an M.S.W. from the University of Chicago.

Appointments

Hassan Najafi, M.D., cardiovascular-thoracic surgery, has been elected president of the Chicago Surgical Society.

Frederick D. Malkinson, M.D., dermatology, was reappointed to the executive committee of the Dermatology Foundation.

Jules E. Harris, M.D., internal medicine, has been appointed chairman of the public relations committee of the American Society of Clinical Oncology.

Angela Jacobi, M.N., R.N., I.B.C.L.C., ob/gyne nursing, has been reappointed position citations editor with a regularly featured column, “From the Journals,” in The Journal of Human Lactation.

Kim Litwack, Ph.D., R.N., O.R./surgical nursing, has been appointed contributing editor of the Journal of Post-Anesthesia Nursing.

Jo Ann O'Reilly, M.A.R.S., Beth Burbank, M.T.S., and Carol Temming, D. Min., religion and health, have been appointed to the program committee for Women's Gathering (women involved in pastoral care and counseling), Association of Clinical Pastoral Education.

Linda Hodo, M.B.A., training and organizational development, has been named chairman of the Training and Development Committee, Human Resource Management of Chicago.

Lawrence W. Lazarus, M.D., psychiatry, has been named president-elect of the American Association for Geriatric Psychiatry.

Meetings


Frederick D. Malkinson, M.D.; Roger W. Pearson, M.D.; and Amy S. Paller, M.D., dermatology: hosts, Chicago Dermatological Society meeting, Chicago.


Roger W. Pearson, M.D., dermatology: annual meeting, American Dermatological Association, Honolulu, Hawaii, and NIH accreditation site visit, Jefferson Medical College, Philadelphia, Pennsylvania.


Carl Davis, Jr., M.D., emeritus, general surgery: Central Surgical Association meeting, Louisville, Kentucky; and the Society of Surgery of the Alimentary Tract meeting, Chicago.


James L. Cavanaugh, M.D., psychiatry; Orest E. Wasyliw, Ph.D.; Linda S. Grossman, Ph.D.; and Eric Ostrov, J.D., Ph.D., psychiatry/psychology and social sciences: panel members, “Psychometric Test Strategies for Forensic Assessments,” 39th annual meeting, American Academy of Forensic Sciences, San Diego, California.


Margo Mansfield, M.A., OTR/L; Heide Schlatter, OTR/L; and Barbara Rodriguez, OTR/L, psychiatric occupational therapy: American Occupational Therapy Association national conference, Indianapolis, Indiana.

Anita Pace, psychiatric occupational therapy: “Strategies for Success,” Women Employed, Chicago.

Barbara Rodriguez, OTR/L, psychiatric occupational therapy: moderator, National Conference Report, Mental Health Special Interest Service meeting, Chicago.


Speeches/Lectures/Presentations


Anna N. Perlberg, C.S.W., A.C.S.W., social services, J.R.B. (James Full, Westside V.A. Medical Center and Carol Killish,
President of the Chicago Area Chapter of Alzheimer's Disease and Related Disorders Association, co-presenters): "Interorganizational Planning to Develop an Alzheimer's Day Care Center in Chicago," annual meeting, American Society on Aging, Salt Lake City, Utah.

Gloria Lipkin, ANCHOR: panel member, meeting of the Chicago Area, Women in HMO, Chicago.

Marjorie M. Rosenbaum, M.D., dermatology: "The Skin You're In and How to Live With It," adult education evening course, Francis W. Parker School, Chicago.


Amy S. Paller, M.D., dermatology/pediatrics: "Graft vs Host Disease," University of Arizona Health Science's Center, Tucson, Arizona; "Advances in Dermatology," Cook County Graduate School of Medicine symposium, "Advances in Family Medicine," Chicago.


Yolanda T. Adler, M.D., diagnostic radiology and internal medicine; Roland A. Tolliver, D.P.M., Sheridan Road Hospital; Dean S. Stern, D.P.M., orthopedic surgery; and Mark E. Fruin, M.D., diagnostic radiology and nuclear medicine: exhibit, "The Radiological Evaluation of the Painful and/or Deformed Foot," annual meeting, American Roentgen Ray Society, Miami Beach, Florida.


Michael A. Counte, Ph.D., and Gerald L. Glandon, Ph.D., health systems management: "Preliminary Findings of a Panel Study of Elderly Health Beliefs and Behavior," Annual Governor's Conference on Long-Term Care, Chicago.

Robert Brewer, M.D., Rush Occupational Health Centers, and Denise M. Oleksa, Ph.D., health systems management: "An Epidemiologic Evaluation of the Injury Experience of Automotive Parts Workers," Great Lakes Center for Occupational Safety and Health and the College of Medicine, University of Illinois at Chicago.

Jules Harris, M.D., internal medicine and immunology/microbiology: "The Non-Hodgkin's Lymphomas: Diagnosis and Management" and "The Use of Interferon in the Management of Human Malignant Disease," University of Ottawa, Canada.

Robert Rosen, M.D., internal medicine: discussion leader on scleroderma and the lungs, as part of symposium entitled "Recent Research in Scleroderma," Scleroderma Foundation of Greater Chicago, Michael Reese Hospital and Medical Center, Chicago.


Margaret M. Von Dreele, Ph.D., R.N., medical nursing and physiology: "Upper Abdominal Aortic Flow in Newborn Rats," Federation of American Societies for Experimental Biology, Washington, D.C.


Thomas P. Andriacchi, Ph.D., orthopedic surgery: "Musculoskeletal Dynamics: Locomotion and Clinical Application," 61st annual meeting, New York Orthopaedic Hospital Alumni Association and the inauguration of the New York Orthopaedic Hospital Research Laboratory, New York City.


The Medical Center's team tied with 11 others for 29th place, but everyone had fun.

On your mark, get set...GO
For the first time, the Medical Center participated in the Crain's Corporate Sports Battle, a day-long series of athletic events, held at the University of Illinois on June 27. Forty-one Chicago-area companies sent 20-member teams to compete in track, basketball, swimming, volleyball, and other events, with proceeds benefiting the Better Boys Foundation. The winning team, from Arthur Andersen & Co., won a trip to Florida to compete in the national finals.

At left: Meredith Conn, M.A., R.D., River City Medical Center, leads off in the kayak race. Above: Medical Center staff provided medical care for all the athletes. Charles Marth, A.T.C., affiliated trainer, Sports Medicine Program, helps a contestant with a sprained ankle.
Festival of Arts
see page 8
It's now Rush North Shore Medical Center

The sign at 9600 Gross Point Road in Skokie now reads Rush North Shore Medical Center—the result of a new corporate affiliation between Skokie Valley Hospital and Rush-Presbyterian-St. Luke's.

More than 400 attended rededication ceremonies on Sunday, August 9, at which the re-naming of the Skokie Valley facility as Rush North Shore Medical Center was formally announced. The program was also broadcast over the hospital intercom system and many patients sat at their windows to watch the outdoor festivities on the hospital grounds.

Representing Rush-Presbyterian-St. Luke's were Harold Byron Smith, Jr., chairman of the Board of Trustees, and Leo M. Henikoff, M.D., president; and from Skokie Valley Hospital, Leonard Berlin, M.D., chairman of the Board of Trustees, and Peter W. Butler, M.H.S.A., who was introduced to the community as the new president of the Rush North Shore Medical Center.

Citing keener competition among medical facilities and changes in utilization of and payment for health care, Dr. Berlin explained that “our trustees decided that it was in our best interest to merge our hospital with another larger, more comprehensive health care system.

“We saw in Rush-Presbyterian-St. Luke's the ideal candidate for merger: medically prestigious, financially sound, technologically comprehensive, educationally and scientifically oriented, humanitarily managed... What we saw, we liked. What we liked, we wanted. What we wanted, we arranged. And what we arranged was a merger.”

Dr. Henikoff noted that the leadership of both institutions “have concurred on the importance of local control of operations in a community-based hospital. There will be an exchange of trustees between Rush and Skokie and several layers of governance will be developed.

“We jointly plan to introduce new programs and new levels of care at Skokie,” Dr. Henikoff added. “But whether we are talking of old or new programs, the one invariable must be quality and the commitment to quality must govern all of our decisions and their implementation.”

“There will be no stronger bond to unify our efforts than a common dedication to the welfare of the patient,” said Smith. “And it is that reaffirmation which I bring to you today from your new colleagues at Rush-Presbyterian-St. Luke's.”

Butler, who had previously served as associate vice president for finance at Rush-Presbyterian-St. Luke's, emphasized that “we are... rededicating ourselves to what has always been our mission—to serve the health care needs of the community. It is my dream that citizens of Skokie and surrounding communities will always think of us as the leader in accessible, highly personal, high quality, cost effective health care.”

Established as Skokie Valley Hospital in 1963, the facility has 218 patient beds (plus 24 bassinets), a medical staff of 370 and 256 registered nurses. Patient admissions for the 1986 fiscal year totaled 6,601.

The new affiliation agreement maintains separate medical staff bylaws for Rush-Presbyterian-St. Luke's and Rush North Shore. However, department chairpersons in selected specialties at Rush North Shore will have Rush faculty appointments and also serve as associate chairpersons in the respective departments of Rush Medical College.

Many of the clinical activities to be developed at Rush North Shore require not only internal planning, but also approval by the Illinois Health Facilities Planning Board. Programs expected to be established in the next 12 to 18 months include inpatient psychiatry services and a heart catheterization laboratory. Plans also call for closing all inpatient facilities at Sheridan Road Hospital and consolidating with inpatient care at Rush North Shore.

Other clinical programs, including open heart surgery, will be evaluated for implementation at the earliest possible date. It is also expected that referral relationships will be strengthened between Rush-Presbyterian-St. Luke's and the facility in Skokie.
Tell the kids what you learned during their summer vacation

Have you ever wondered how Chicago public schools got their names? Wonder no more if your children attend any of five elementary schools or two Chicago high schools named after six Rush Medical College faculty members and one alumnus. The Rush physicians were honored both for their medical contributions to Chicago and the nation and for their civic spirit.

<table>
<thead>
<tr>
<th>School Location</th>
<th>Physician Achievements</th>
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<tbody>
<tr>
<td>3814 N. New England</td>
<td><strong>Physician Achievements</strong></td>
</tr>
<tr>
<td><strong>Norman Bridge, M.D. 1844-1925</strong></td>
<td>A man of diverse interests, Bridge was a Rush Medical College graduate who later became professor emeritus of medicine at his alma mater. Besides teaching and writing six medical books, he earned a fortune as an oil developer, which he generously shared with Rush Medical College and numerous philanthropic institutions. Bridge also was president of the Chicago Board of Education in 1882-83.</td>
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<tr>
<td>5600 W. Iowa</td>
<td><strong>William H. Byford, M.D. 1817-1890</strong></td>
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<td>Byford held the chair of obstetrics and diseases of women and children at Rush in 1857, and helped found the Chicago Gynecological Society. He performed the first stomach operation (1871) and the first ovariotomy (1872) in Chicago. As an organizer of The Woman’s Hospital Medical College of Chicago, Byford made it possible for women students who had been barred from other medical schools to receive medical training.</td>
<td></td>
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<tr>
<td>3014 W. 39th Pl.</td>
<td><strong>Nathan S. Davis, M.D. 1817-1904</strong></td>
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<tr>
<td>Davis, a Rush Medical College professor of physiology, pathology, clinical medicine and the theory and practice of medicine, is known as the “Father of the American Medical Association” for his efforts in founding the AMA. He also influenced Chicago’s cultural and medical future by helping to found Mercy Hospital, Chicago Medical College (now Northwestern University Medical School), the Chicago Academy of Sciences, the Chicago Historical Society and the Chicago and Illinois Medical Societies.</td>
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<tr>
<td>1120 S. Wallace</td>
<td><strong>Christian Fenger, M.D. 1840-1902</strong></td>
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<tr>
<td>A pathologist and surgeon, Fenger was among the first to use surgeon Joseph Baron Lister’s principles of antiseptic surgery to eliminate hospital-caused gangrene and postsurgical infections. He also performed the first hysterectomy in Chicago and was the first Chicago physician to explore the brain with an aspirating needle. He taught at several medical schools, including Rush Medical College, and was on the staff at Presbyterian, Mercy and Passavant Memorial hospitals.</td>
<td></td>
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<tr>
<td>3539 W. Grace</td>
<td><strong>John B. Murphy, M.D. 1857-1916</strong></td>
</tr>
<tr>
<td>A Rush Medical College graduate, chief surgeon at Mercy Hospital and president of the American Medical Association, Murphy invented the “Murphy Button,” a metal device that improved the outcome of abdominal surgery. He was considered a pioneer in recognizing the need for immediate surgery to treat appendicitis, in the suturing of arteries and veins and in the surgery of bones, joints and tendons.</td>
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<tr>
<td>3650 W. School</td>
<td><strong>Frank W. Reilly, M.D. (1836-1909)</strong></td>
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<tr>
<td>Reilly’s crusading editorials in Chicago newspapers in the 1880s are credited with influencing the creation of Chicago’s sanitary district to improve the city’s drainage system and clean the water supply. His inspections and reports for the Illinois State Board of Health and the National Board of Health of the Sanitary Council of the Mississippi Valley helped prevent the spread of yellow fever into northern Illinois. He served as Chicago’s assistant commissioner of health from 1895 until his death.</td>
<td></td>
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<tr>
<td>5900 N. Glenwood</td>
<td><strong>Nicholas Senn, M.D. (1844-1908)</strong></td>
</tr>
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<td>A president of the AMA and chairman of Rush’s surgery department for 20 years, Senn was the first to use roentgen rays (x-rays) to treat leukemia. While treating troops in the Spanish American War he developed new methods of abdominal surgery and treatments for gunshot wounds. He founded the Association of Military Surgeons of the United States in 1891.</td>
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Picture yourself...
...as a working parent, concerned about quality day care for your children, but unable to afford it
...as a victim of domestic violence with nowhere to turn
...as an adult with children who must care for an elderly parent in need of home health care around the clock...
Picture what it would be like for you, if you had nowhere to turn for help.
Fortunately because of you and your contributions, people who need these services, but can't afford them, can get help. Hundreds of thousands of men and women—young and old—from communities throughout the area benefit each year from United Way supported services.
Picture yourself...making a difference in so many lives.
Picture yourself...helping others

It happens. Young children roam the streets after school because no one’s at home and they have nothing to do. Young mothers are unable to work because they can’t afford adequate day care for their children.

With the help of the Crusade of Mercy, the North Avenue Day Nursery, located in Chicago’s Wicker Park area, is helping provide good day care for the children of parents who must work.

“We want parents who are concerned about good day care, but unable to afford it, to be assured that their children are in good hands while they are away,” says Jo Ann Burnside, one of the teachers of the North Avenue Day Nursery. “All of our children’s parents are working full time or in job training full time.”

The day nursery’s preschool day care program provides care for over 55 children from ages two and a half to five years. Throughout the day, the children play games, read, write, tell stories and are served breakfast, lunch and an afternoon snack.

The nursery also provides after school day care for school aged children and cares for children who are off during summer break or for a school holiday. Teachers at the day nursery are always nearby to make sure homework assignments are completed and to answer questions students may have.

One of the nursery’s newest programs is satellite day care homes. This program serves 24 children from six weeks to three years of age, in neighborhood homes that have been licensed by the state and are continually monitored by staff of the day nursery. “Most of the neighborhood homes are those of mothers who were interested in providing licensed day care in their homes. Nursery staff train them, help them get licensed, lend them toys and books, and oversee their care of the children,” says Burnside.

The nursery staff refers clients to the satellite day care homes, and, through a contract with the state, subsidizes the fees of low income clients. “Without the help of the Crusade of Mercy, we wouldn’t be able to offer the variety of programs that we do,” says Burnside. “As a matter of fact, we would not be able to offer our families any of these programs.”

The North Avenue Day Nursery has also been involved in neighborhood development and organization—forming block clubs and “school watches,” where neighbors watch school children going to and from school, in an effort to reduce gang activity in the neighborhood. The nursery currently is helping a group of tenants purchase a 51-unit apartment building, now owned by the Department of Housing and Urban Development, to be used as a tenant-owned cooperative.

“This is our neighborhood and the children’s neighborhood and we’ll do whatever we can to maintain and improve the community,” says Burnside.

Other site visits made by Medical Center employees were to the Chicago Lighthouse for the Blind, the Casa Central Day Care Center and Augustana Center.

This year’s United Way/Crusade of Mercy campaign will be held at the Medical Center October 5-16. The goal is $275,000 of which $27,500 is to be equally divided between the American Cancer Association and the Chicago Heart Association. Chicago’s goal is $88 million.

Because many people are not sure how much they should give to the crusade, the United Way has established guidelines for giving based on annual salary. The table indicates donations for fair share gifts and also for fair share plus.

Spread out over a year’s paychecks, fair share donations are often hardly missed. For example, an employee who earns $20,000 and gives fair share, or $160, would only have $13 deducted from one paycheck each month.

The crusade festivities kicked off with a photo contest in which employees were asked to submit photos that illustrate caring, sharing and helping.

The winners of the photo contest were: Richard Buenger, M.D., radiology, for the sharing category, Kelly Parker, special care nursery, for caring and Johnston R. Bowman Health Center for the Elderly for helping. Professional photographers who volunteered to judge the contest were: Ron Fredrickson, Photography Society of America, Gary Minnick, University of Illinois at Chicago, Kerig Pope, Chicago Magazine and Chuck Osgood, Chicago Tribune.

<table>
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<tr>
<th>Annual Salary</th>
<th>Fair Share Gift</th>
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<tbody>
<tr>
<td>Below $15,000</td>
<td>.4 percent</td>
</tr>
<tr>
<td>$15-$19,999</td>
<td>.6 percent</td>
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<tr>
<td>$20-$24,999</td>
<td>.8 percent</td>
</tr>
<tr>
<td>$25-$49,999</td>
<td>1.0 percent</td>
</tr>
<tr>
<td>$50-$99,999</td>
<td>1.5 percent</td>
</tr>
<tr>
<td>$100,000 and up</td>
<td>2.0 percent</td>
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It takes brains and brawn to work in the Operating Room/Sterile Processing Department. Brains to differentiate between more than 1,600 different types of surgical instruments and pack them correctly in surgical trays. Brawn to then lift these trays, some weighing 35 pounds.

Morning finds this 24-hour-a-day department filling supply and tray orders for the operating rooms (which average 75 operations a day). Operating rooms requests are conveyed from O.R./SPD, located in the basement of the Atrium, to the Operating Rooms, on the fifth floor, via a dumb waiter set-up.

Very delicate instruments, such as those used in eye surgery, and very expensive, one-of-a-kind instruments, such as those used in orthopedic surgery, are processed in the Annex, an O.R./SPD room located in the midst of the operating rooms. More than one-third of all the instruments used in surgery require special processing in the Annex. O.R./SPD technicians with in-depth training staff this room during the busiest hours of surgery.

Dressed in comfortable shoes and ready to go, Lucille Payne, O.R./SPD technician, is set to make her rounds of the Medical Center. Payne and nine other technicians will make eight trips throughout the day, collecting soiled instruments and supplies from Presbyterian-St. Luke's Hospital and Bowman Center nursing units, Professional Building physician offices and numerous research and treatment facilities scattered throughout the Medical Center. "I walk five to six miles a day," declares this 35-year Medical Center veteran.

Once Payne returns with her collection of instruments and equipment, it must be cleaned, processed and sterilized. "We have a 24-hour turnaround processing time," says assistant manager Janet Blake-Greene.

By noon, O.R./SPD is a madhouse. Surgical carts filled with soiled instruments, equipment and linen from the operating rooms stretch out the processing rooms and down the corridor. Instruments are being cleaned, put in trays and loaded on conveyor belts for washing. The cleaned instruments are being sorted, assembled and put in trays for sterilization. A special cart washer, which actually resembles a mini car wash, is cleaning the O.R. carts.

By 3:00 p.m., 80 percent of the procedures in the operating rooms will be completed. But this is the time when O.R./SPD is in full swing. "Between noon and 10:00 p.m., we will process an average of 180 surgical trays or 18,000 instruments daily," Ruby Bailey, p.m. assistant manager, points out.

A total hip replacement surgery requires nine different trays plus three...
Brains + Brawn

special instruments. Transplant surgeons can use 450 instruments during a single liver transplant. A standard abdominal surgical tray contains 106 instruments.

And these instruments aren't inexpensive. "We have around $2 million worth of instruments in the department," Marilyn Lenick, R.N., O.R./SPD manager, says. "A tissue forcep costs around $125; the least expensive needle holder is $27. But with good care and average use, an instrument can last 10 years."

Technicians are responsible for checking the instruments to make sure they are in good working order. Scissors and bone chisels must be honed after each use.

After 10:00 p.m., case carts for tomorrow's surgeries are assembled, according to the scheduled cases. Between 2:00 a.m. and 3:00 a.m., the night shift takes the carts to the O.R.

"There's about half-an-hour lull between 4:30 a.m. and 5:00 a.m. Then an operating room nurse is on the phone, telling us that they're getting ready to do a liver transplant," Willie Ward, night assistant manager, laughs. "There's really never a dull moment in this department."

O.R./SPD technicians use a computerized system, special codes, flow sheets and many, many memory cells to make order out of the never ending continuum of instruments, equipment and supplies.

"It's a long, arduous process to train technicians to the ins and outs of the department," Lenick says. "There is a one-year formalized training program, then ongoing education to keep up with all the new technology."

Technicians learn everything from the configuration of the instruments—there are 47 different kinds of tissue forceps—to the special requirements of particular surgeons. They also need to recognize about 20,000 items exclusive of the instruments, as well as the two methods of sterilization used in the department.

"We are lucky," she observes. "A large percentage of our technicians have previously worked in the operating room before and five of them are L.P.N.s who know the nursing units and are able to work with the nurses to obtain the correct supplies."

The training and expertise in the department pays large dividends.

"We boast a 90 percent accuracy rate," Lenick says.

But, she attributes much of the success in her department to the 34 pairs of hands and feet that keep this very intricate car wash moving efficiently and safely.
Hundreds of Medical Center employees joined in a week long birthday party to observe the Sesquicentennial. The party, which was coordinated by the Employee Activities Committee, began with a birthday cake, was celebrated throughout the week with music, and ended on Friday with a display of arts and crafts on the Schwepppe-Sprague lawn.

On the Cover Baubles, bangles and beads—Eloise Seli, R.N., PAR, has them all—and from such faraway places as India and Hong Kong.

Mike Coleman, human resources, his sister and vocalist Edie Johnson and the band “bring down the house” with music.

Medical Center president Leo M. Henikoff, M.D., cuts the birthday cake.
Rush's Birthday

Liz Krich-Cole, R.N., psychiatry, has "help" from daughters Alison (l) and Cathy selling hand-made baby clothes and gifts.

Joe Napolitano, finance, and Althea Burgess, human resources, sell official "Festival of Arts" t-shirts.

It may not be Tiffany's but Hilda Best and James Kirk, housekeeping, have fun trying on rings anyway.
It's coming this fall to the Medical Center. You can register for wellness programs sponsored by the Health & Fitness Program throughout September.

- Get fit this fall with Slimnastics, Abell Bodies aerobic exercises, or Mind/Body Connection. Join the Ski Club or the Rush league teams in volleyball, basketball and other sports. Receive a personalized lifestyle plan for health and fitness with a Heartsavers health risk appraisal. And, for a workout near work, join the Chicago Illini Union Sports & Fitness Center at special rates for Rush employees and students.

- Stop smoking with ANCHOR Fresh Start or with the Smoking Control Program.

- Learn how to reduce stress. Sign up for Stretch Relaxation or ANCHOR Stress Masters.

- Lose those extra pounds. Join Lose It Your Weigh or ANCHOR Light. Or, take advantage of special employee rates for Individual Nutrition Counseling.

- Personal Growth programs are also offered: CPR classes, Employee Assistance Programs, Assertiveness Training for Women, Pregnancy-Childbirth Classes and self-help groups (Alcoholics Anonymous, Adult Children or Alcoholics).

For complete cost and schedule information, watch for the Health & Fitness Program's quarterly brochure or call Meg Evans, R.N., or Lynn Dykstra, R.N., Employee Health Service, 942-5309.

A Week of Health and Fun
Step right up and test your strength. See the physically fit lady. Try your luck at the Health Arcade. Get your fortune told.

These and many other attractions await you at Employee Health Service's "Health & Fitness Carnival Days," September 14-16, at the Harrison Street and Cafeteria lobbies. For more information, call Meg Evans, R.N., or Lynn Dykstra, R.N., Employee Health Service, 942-5309.

How's your health? Come and find out where you stand at the Community Health Fair, September 17 and 18 at the Atrium lobby. Take advantage of personalized health tests. For more information, call Verniece Cherry, community affairs, 942-5961.
Alzheimer's Day Care Center opens

It begins slowly. First there's a slight memory loss—keys are misplaced, names are forgotten. Then it gets worse until its victims can't remember what year or day it is, their street address or even their name. The culprit is Alzheimer's disease, a brain disorder that often strikes the elderly, causing confusion, dementia, memory loss and, eventually, death. Often family members stricken with the disease need 24-hour care because they become progressively unable to think or care for themselves. For family members, the solutions are either home health care, which may be costly for some, or a nursing home.

As part of a collaborative effort between Johnston R. Bowman Health Center for the Elderly (JRB), the Chicago Area Chapter of Alzheimer's Disease and Related Disorders Association (ADRDA) and the West Side Veterans Administration Medical Center, an Alzheimer's Day Care Center was opened in June. The center is open to families on weekdays and operates from 7:00 a.m. - 5:00 p.m. It is Chicago's first day care center designed especially for people with Alzheimer's disease.

"Many patients at JRB have been diagnosed as having Alzheimer's disease," says Ernest Crane, M.B.A., assistant vice president/administrative director, JRB. "We wanted to offer families an alternative solution in caring for Alzheimer's disease victims."

The day care center, located at the Irish American Heritage Center on Chicago's north side, offers families a safe and productive environment for family members with the disease.

The program, which blends health monitoring services with specialized activities that compensate for memory loss and reinforce self-esteem, is for patients who suffer from moderate to severe Alzheimer's disease.

"We read the newspaper, play memory games, do physical exercise, music therapy and a lot of one-on-one talking. We take trips to ballgames, museums or to the zoo," says Sarah Van Winkle, R.N., the program's director. "We try to design each activity specifically for the individual to ensure his or her success, no matter how far the disease process has advanced."

Van Winkle also says that the center is there to offer respite for families. "Taking care of Alzheimer's disease patients can be physically and mentally draining. We want families to know they are not alone and that they can come to us for support, or to talk and meet other families of Alzheimer's disease victims," says Van Winkle.

Families currently using the center are referred by the V.A. Administration, the ADRDA, Jacob Fox, M.D., neurology, James Schoenberger, M.D., preventive medicine, who are both conducting research on Alzheimer's disease, and the community.

Crane stresses that the center has been successful because of the collaborative efforts between the three principal organizations. The ADRDA provides vans to transport clients to and from the center and the V.A. Administration has supplied a full-time R.N. and social worker for the program. Student chaplains from the Medical Center visit the center. The City of Chicago has also supplied the center with Title 5 workers, seniors aged 55 and over who are placed in paid training programs for up to two years with the goal of finding permanent employment at the end of that time.

The following corporations have also made financial commitments to the Alzheimer's Day Care Health Program: Borg-Warner Foundation, Dr. Scholl Foundation, Field Foundation of Illinois, Nalco Foundation and the Retirement Research Foundation.

"So far the response to the center has been very good and the demand has been great," says Crane. Van Winkle agrees, "We currently are being used by 22 families and we have a huge waiting list."

It is Van Winkle's hope that in the future, more day care centers for those suffering from Alzheimer's can be opened to meet the increasing demand.

Lisa Hill, activity assistant, and Sally Heinrich stroll through the center.
Rush people

RPSLMC Appointments

Robert Lewandowski, M.S., human resources, has been named associate vice president/associate administrator, human resources. Lewandowski joined the Medical Center in 1973 following graduation from Loyola University with a master's degree in industrial relations. He has been director of Human Resources since 1979, and is an assistant professor, health systems management.

Lewandowski is a frequent contributor to both local and national professional meetings. He has been influential in developing a consistent approach to human resources development throughout the Medical Center.

William Wellman, M.S., has been appointed assistant vice president, administrative affairs. Wellman joined the Medical Center as the founding member and director of the Management Systems Support Group. A graduate of the University of Michigan, he is an assistant professor, health systems management.

Wellman has taken on the responsibility for Medical Decision Support Systems, leading the effort for the new institution-wide patient care information system.

William A. Schwer, M.D., has been named as associate chairman, Department of Family Practice. He has served as assistant chairman of the department since September, 1984. Dr. Schwer is currently an assistant professor of family practice at Rush and associate program director for the Rush-Christ Family Practice Residency. He also serves as chairman of the admissions committee for Rush Medical College.

Dr. Schwer received his M.D. degree from the University of Illinois at Peoria in 1978, completed a family practice residency at the Rush-Christ Family Practice program and finished a fourth-year fellowship in family practice at Rush.

Susan L. MacLean, Ph.D., medical nursing, has been appointed assistant chairperson/educational coordinator for the Department of Medical Nursing. Dr. MacLean recently completed a Ph.D. at the University of Illinois at Chicago.

Susan Kilburg, M.S., has been appointed administrative assistant, surgical sciences and services, with responsibility for the Department of Obstetrics and Gynecology. She holds an undergraduate degree in business administration from Loyola University of Chicago, and recently received a master's degree in health systems management from Rush University. Before her graduate work at Rush, Kilburg held several management positions at World Book, Inc.

Appointments

Michael S. Huckman, M.D., diagnostic radiology/nuclear medicine, has been elected president of the American Society of Neuroradiology.

Linda Nelson, M.S., R.N., community health nursing, has been elected to the board of directors of the Chicago Nurses' Association.

Maureen Sheehan, M.S., R.N., medical nursing, has begun a term as president of the Greater Chicago Area Chapter of the American Association of Critical Care Nurses.

Angela Jacobi, M.N., R.N., IBCLC, ob/gyne nursing, has been elected vice president of Metropolitan Illinois Lactation Consultants, the local chapter of the International Lactation Consultant Association.

George Wilbanks, M.D., obstetrics and gynecology, has been elected president of the International Federation of Cervical Pathology and Colposcopy.

Ellen Carr, M.S., CCLS, has been appointed editor of the Child Life Council Bulletin, a quarterly newsletter of the Association for the Care of Children's Health.

In the News

The staple invented by Jules S. Shapiro, M.D., orthopedic surgery, was featured in a Chicago Medicine article entitled "Dr. Shapiro's Invention May Be a Hospital Staple."

Marvin Rubenstein, Ph.D., urology, was the featured speaker on radio station KCKC in San Bernardino, California, on the topic of the immunodeficiency caused by cancer and AIDS. TIME included a mention of an experimental surgery for Parkinson's disease patients underway at the Medical Center. Ten such surgeries are planned for the year. (The Medical Center is the second institution in the country to try this procedure.)

The Chicago Tribune reported on the implant surgery for Parkinson's disease patients and included comments from Richard Penn, M.D., neurosurgery. Dr. Penn cautioned that the data about results of the surgery over the long term are not available as yet. The article also mentioned another Rush research study of two drugs which may prevent or retard the disease.

Stephen Burton, Ph.D., psychology and social sciences, was interviewed by the Sun-Times about insomnia.

Jorge O. Galante, M.D., orthopedic surgery, appeared on Channel 44's 10 p.m. news. He discussed his pioneering work in total hip replacement surgery.

AIDS researcher Harold Kessler, M.D., infectious disease, was interviewed by WBBM Newsradio 78 and Channel 9 about a new study to evaluate isoprinosine (an immune-enhancing drug) for individuals who have tested positive for HIV-infection, but do not yet have the illness. Dr. Kessler is seeking study participants.

Heart transplant pioneer/surgeon Hassan Najafi, M.D., cardiovascular-thoracic surgery, was featured in a Pioneer Press article about Chicago's first heart transplant surgery which he performed in 1968.

Howard Gebel, Ph.D., immunology/microbiology, was quoted and pictured in a lengthy Chicago Tribune article about a study of Chicago Tribune article a study of a possible transplant treatment for diabetes.

Kudos

Sharon Fruh, M.S., R.N., community health nursing, was a semi-finalist and received honorable mention for her paper "Nutrition and Exercise—American Indian Style" in the 5th annual Secretary's Award for Innovations in Health Promotion and Disease Prevention. The Secretary's Awards are sponsored by the Department of Health and Human Services.
Früh also received the Golden Lamp Award for 1987, a one-year scholarship that assists doctoral nursing students, from the Golden Lamp Society.

Leon R. Kellerer, D.D.S., dentistry, has been awarded the Order of Lenin Medal from the Leningrad Academy of Civil Aviation for his cooperation in defining the mutual concerns of civil aviation in the U.S.S.R. and the United States.

Marianne N. O'Donoghue, M.D., dermatology, was elected to membership in the American Dermatological Association.

The medical house staff has awarded the Vivian Teixtor Outstanding Nurse award for 1986-87 to Dorothy Nachel, R.N., community health nursing. This award recognizes excellent nursing performance and assistance to the medical staff.

Rene Thompson, OTR/L, occupational therapy, JRB, completed the 26-mile “Grandma’s” marathon, held in Duluth, Michigan. The race, which was open to all ages, was sponsored by Grandma’s restaurant.

Key Ophthalmology has been named most outstanding new journal in science/technology/medicine by the Association of American Publishers in the Eleventh Annual Professional and Scholarly Book Awards. Thomas A. Deutsch, M.D., ophthalmology, and J. Terry Ernest, M.D., Ph.D., (The University of Chicago) are editors.

Preston Wolin, M.D., orthopedic surgery, has received an award from the Illinois Athletic Trainer’s Association in recognition of the articles he has contributed to the IATA’s publication.

James L. Cavanaugh, Jr., M.D., psychiatry, has been commended by Illinois Governor James Thompson for his “extraordinary voluntary efforts to provide me with a considered and constructive response” with regard to the state’s Task Force on the Future of Mental Health and Developmental Disabilities’ Services.

Lewis E. Gibson, M.D., pediatric pulmonary medicine, has been honored with the Chicago Pediatric Society’s Jopseph P. Brenneman award for outstanding teaching and research.

Walter Niles, Ph.D., physiology, has been elected to regular membership in the Optical Society of America.

Alla Mae Davis Stewart, M.P.A., pulmonary medicine, has been named the top female of approximately 85 female contestants in the Chicago Defender’s 2nd Annual Best Dressed Contest.

Leona Penn, R.R.T., respiratory care, has received the President’s Award from the Illinois Society for Respiratory Care and has been elected president of the society for the 1987-88 year.

Lauren Page Riker, M.S., director of health promotion at River City Medical Center, was one of five Americans who represented the U.S. Olympic Committee Education Council at the International Olympic Academy in Olympia, Greece, recently. The International Olympic Academy is an educational arm of the International Olympic Committee.
Professional Activities

Speeches/Lectures/Presentations
The following members of the Department of Anatomy presented papers at 100th annual meeting of the American Association of Anatomists in Washington, D.C.:

James M. Williams, Ph.D. (co-author Richard Katz, Don Childs, and Eugene J-M A. Thonar, Ph.D., biochemistry): "Topographical Variations in Proteoglycans from Osteoarthritic and Articular Cartilage"; Brad Dworsky and Dr. Williams: "Effects of Long-Term Chemically-Induced Articular Cartilage Injury"; and Dr. Williams: "Tibial Osteophyte Formation After Chemically-Induced Articular Cartilage Injury."

Charles E. Dinsmore, Ph.D., anatomy (co-author James Hanken, Ph.D., University of Colorado): "Level-Dependent Patternning in Urodele Limb Regeneration," 6th Biennial Forum on Regeneration, Ohio State University, Columbus, Ohio.


Herman Mattenheimer, M.D., D.Sc., biochemistry: "Kinetic Characterization of Aminopeptidases with Inhibitors Naturally Occurring in Urine," Humboldt University of Berlin's symposium on enzymes in urine, Frankfurt/Oder, East Germany; research data presentation to the work committee on clinical chemistry of laboratory animals, German Society of Clinical Chemistry, Darmstadt, West Germany; and "Aminopeptidases in Urine and Kidney," Bayer A.G., Wuppertal, West Germany.


Leon R. Kelleher, D.D.S., dentistry, and Gustav Helling, D.D.S., (Karolinska Institute): "Temporomandibular Joint Dysfunction Treatment," Scandinavian Dental Association annual meeting, Stockholm, Sweden. Dr. Kelleher also spoke to a group of Soviet dentists on "Posterior Composite Resin Fillings" at the Zhukov Academy of Aviation Medicine, Leningrad, USSR.


Amy S. Paller, M.D., dermatology/pediatrics/immunology: "Sequential Cellular Changes in Bone Marrow Transplant Patients with Graft vs. Host Disease," joint meetings, American Federation for Clinical Research and the Society for Investigative Dermatology, San Diego, California.


Richard A. Levy, M.D., internal medicine: "Lipids and Diabetes," meeting, Diabetes Educators of the Chicago Area (chapter of the American Association of Diabetes Educators), Maywood, Illinois, and presentation, with poster, "Effect of Marine Oil Therapy in Insulin-dependent Diabetes on Monocyte-Mediated Cytotoxicity," (co-authors John D. Bagdade, M.D., Jules E. Harris, M.D.; and Donald P. Braun, Ph.D., internal medicine) European Congress of Endocrinology, Copenhagen, Denmark; "Growth and Growth Disorders," pediatrics conference, Grant Hospital, Chicago; "Lipid Problems of Childhood," clinical pediatrics course, Cook County Graduate School; "Heart Disease and Diabetes," workshop, American Diabetes Association's 12th annual public conference, Hinsdale; "Thyroid Update," DuPage Pharmacists' Association, Glen Ellyn; "Management of Juvenile Diabetes," Northern Illinois Medical Center Clinical Symposium on Advances in Management of Diabetes Mellitus, Chicago.

Richard J. Sassetti, M.D., internal medicine: workshop panelist, "AIDS: Mothers, Newborns and Health-Care Workers," 12th Surgical Sciences and Services held its 14th annual Awards Dinner on June 6. L. Penfield Faber, M.D., associate dean, surgical sciences and services, presented awards to the following: (seated, l-r) Sondra L. Summer, M.D., Christine Conkey, R.N., Deborah Mancilla, Don R. Fishman, M.D. (standing, l-r): Michael J. DePriest, M.D., Keith Rezin, M.D., John J. Tyner, M.D., Robert O. Maganini, M.D., Gary J. Merlotti, M.D., Thomas R. Witt, M.D.

**Paula J. Fenza, M.A.,** medical nursing: “Communities of the Dead: Tombstones and Social Organization in Chicago Cemeteries,” 10th annual meeting, Association for Gravestone Studies, Amhurst, Massachusetts.


**Steven Gitels, M.D.,** orthopedic surgery: “Allograft Prosthetic Composite Arthroplasty for Marked Bone Loss,” Musculoskeletal Tumor Society, Toronto, Canada, and “Cartilage-Forming Tumors,” St. Louis University, St. Louis, Missouri.

**Eddie S. Moore, M.D.,** pediatric nephrology: “Lower Urinary Tract Disorders Secondary to Idiopathic Hypercalcemia in Children,” “Diagnosis and Management of Syndrome in Inappropriate ADH” and “Management of Hypertension in Children,” University of Miami Pediatric Nephrology Seminar XIV, Miami, Florida; and “The Economic and Social Impact of Chronic Renal Failure,” University of the West Indies, Bridgetown, Barbados.


**Robert L. Barkin, M.B.A.,** Pharm.D., pharmacy/pharmacology/orthopedic surgery: lecture series on drug therapy with a focus on the geriatric patient, College of Pharmacy, University of Puerto Rico, San Juan; “Iatrogenic Disease and Adverse Drug Effects in the Elderly: The Physician’s Role in Recognition, Identification and Management,” Waukesha Memorial Hospital, Waukesha, Wisconsin; and “Drug Therapy and the Older Adult,” Indiana University School of Nursing, Gary, Indiana.


**Carol J. Farran, D.N.Sc., R.N.,** (co-authors Ellen Maxon, M.S., R.N.; Ginger Carr, M.S., R.N.; Janet Grossman, M.S.N., R.N.; Linnea Carlson-Sabeli, M.S., R.N.; Christine Jakobek, M.S., R.N.; Karen S. Babich, Ph.D., R.N., psychiatric nursing; and Sandra Tweed, M.S., R.N., University of Wisconsin, Madison): “Goal-Related Behaviors in Short-Term Psychiatric Hospitalization,” Midwest Nursing Research Society, St. Louis, Missouri.

**Sharon Nighorn, M.S., R.N.,** psychiatric nursing, Sheridan Road Hospital; “Chemical Dependence—Recovery and Treatment of the Impaired Professional,” Barrington Area Registered Nurse’s Organization, Barrington, Illinois.
Heidi Schlatter, OTR/L, psychiatric occupational therapy: “Multiple Personality Disorder—Play and Leisure as Therapy,” poster session, America Occupational Therapy Association Conference, Indianapolis, Indiana.


Robin Mermelstein, Ph.D., psychology and social sciences: “Preventing Weight Gain Following Smoking Cessation,” Society of Behavioral Medicine annual meeting, Washington, D.C.

The following members of the Department of Psychiatry presented papers at the annual meeting of the American Psychiatric Association in Chicago: Michael M. Basch, M.D.: “Contributions of Self Psychology to the Treatment of Patients with Severe Character Pathology”; Bennett G. Braun, M.D.: “Dissociative Disorders as Sequelae to Incest”; Katie Busch, M.D.: “Suicide: Resident Liability and Supervision Limits”; Stephanie Cavanaugh, M.D.: “Diagnosing Depression in the Hospitalized Medically Ill Patient” and “The Medical Student and the Psychiatry Resident”; David C. Clark, Ph.D.: “Alcohol Use and Abuse Patterns Through Medical School” and “Predictive Implications of a Suicide Attempt”; Jan Fawcett, M.D.: “Clinical Assessment of Suicide Risk,” “Clinical Predictors of Suicide” and “Acute vs. Long-Term Clinical Predictors of Suicide”; Lawrence W. Lazarus, M.D.: “Self Psychology and the Late Life Dementias” and “Psychotherapy with the Elderly”; Elva Poznanski, M.D.: “Conti- sol Nonsuppression and Suicidal Ideation”; and Orest E. Wasyliw, Ph.D.: “Do Insanity Defendants Malinger?”

Vincent R. Pisani, Ph.D., psychiatry/ psychology and social sciences: “The Relative Contribution of Medication Adherence and A.A. Attendance to Abstinence Outcome” and “Profile Comparison of Non-Abstinent, Non-Compliant Alcoholics with Multiple DUI Offenders,” 33rd International Institute on the Prevention and Treatment of Alcoholism, Lausanne, Switzerland. He also gave the former talk at Anton Proksch-Institut Treatment and Research Center for Alcohol and Drug Abuse, Vienna, Austria.


Marvin Rubenstein, Ph.D., urology: “Immunodeficiency Caused by Cancer and AIDS,” National Headquarters of the Cancer Federation, Riverside, California, and the American Urologic Association annual meeting, Anaheim, California.

Meetings

James M. Williams, Ph.D., anatomy: co-chair, session on bone, 100th annual meeting, American Association of Anatomists, Washington, D.C. Brad Dworsky, anatomy, also attended this meeting.

Hermann Mattenheimer, M.D., D.Sc., biochemistry: seminar, “Pathobiochemistry of Shock,” University of Giessen, West Germany.

Frederick D. Malkinson, M.D., dermatology: joint meeting, Society for Investigative Dermatology and the American Federation for Clinical Research, San Diego, California, and executive committee and board of trustees meetings of the Dermatology Foundation, San Diego.


The following members of the Office of Consolidated Laboratory Services attended a DNA probe seminar presented by Gen-Probe Inc. in Chicago: Raymond L. Kaplan, Ph.D., immunology/microbiology; Kathleen Mayer, M.T. (ASCP); Roberta Baker; Ruth Kreyer, M.T. (ASCP); and Anthony Thompson, M.T. (ASCP).

The following members of the Office of Consolidated Laboratory Services attended the Clinical Laboratory Management Association's seminar, "Quality Assurance," held in Oakbrook, Illinois; Linda Bieltzki, J.D.; Laurie Lebeck, M.S., M.T. (ASCP); SBB; Jim Shover, M.T. (ASCP); Joan Walsh, A.R.T. (SLT); Suzanne Watt, M.T. (ASCP); and Kathy Williams, M.T. (ASCP).


Caroll J. Farran, D.N.Sc., R.N., psychiatric nursing: Research Scientist Development Program, Level I awardees meeting, National Institute of Mental Health, Gaithersburg, Maryland.

Margo Mansfield, M.A., OTR/L, psychiatric occupational therapy: Chicago Area Council of Occupational Therapy Directors meeting, Chicago.

The following members of the Department of Physiology attended the Biophysical Society meeting in New Orleans: Walter Niles, Ph.D.; Fred Cohen, Ph.D.; Peter Gates, Ph.D.; Kim Cooper, Ph.D.; Johnny Tang; and Jinsong Wang.


The following members of Respiratory Care attended the 18th annual convention of the Illinois Society for Respiratory Care held in Rosemont, Illinois: Clarence Brown, R.R.T., Rochelle Armstrong, R.R.T., and Leona Penn, R.R.T.

Visitors to the Chicago Book and Memorabilia Fair on June 20 and 21 had a chance to browse through rooms of books, hear readings by famous Chicago authors and see exhibits from many Chicago institutions. Held in the Dearborn Station, the fair included a display from the Medical Center with photographs to illustrate our 150 years of service to the community and copies of the book Good Medicine, a history of Rush-Presbyterian-St. Luke's, published in honor of the Sesquicentennial.

**Publications**


R. G. Panizoz, M.D. (Universitätsklinik, Zurich); F. D. Malkinson, M.D., dermatology; W. R. Hanson, Ph.D., therapeutic radiology, medical physics/dermatology;
Mayor Harold Washington recently paid a visit to the Medical Center to offer praise and words of encouragement to students at the Medical Center taking part in Job Readiness, a career awareness and job preparation program for economically disadvantaged minority high school students, and to tour student work sites at the print shop and telecommunications.

The program was created by Chicago United, a not-for-profit consortium of 75 local corporations who wanted to offer students thinking of dropping out of school summer employment in a structured program. The program is funded by Kraft, Inc.

Thirty-three students from Dunbar Vocational High School and Farragut Career Academy worked at the Medical Center this summer at one of 14 work sites. The Medical Center has the most students of the 23 non-profit organizations throughout Chicago participating in the program this summer.
“What we might have been”
see Sesquicentennial story, page 12
Good?
Better?
Best?
*The* Best!

It is this vision for Rush-Presbyterian-St. Luke’s Medical Center which has emerged from a recent series of corporate-wide quality planning sessions to chart the Medical Center’s future.

It is this vision that will guide planning for the Medical Center over the next five to seven years, at the end of which time it will be reassessed. But while the vision will remain constant, a number of major shifts in corporate operations and the way things get done at Rush will be taking place and will be periodically evaluated. The changes will affect every employee and professional staff member. In short, they will affect you.

More importantly, they will affect those we exist to serve, whether directly or somewhere along the chain of support activities an academic health center forges by its very nature. In fact, success will be measured not just by positive medical outcomes but by how well the highest expectations of Rush patients and their families are satisfied.

For, as the Medical Center’s vision statement puts it:

**Rush-Presbyterian-St. Luke’s Medical Center will be recognized as the premier health care system by striving consistently to surpass professional quality standards, exceed the performance of its peers, meet all the expectations of those it serves, and promote an exceptional work environment.**

Read it again. Cut it out. Circle the word “quality.” Post it in your workplace. Because starting yesterday, it describes a way of life and a way of thinking that is shaping the future of Rush—the Rush Total Quality Management Strategy.

To implement the strategy, Rush has entered into a joint venture with the Minnesota Mining and Manufacturing (3M) organization, an internationally acclaimed leader in corporate commitment to quality products and service. 3M’s “Managing Total Quality” process has in the past few years been successfully marketed to other companies around the world.

Now the 3M Corporation is interested in adapting its process to the health care industry. Because of Rush’s strong commitment to quality patient care and its reputation as a progressive and forward-thinking institution, the Medical Center was actively recruited as the site to demonstrate the adaptation of the 3M “Managing Total Quality” process to the health services industry.

Why is Rush open to this proposal? There are several reasons, of which the most important are (1) the commitment to quality as the hallmark of Rush’s corporate mission, (2) the role of quality in helping us to differentiate ourselves in an increasingly competitive environment, and (3) the enhancement of the work environment for all employees through defining a corporate-wide quality strategy.

But doesn’t Rush already have a reputation for quality? Yes, but the new strategy calls for going beyond professional standards of quality to address and define consumer expectations. Only in this way can we be successful in a highly competitive market.

Who are these consumers? In addition to patients, there are referring physicians and benefits managers from area employers who provide us with a strong patient base—the lifeline of our business.

The quality strategy, however, does not focus only on the external consumer’s expectations, but also emphasizes the need to identify and satisfy the expectations of internal consumers as well. Every department at Rush in some way provides a service (information, supplies, etc.) to other departments in the Medical Center. As we become more aware of internal consumers and begin to function with them in mind, the Medical Center will become a more exciting and challenging place to work.

Every employee must view quality as a responsibility of his or her job. The “Managing Total Quality” process is being introduced in 14 departments or program areas for implementation (See box). The departments already identified represent clinical, support and financial areas of the corporation. In time, every department will be phased into the Rush Total Quality Management Strategy process.

Facilitators have been chosen for each department/program area to act as change agents for the quality process. Each has completed a training program conducted by 3M personnel that outlined the quality process. It should be emphasized that the 3M strategy is not simply being imposed on the Rush System; rather, it is a process that is being adapted to fit the unique characteristics of Rush as a health care institution.

The facilitators will be responsible for educating and training their department’s employees and developing annual quality plans for the corporation and their respective departments. Awareness
Managing Total Quality—Key Players

Listed below are the departments/program areas and individuals who will act as project coordinators and facilitators during the first phase of the Medical Center's new Total Quality program.

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<th>Department/Program Area</th>
<th>Project Coordinators</th>
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<td>Obstetrics/Gynecology</td>
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If you would like further information about the quality process, contact any member of the project staff. But don't be surprised if they tell you that making quality happen 100 percent of the time is not just their job. It's yours, too.
Appointments: new chairman

"Regionalization of the Medical Center's health care resources and the steady maturation of Rush University are central to the future of Rush-Presbyterian-St. Luke's Medical Center," Leo M. Henikoff, M.D., president, told the Board of Trustees at the September meeting.

In defining regionalization, Dr. Henikoff pointed to the presence of Rush facilities, Rush health professionals and Rush programs throughout the metropolitan area. He discussed the growth of ANCHOR to 18 offices, the addition of ACCESS Health and Rush Contract Care, and the recent changes in the Rush patient network—the acquisition of Copley Memorial Hospital and Rush North Shore Medical Center (formerly Skokie Valley Hospital).

Part of the maturation of Rush University continues to be traced to endowed professorships. Three endowed professorships were established at the September Trustee meeting, bringing the total to 38. These three professorships are the result of the generosity of Charles J. and Margaret Roberts.

The Roberts were long-time Chicagoans. Mr. Roberts worked for Armour & Company, a meat packing firm, for many years before establishing the Roberts & Hart Packing Company in Chicago.

The philanthropy of the Roberts grew out of a relationship with their close friend and physician, the late George W. Stuppy, M.D., the first president of the merged Presbyterian-St. Luke's medical staff. Dr. Stuppy was not only a warm and compassionate physician but also a researcher and teacher.

Mr. Roberts died in 1960 and Mrs. Roberts in 1987. Until his death in 1986, Dr. Stuppy continued to care for Mrs. Roberts.

A bequest from the Roberts, in excess of $4 million, has provided for the establishment of the following chairs:

• The George W. Stuppy, M.D., Professorship in Arthritis.
• The James B. Herrick, M.D., Professorship in Heart Research.

The Trustees also approved the naming of three physicians and one scientist to endowed chairs. Ruggero G. Fariello, M.D., was named the Jean Schewpe Armour Professor of Neurology. Maynard Cohen, M.D., who held the chair since 1970, is now the Jean Schewpe Armour Professor of Neurology emeritus.

Dr. Fariello was named chairman, Department of Neurology, at the July meeting of the Trustees. A native of Turin, Italy, he came to the Medical Center from Thomas Jefferson University in Philadelphia, by way of a number of academic and clinical positions in Canada and the United States. At Jefferson, he was professor of neurology and pharmacology, vice chairman of the department of neurology and director of clinical neurophysiology. He received his M.D. degree from the University of Turin. Dr. Fariello is certified by American boards in electroencephalography and neurology and psychiatry, and is well known for his research and writings.

Elva Poznanski, M.D., director, Section of Child Psychiatry, and internationally recognized authority on childhood depression, was named the Woman's Board Professor of Child Psychiatry. A native of California, Dr. Poznanski received her M.D. degree from McGill University in Montreal, and has served on the faculties of the University of Illinois and the University of Michigan prior to accepting an appointment at Rush in 1984. She developed the Children's Depression Rating Scale, a test which is now routinely used to assess depression severity in children 12 years and younger. Dr. Poznanski is board certified in psychiatry and child psychiatry, and is the author of numerous articles on childhood depression. She currently serves as chairperson of several national subspecialty boards in child psychiatry.

In March, the Trustees paid tribute to another physician-patient relationship by establishing the Claude N. Lambert, M.D.—Helen S. Thomson Professorship of Orthopedic Surgery. Thomas P. Andriacchi, Ph.D., associate professor and associate scientist, orthopedic surgery, was named to this chair. Dr. Andriacchi has a Ph.D. from the Univer-
University of Illinois where he developed an interest in bioengineering and did his dissertation on the mechanical modeling of the human spine. He was the key person in the development of the Medical Center's John L. and Beatrice Keeshin Human Motion Laboratory. His work centering around the application of engineering principles to orthopedic problems has been highly productive and has resulted in broad recognition in the field of orthopedic surgery.

James A. Schoenberger, M.D., chairman, Department of Preventive Medicine, and co-director, Alzheimer's Disease Center, was named the Charles J. and Margaret Roberts Professor in Preventive Medicine. Dr. Schoenberger, who is currently president of the Medical Center's medical staff, is widely recognized for his contributions in a number of fields. A graduate of The University of Chicago and of its medical school, he is a member of Phi Beta Kappa, Alpha Omega Alpha and Sigma Xi. He served at several major institutions before coming to Rush in 1971. A cardiologist by training, he was named chairman of preventive medicine in 1973 and was president of the American Heart Association from 1980 to 1981. He was one of the principal investigators in the Multiple Risk Factor Intervention Trial (MR. FIT), a seven-year study sponsored by the National Heart, Lung and Blood Institute of the National Institutes of Health.

The Trustees also named Lawrence H. Lanzl, Ph.D., chairman of the Department of Medical Physics. He joined the Medical Center in 1980 as director, Section of Medical Physics, Department of Therapeutic Radiology. Dr. Lanzl helped launch the first medical physics master's program in the United States at the University of Chicago, and later its Ph.D. program. He is the president of the International Organization for Medical Physics, and past president of the American Association of Physicists in Medicine. He received his Ph.D. from the University of Illinois and has served in various capacities at Northwestern University, the University of Illinois, Argonne National Laboratory, The University of Chicago, and the Los Alamos Scientific Laboratory.

In other action, the Trustees named Avery S. Miller vice president for Inter-institutional Affairs. Miller came to Rush in 1984 as assistant to the president of the Medical Center, and was named associate vice president for Inter-institutional Affairs in November, 1984. He is an instructor in the Department of Health Systems Management. Prior to joining the Medical Center, he held administrative positions at Temple University in Philadelphia, where he served as assistant vice president and director of systems and finance and as director of administration for the Temple University School of Medicine. Miller received a civil ekonom degree from Lund University in Sweden.

At the July meeting of the Executive Committee of the Trustees, Rebecca Dowling, Ph.D., R.D., director, Food and Nutrition Services, was named chairman, Department of Clinical Nutrition. Dr. Dowling came to Rush in 1983 as assistant director of food and nutrition services. She was named director in 1986. Prior to joining the Medical Center, she was dietary department director at Westside Homes, Inc., in Nebraska. She received her Ph.D. in food systems management from the University of Missouri and is also a registered dietitian. Dr. Dowling has lectured extensively, and is an active researcher. She is a member of numerous professional societies.
Crusade of Mercy kicks off

Betty Carpenter, graphic reproduction, spreads the Crusade of Mercy word around by passing out balloons.

Edward McCaskey, chairman of the Bears football team, receives a "bear hug" from one of the Trio Triad Singers from Marillac Social Center, a United Way supported agency, during the Crusade of Mercy's Kick-Off Breakfast. In the foreground, wife Virginia McCaskey shows her approval.

Not only did Debra Williams, philanthropy and communication, get her photo taken with Chicago White Sox hall of famer, Minnie Minoso, but she also won tickets for the Children's Theatre of The Second City during the Employee Crusade of Mercy Employee Raffle.

From left: Lawrence Layfer, M.D., internal medicine, Edward McCaskey, chairman of the Bears football team, Virginia McCaskey, Leo M. Henikoff, M.D., Medical Center president, Mari Terman, M.M., utilization review, and Douglas Silverstein, M.H.S.A., medical sciences and services, during the Crusade of Mercy's Kick-Off Breakfast.
**Rush fest:**

*a family affair*

Hundreds of Medical Center employees and their families enjoyed a day of rides, games and picnic at Great America.

(top, left) Rolando Pagsisihan, Blood Center, and family take a break from all the fun to grab a bite to eat. (center, left) Essie Thompson, outpatient lab finance, Employee Activities Committee member, gives Karyn Watkins, 3, a hand getting on one of the buses to Great America. Also in line are Karyn’s one-year-old sister Brittany, dad Stanley, and mom Kathy Watkins, S.M. (ASCP) microbiology; and Beverly Morales, preventive medicine, with her three-year-old granddaughter, Nichole. (bottom, left) Some of Rush people’s greatest: Curtis Wilkerson, Comparative Research Center (second from left), and Claudia Alfaro, obstetrics/gynecology (third from left) with family and friends. (above) Barbara Mack, pharmacology (r) and family receive a warm welcome from the world’s most lovable rabbit, Bugs Bunny.
Medical Center opens first Dissociative Disorders Unit

"Many of our mental health problems have their roots in child abuse," says Bennett Braun, M.D., director, Dissociative Disorders Unit. Characterized by silence and secrets, child abuse spans generations, leaving in its wake violence, suicide, depression, physical deformity and alienation. The most severe emotional problems to arise from child abuse are a group called the dissociative disorders.

The Medical Center recently opened the first inpatient unit in the country to focus exclusively on the treatment of dissociative disorders. The 10-bed unit, located at Sheridan Road Hospital, is a natural outgrowth of a pilot program, begun in 1984, for the inpatient treatment of dissociative disorders.

"Dissociation is a natural coping mechanism people use in times of severe stress," Dr. Braun explains. "But when the stress is so severe and long-lasting, as in the case of child abuse, dissociating, or mentally removing yourself from the situation, literally becomes a means of survival." In the case of multiple personalities, the most severe form of dissociative disorders, the emotional responses to the abuse can develop "personalities" of their own.

Dissociative disorders also include psychogenic fugue, psychogenic amnesia and depersonalization disorder. Post-traumatic stress disorder, as found in Viet Nam veterans and rape victims, also shares many characteristics of the dissociative disorders.

For many years, people with dissociative disorders were misdiagnosed. Many were thought to be schizophrenic, others, depressed.

Says Dr. Braun: "During our first years of treating multiple personality patients, many hours were spent developing the team treatment approach which was the hallmark of the pilot program's success."

The team is made up of a psychiatrist, psychologist, nursing staff, mental health workers and occupational therapists. The treatment program, developed by Dr. Braun, incorporates 13 areas of treatment in a special order.

Inpatient treatment serves an important function in the patient's ongoing therapy. While much of the therapeutic work is done on an outpatient basis, certain issues commonly arise during the course of therapy which may severely hamper the patient's ability to function outside a protected environment.

Communication between the treatment team here at Rush and the patient's regular therapist serves to coordinate the goals of the hospital stay with the long-term goals of treatment. These long-term goals include the integration of all aspects of the patient's personality and his/her return to sustained, productive functioning in society.

Occupational therapies, including art therapy, form an essential part of the inpatient treatment. Many of our patients have often been threatened, under pain of death, against telling anyone about the abuse they have suffered or the criminal activities they have been forced to witness. Through the use of different therapies, patients can reveal what occurred without having to "tell."

Psychiatric nurses provide continuous care for the patients, such as overseeing medication therapies and running a variety of group therapies on the unit.

Dr. Braun and colleague Roberta Sachs, Ph.D., not only train and work with unit staff, but also spend many hours in psychotherapy with each patient.

Inpatient treatment is followed by outpatient follow-up care. "Once all the personalities have been integrated, patients require continued supportive psychotherapy to prevent fragmenting of the personalities again," says Dr. Braun.
“Multiple personality disorder is treatable,” Dr. Braun states. “Once an accurate diagnosis has been made and proper treatment instituted, the long-term outlook for patients is excellent.”

Besides patient care, the unit will be a training ground for therapists and a source of information for research on the diagnosis, treatment and after-care of patients affected by psychological trauma. In 1984, the Medical Center sponsored the first specialty meeting on dissociative disorders which brought together 500 clinicians and researchers from around the world to exchange information on treatment techniques, research and current theories of dissociation. It has co-hosted an annual meeting for the past three years.

Klarich named Tech Park president

Chicago Technology Park, a research center that is a joint venture of Rush-Presbyterian-St. Luke’s Medical Center, the University of Illinois and the Illinois Medical Center Commission, now has a permanent president. The Park’s board of directors officially welcomed Nina Klarich with a reception and open house at the new incubator lab facility, located several blocks west of the Medical Center.

The research development, part of the State’s plan to attract high-technology industry to the area, is designed to house start-up scientific firms engaged in high-tech research and development, especially those in biotechnology and medical engineering.

Already five tenants are in the new center, says Klarich, and more are expected in coming weeks. The five companies in place are Naprotech, Inc., a biotechnology firm that researches new drugs from plants and other organic matter; Corabi International Telemetrics, Inc., a medical engineering firm that will develop computerized telemedicine workstations for pathologists and other medical specialists; Hydronetics, Inc., a company that is developing an automated system for producing a precisely formed solid model directly from a three-dimensional computer image; Steroids, Ltd., a chemistry research firm that will initially concentrate on synthesizing active analogs of vitamin D; and International Toxicology Laboratories, a company involved in drug testing for substance abuse and in research to assure the accuracy and reliability of test results.
The door that continues to open

Who ever said "a child's natural curiosity ends when that child becomes an adult" certainly doesn't know Syrola Hirsch, R.N.


Syrola Hirsch, R.N.C., certified gerontology nurse on 6 South, Johnston R. Bowman, can be called any of these, because of her love of knowledge and her natural curiosity.

"Each educational door opens another," says Hirsch, who has been with the Medical Center for the past eight years.

For Hirsch, the first door was opened by her mother. "I grew up in South Dakota, and my mother stressed two things—religion and education. It was my mother who suggested that I enter the nursing field," says Hirsch. "So I did."

After she graduated from college, Hirsch entered the army nurse corps in 1943. Her first major assignment took her to Brisbane and Rockhampton, Australia, where she practiced tent nursing for tropical disease patients flown in from New Guinea. While she was in Australia, she injured her right arm so badly that she couldn't use it. Fortunately, with the help of a physical therapist, she was able to restore her arm's use after a year. That experience opened still another door for her.

"The accident reminded me that life is short. Curiosity became my middle name. I wanted to travel to see how other people live, survive, adapt and cope with their available resources. I wanted to unravel answers to the riddle of man's existence. The best way to learn is not always by studying books but by seeing and experiencing."

The movie, "Born Free," for example, made her wonder what it was really like living in Africa, so she packed her bags and went.

In Africa, she visited Oldevai Gorge, a digging site for anthropologists and archaeologists, met Dr. Mary Leakey and Dr. Leakey's Nairobi University students, and was able to gain hands-on experience in anthropology.

When Hirsch became interested in old age and longevity, she went to Russia, the home of many centenarians, and talked with the country's elders about their lifestyles.

When she became curious about religion, she traveled to Tel Aviv, Jerusalem and Bethlehem.

And that's not all. She's been to Japan, India, the Philippines, New Zealand, Iran, Italy, France, Germany, Switzerland, South America, Tahiti, New Zealand...and the list goes on. In all, she's visited 56 sites on the globe.

When Hirsch was not traveling, she attended school, studying behavioral science, cultural anthropology and gerontology. She has also studied piano under Fred DiLeo and voice with Norma Bodanis at the Midwestern Conservatory.

Hirsch has also won several awards from the Photography Society of America. "I decided to study photography because I wanted to accurately log and keep forever the places I have seen." At JRB, she faithfully takes photos of her patients on Sundays, holidays and birthdays as mementoes for them and their families.

Hirsch's advice: "There's so much to see and so much to do. Since we only live once, we might as well enjoy life."

And if you ask if Hirsch is finally ready to call it quits on the traveling scene, she'll tell you "No way, I'm planning on going to China next year!"
Info-Fair '87

Computers were in the spotlight at Rush Info-Fair 1987 which featured more than 30 different displays by Rush computer users and outside vendors.

The event was the first of its kind at the Medical Center planned to facilitate information sharing, according to Doris Bolef, M.L.S., director of the Rush University Library, who spearheaded organizing efforts.

Exhibits demonstrated how information technology can increase productivity, facilitate decision making, and support medical, clinical, academic and management operations and research.

Featured speaker was Robert E. Reynolds, M.D., associate dean, Johns Hopkins University School of Medicine.

Dr. Reynolds, who had previously served on the staff at Rush and was our first medical director at Sheridan Road Hospital. He is internationally known for his work in information management, medical informatics and computer networking.

Focusing on academic medical centers and their health and vitality, Dr. Reynolds emphasized that communications networking is the one essential ingredient that can assist academic medical centers in operating in a more efficient, competitive and successful way.

"Gone are the good old days when pencil and paper and telephone calls and the occasional isolated special purpose computer are sufficient... These methods are simply too old, too slow, too inaccurate and too unreliable to meet today's needs," Dr. Reynolds said.

"Without sufficient systems of internal and external communication and a rich communications infrastructure, this large new organism—the academic health center—runs a significant risk of becoming a modern day dinosaur—too large for its brain and nervous system to handle and therefore in danger of extinction..."
If you think meandering through the tunnels, sub-basement, linking bridges and the corners and curves of the present-day Medical Center is a challenge, consider the difficulty of knowing your way around 29 hospital floors of clinics, laboratories, inpatients and administrators. Imagine coordinating services, quickly responding to emergencies or, if necessary, evacuating patients from all 28 inpatient floors without using elevators. Sound nightmarish? Possibly others thought so too and scuttled the plan despite the impressive futuristic rendering of a 29-story Presbyterian Hospital pictured on our cover (as it might have looked in 1950).

The expansion plan developed in 1929 by the architectural firm Berlin & Swern of Chicago, was to have occurred in four phases that would have increased the number of hospital beds from 429 to 2,018 between 1930 and 1945. It also would have included a new power plant and laundry, and additions to the Nurses’ Home and Helps’ Quarters then located between Congress, Van Buren, Hermitage and Wood streets (see map at right). The nurses’ home and power plant were constructed but later ordered vacated in April 1951 by the city to make room for the Congress, now Eisenhower, Expressway.

In 1929, the Jones, Murdock and Pavilion sections of Presbyterian Hospital contained 429 patient beds. By 1931, at a cost of $2,450,000, plans called for a new southeast unit of 277 beds, the power plant and the east home addition to the nurses’ quarters. In subsequent phases, a northwest unit, a center unit comprising floors 12 to 16, a northeast unit, a center unit of floors 17 to 29 and a southwest unit were planned. Projected capital expenditures for all hospital and auxiliary construction between 1930 and 1945 were estimated at a total of $8,730,000. Another $2,600,000 were budgeted for interior work such as elevators, kitchen equipment, sterilizing apparatus, plumbing, heating, ventilation and refrigeration.

So why aren’t we craning our necks today to see the setback top of a towering Presbyterian-St. Luke's Hospital? Probably because of the Crash of 1929,
or later, of high costs and the economic and labor restraints imposed by World War II, and the obvious difficulty in safely and efficiently managing a 29-story hospital.

Well, the hospital is not the only might-have-been building that wasn't. Have you noticed the long inclined ramps from the library's lower to upper level or the four separate towers of the academic facility along Paulina Street? You haven't? That's because those designs (see renderings at right) were rejected. However, the architectural firm of Metz Train Olson & Youngren, which proposed these library and academic facility plans, did eventually design the final academic facility, stories six through eleven of the north Professional Building and the eight-story parking garage.

The eventual east-west expansion of Presbyterian-St. Luke's Hospital along Harrison Street, though quite different than that proposed in 1929, did require some changes in the city's configuration. Hermitage Avenue, once the hospital's eastern boundary, was vacated between W. Congress and W. Harrison streets by Chicago Mayor Martin H. Kennelly's September 27, 1954 ordinance, thus making possible the hospital's extension to the Douglas Park Elevated Line.

And, in what undoubtedly is one of the most obscure structural tidbits ever revealed about the Medical Center, a highly reliable source (William Kona, archives) reports that chief designer John Matthew King told him that the Johnston R. Bowman Health Center for the Elderly, its fourth floor connecting bridge to the academic facility and the entire academic facility, if stood vertically to its northern terminus at the Jelke elevators located just beyond the fourth floor bridge across Harrison Street, would make it almost as tall as the 1,107 foot (without towers) John Hancock Building on North Michigan Avenue.

Can you top that?
Hey, world, look at us now!

The past... the might-have-beens... fun to think about sometimes, isn't it? But back to the good of real world where we are right now—at Rush-Presbyterian-St. Luke's Medical Center. Here's how our real world looks today.

Bright red geraniums welcome visitors and employees to the entrance of the 1700 West Van Buren Building, which more than a dozen Medical Center departments now call home. The ANCHOR-Central Office, now called ANCHOR-Rush, occupies its fourth and fifth floors and treated its first patient in the new building in June.

The adjoining, one-level structure houses the Data Center and the graphic reproduction shop. One of the biggest gains for the Data Center in being in the new building is its increased protection against system shutdowns due to power failures and data communications problems.

Another big advance for the whole area of communications has been the new telecommunications system, which gives the Medical Center more telephone lines for its expanding needs. The system also provides access to special services and features related to computer information. Part of this system is already up and running, and more is on the horizon.

Begun in 1979, the relocation and renovation of diagnostic radiology and nuclear medicine on the first floors of Kellogg and Pavilion is nearing completion.

News Rounds, September/October 1987
What We Are Now
The new and the improved

Other changes have been taking place throughout the Medical Center. Some of them are:

- The Ambulatory Surgery Unit is now located on 4 and 5 Atrium; the Smith Lounge is located within the Unit on 4 Atrium.
- The pediatrics research laboratory is now on 5 Murdock.
- The animal cardiac catheterization laboratory has been moved to 9 Jelke.
- The endocrinology laboratory has been completed on 4 Senn.
- After remodeling is finished, offices associated with the expanded pediatrics program, neuropsychiatry, ob/gyne and the Dental Group will occupy ANCHOR’s old space on the 7th floor of the Professional Building.
- Preventive medicine, child psychiatry and physical medicine and rehabilitation will soon occupy the newly renovated offices on the 10th floor of the Professional Building—where the finance department used to be.
- Another MRI unit will be located in the sub-basement of the Atrium building.
- Room 500 has recently had a face lift, with a fresh paint job and new kitchen facilities.
- The Rush University Library will be getting a new look, complete with new carpeting and shelf restacking; the continuing education offices on the 5th floor of the Academic Facility are also being remodeled.
- Marshall Field IV building, which houses the Department of Psychiatry, has undergone major renovations in several areas to accommodate new and expanding programs. The areas with new and improved images include the Center for Suicide Research and Prevention, occupational therapy, long-term ambulatory psychiatric services (LAPS), the Isaac Ray Center, child psychiatry administrative offices, and the treatment research unit.
What (or where) we will be in the future

Because not everybody can or will come to the Medical Center for health care, the Medical Center plans to take some of itself to the people. And what could be more convenient than a downtown train station? Or a well-located total health facility? Or within the heart of the city's financial district?

So that's exactly what's going on—in the physicians' offices in Northwestern Atrium Center, River City and One Financial Place. The Northwestern Atrium, bordered by Madison, Canal, Clinton and Washington Streets and across the street from Presidential Towers, combines a suburban commuter rail terminal with a two-level retail mall and 40-story office building.

The Medical Center will operate an information center, located on the concourse of the Atrium, and physician offices, located on the fourth floor. The information center will be staffed to cover peak commuter times, five days a week. Commuters can pick up general health care brochures and flyers, as well as information about our services and programs offered both at the Atrium and the Medical Center.

Seventeen consultation rooms and 32 physician exam rooms, a radiology facility including mammography equipment, two conference rooms and two adjoining reception areas comprise Rush-Presbyterian-St. Luke's at the Atrium. The physician offices include fully-equipped and staffed time-share space.


The Inn at University Village, a 114-room facility located across Ashland Avenue from the parking garage, will house Medical Center visitors, such as patients, their families and visiting scientists. The Inn will be open to guests in the summer of 1988.

The state has approved plans for a new perinatal center to be located on 6 Jelke SouthCenter. Kellogg, Pavilion, Jones and Murdock. Construction is expected to begin in October.
Limited access provides better security

On Monday, September 21, the Medical Center instituted a new limited access policy between 9:00 p.m. and 6:00 a.m. The policy, which was initially proposed by the Security Committee, was implemented for the safety and security of patients, night staff and Medical Center property.

From 9:00 p.m. to 6:00 a.m., all entrances will be locked except the limited access entrances:
- Harrison Street, Jelke SouthCenter lobby
- 4th level parking garage, Academic Facility entrance
- 4th level parking garage, Atrium Building entrance.

The Emergency Room entrance is not an employee entrance. Only emergency room patients and their visitors may enter at that location. Visitors in the E.R. will be issued visitors’ passes for that area only.

All other buildings not connected directly to the main Medical Center buildings such as Marshall Field IV, 1700 West Van Buren and 729 South Paulina will continue to operate as before. Schwepp-Sprague, McCormick and Kidston Halls will also continue to operate along current guidelines requiring key cards.

All Medical Center personnel—employees, medical staff, faculty and students—will be required to present their Medical Center photo identification cards to the security officer at the entrances.

If employees do not have their photo I.D.s, their supervisors will have to come to the entrance to sign them in. For departments or areas without supervision on the evening or night shifts, the evening or night administrator will be contacted to provide authorization.

Patients and visitors can receive a pass at any of the limited access entrances after a security officer makes a confirmation call to the appropriate patient floor or other area. Departments expecting non-employees to arrive between 9:00 p.m. and 6:00 a.m. should contact security to make arrangements for clearance.

Professional Building tenants who are not employees should get a special photo I.D. from Human Resources.

All persons found without proper identification between 9:00 p.m. and 6:00 a.m. will be escorted to security for proper clearance.

Painless Breast Biopsies

Painless, less disfiguring breast biopsies are now possible, thanks to a new technique available at the Medical Center. This diagnostic procedure, called stereotaxic needle cytology, was developed in Sweden and brought to the United States by Kambiz Dowlat, M.D. Dr. Dowlat, who recently joined the medical staff as associate professor, general surgery, tested the technique at The University of Chicago. The Medical Center is the third institution in the country to offer this alternative to surgical breast biopsy.

Says Dr. Dowlat: “This outpatient procedure allows us to biopsy non-palpable breast lumps, many of which are quite small on a mammogram, without causing scarring or disfigurement to the breast.”

Local anesthesia is used with minimal discomfort to the woman. The biopsy is performed, using a device which consists of a modified mammographic machine and a needle module attached to an examining table (pictured at right). With the help of a small computer, the non-palpable breast lump is first re-visualized and then precisely (within 1 mm) localized for fine needle (22 gauge) sampling.

“The advantages of this procedure quickly become apparent when you consider that 80 percent of all suspicious breast masses detected by mammography are not cancerous,” says Dr. Dowlat. “Many women are spared disfiguring surgery.”

The device also enables Dr. Dowlat to pinpoint the exact location of the cancerous lump for other surgeons. “If the woman wishes to return to her own physician for surgery, the device allows us to insert a very fine wire in the exact area of the mass,” he says.

“Again, this helps lessen disfigurement to the breast at the time of removal because a smaller part of the breast is removed.”

Dr. Dowlat received his medical degree from the University of London. His research interests include diagnosis of occult breast lesions using stereotaxic needle cytology and other projects related to prevention and treatment of breast cancer.
Team effort helps patients stay on course

Teaching and teamwork. It's a formula that staff members of the Rush Diabetes Center work hard at. To hear them tell it, the results of their efforts are very gratifying.

David Erickson is a good example. A 40-year-old, insulin-dependent diabetic, Erickson was in such poor condition when he was brought to the Diabetes Center by his company's nurse that he couldn't even walk from the Medical Center's parking garage. Although he had followed his doctor's orders carefully, Erickson's diabetes was poorly regulated, and his kidneys were virtually destroyed.

After a rocky stabilization period that included insulin adjustment and kidney dialysis, surgeon Stephen C. Jensik, M.D., Ph.D., successfully performed a kidney transplant on Erickson, using a kidney donated by the patient's sister. Erickson recovered remarkably well after surgery, going home six days later.

Although Erickson has had several rough spots since his recovery, his outlook and quality of life are definitely on the upswing. Staff members report hearing him quip, "The boat is gonna float."

Having helped Erickson get ready to "float," the Diabetes Center team is committed to keeping him on course and in fighting trim. Endocrinologists associated with the Center include John D. Bagdade, M.D., David Baldwin, Jr., M.D., Arcot Dwarkanathan, M.D., Richard A. Levy, M.D., Gretajo Northrop, M.D., Ph.D., and Wil G. Ryan, M.D. The three full-time staff members are nurse educator Laurie Quinn, M.S., R.N.; dietitian Karen Rezabek, M.M.Sc., R.D. and program coordinator Olive Parker.

"Teaching is a big part of our plan," says Quinn. "Our aim is to educate people about their diabetes and to help them learn how to take care of it. A lot of the teaching occurs in everyday interactions, such as finding out the results of a blood sugar—why the levels may be up or down."

Quinn believes that many of the fears that people have about diabetes are due to misconceptions or generalizations about the experiences of others. Elderly patients, for example, fear amputations of their feet or legs. The predominant worry for younger patients, especially teens and young adults, is how testing their blood sugar and taking medications will fit into their busy lives.

"One of the advantages of the Diabetes Center is that we have the time to teach patients that referring physicians don't always have," says Parker. And because diabetes is a multi-system disease, it may require the expertise of other specialists. At the Medical Center, those specialists and other resource people, such as exercise physiologists and mental health counselors for patients who may need them, are nearby.

Prescribing diets that patients can learn to live happily with is a big challenge for Rezabek. Sometimes compromise helps. Like the man who detests diet soda and will only drink it if it is mixed half and half with regular soda. "It may not be ideal but it's a step in the right direction," says Rezabek.

Although diabetics can learn to manage much of their care, occasionally they must get in touch with their doctors at off hours; all patients are given Dr. Levy's home phone number so that help is as close as the nearest phone. Says Dr. Levy, "It's much better to have patients call you when you can deal with a problem before it becomes insurmountable. No place can legitimately call itself a diabetes center that would not provide this kind of 24-hour service."

Another vital aspect of the Diabetes Center is the research being carried out. Currently, Dr. Bagdade and Dr. Levy are investigating the link between diabetes and the buildup of cholesterol in the blood.

David Erickson visits regularly with his endocrinologist Dr. Levy at the Diabetes Center.
Going back to school

Chicago public school students may have gotten an extended summer vacation this year, but Rush University students were back in the classroom September 14. Approximately 310 new students entered the four colleges of Rush University for the 1987-88 academic year—121 in Rush Medical College; 130 in the College of Nursing; 49 in the College of Health Sciences and 11 in The Graduate College.

As always, the medical students are introduced to medical school through the white coat ceremony, and everyone has to fill out forms.

(Counterclockwise) Registering for classes are: Russell Fernandes, candidate for a Ph.D. in biochemistry, The Graduate College; and health systems management student Sandra Ferconia. At the white coat ceremony, Larry J. Goodman, M.D., associate dean, medical students programs, gives Terrisa Sun Mi Kim a hand.

Open enrollment
For Blue Cross/Blue Shield, ANCHOR and ACCESS Health

Between October 19 and November 6, 1987 you may:
- enroll—if you are an eligible full-time or part-time employee with no coverage
- change—between single and family coverage
- add—eligible dependents to your current plan
- transfer—to Blue Cross/Blue Shield, ANCHOR or ACCESS Health

The changes become effective December 1, 1987. For more information, contact wage and salary, ext. 26637.
New benefits for RPSLMC employees

Flexible spending accounts

Are your health insurance premium contributions, dental bills and dependent care expenses taking a big "bite" out of your paycheck? Beginning January 1, 1988, you'll be able to "bite" back.

Flexible spending accounts (FSAs) are coming to the Medical Center for all nonunion, full-time and regular, part-time employees.

What are FSAs? Flexible spending accounts were designed to increase your spending income today by cutting your taxes.

How do they work? Think of your paycheck. Your "take-home pay" is whatever you have left over after social security contributions and federal, state and local income taxes have been withheld from your gross income. Currently you pay your health insurance premiums and any family dental bills and dependent care expenses from this "after-tax" take-home pay.

Flexible spending accounts give you the option of putting, before taxes are withheld, some of your gross income each pay period into two separate accounts to cover these expenses.

The money you put in will reduce your taxable income. In other words, the lower your taxable income, the lower your taxes!

Money set aside for health insurance premiums and dental bills, and dependent care expenses must be spent only on those qualified expenses. Under the program, you will pay these costs yourself and then turn in your receipts. Money will be withdrawn from the appropriate account, and you'll be reimbursed in your regular paycheck. Your health insurance premiums will be paid pre-tax automatically, unless you elect otherwise.

What's the catch? There are two:
1) The Internal Revenue Code requires that you declare how much of your pay you wish to put into each account before the beginning of the plan year. If, by the end of the plan year, you have not used all the money in your FSAs, you will have to forfeit it.

If you choose to participate, you will need to estimate as closely as possible, in advance, what expenses you expect during the coming year which would be eligible for reimbursement. You cannot change your contribution decisions during the year unless you have a change in family status (marriage, divorce, birth of a child, death of your spouse or your spouse's loss of job).
2) Since your FSA contributions will lower your taxable income, they will also lower your social security contributions, which could cause a slight reduction in the social security benefits you are entitled to after retirement.

Tax deferred annuity program

The Tax Reform Act of 1986 significantly limited the benefits of individual retirement accounts (IRAs). To offset this limitation, the Medical Center will be expanding its tax deferred annuity program to all full-time employees beginning in 1988.

The tax deferred annuity program is very similar to IRAs. You are allowed to set aside a portion of your income for retirement savings on a tax deferred basis. The amounts set aside for retirement are not included in gross income for federal and state income tax purposes, provided the amount contributed does not exceed the maximum allowable amount for an employee. The maximum annual amount you may contribute to the program is generally limited to the lesser of $9,500 or 16 percent of gross wages. Some employees may exceed this general limitation. If you want to contribute the maximum amount, you will need to have a calculation performed by the tax annuity company to determine the exact amount allowed.

Additionally, earnings on contributions made to a tax deferred annuity program accumulate on a tax deferred basis. You pay no taxes or earnings on these contributions until you make withdrawals from the fund.

Since the intent of this program is to provide additional funds for your retirement, withdrawals from these funds are only permitted under the following circumstances:
• normal retirement or early retirement at age 55
• death—you and your beneficiaries are the sole owners of any contributions made to these investments
• upon termination of employment with the Medical Center, provided the withdrawal of funds is taken in the form of an annuity payable over the life of the participant and his/her beneficiary
• financial hardship due to unforeseen circumstance. (A 10 percent penalty tax will be imposed on funds withdrawn for this reason.)

Withdrawals made for any other reason are subject to a 10 percent penalty tax.

Detailed information about flexible spending accounts and the tax deferred annuity program will be mailed to Medical Center employees in November.

Changes in life insurance program

Beginning January 1, 1988, the current life insurance program for most eligible Medical Center employees will be changed in two important ways.
1) The basic term life benefit, paid for by the Medical Center, will be increased from the current $12,000 to $15,000 for most participants.
2) A group universal life insurance program will be made available through Johnson & Higgins/Kirk-Ordsdel, Inc.

The new program will give you the opportunity to purchase life insurance for yourself, your spouse and your children. The program also has an optional cash accumulation feature, enabling you to save money for the future.

You will receive complete information about this new program by mail soon.

J&H/KVI

NewsRound, September/October 1987 19
Over the last century and a half, the Medical Center has produced an astonishing array of authors, founders, trendsetters, and benefactors, plus interesting facts and figures, some medical, others whimsical and others a little of each. With the aid of Medical Center archivist William Kona, NewsRounds has compiled a few of the more interesting tidbits that we suspect few present-day employees know.

A word to the wise: At the end of this Sesquicentennial year, NewsRounds will test employees' recall of the historical information reported in this publication over the last year. So, keep your copies handy.

The Ladies of the Camp Douglas Aid Society provided and distributed delicacies and clothing to Northern soldiers during the Civil War and cared for healthy and wounded Confederate prisoners at Camp Douglas, 34th Street and Cottage Grove Avenue. After the war, the society became the St. Luke's Aid Society, which voluntarily raised funds and acquired supplies for St. Luke's Hospital.

Not too long after St. Luke's Hospital opened in 1864, John Wesley Tope, M.D., Rush Medical College, 1870, founded Oak Park Hospital.

John Evans, M.D., an early member of the Rush faculty who later founded Northwestern University and Denver University and for whom Evanston, Illinois, is named, was the subject of Harry E. Kelsey's biography, Frontier Capitalist: The Life of John Evans. More than a physician and academician, Evans was also the second territorial governor of Colorado. His name lives on in the Rocky Mountains where an impressive peak bears his name.

Speaking of tall places, Caroline Gray, formerly a secretary in the Presbyterian-St. Luke's Hospital photography department, inherited in 1966, a castle called Scrabo Tower, a shipyard and the title of Viscountess of Cador and Colrain in Northern Ireland. Enchanted by her good fortune, Gray traveled to Ireland, sold her shipyard to the British government and bought another castle, Ballycraighe.

And, speaking of new titles, did you know that the title NewsRounds debuted in July 1963? The winner of the contest to name the hospital magazine was Florence Miller-Goodman, now retired from the Office of Philanthropy and Communication.

Among our well-traveled faculty was William J. A. Goodhue, M.D., 1897, who worked as a resident physician at the Molokai Leper Settlement in Kalapapa, Hawaii, at the beginning of the twentieth century.

Another "Rushing" globetrotter, Martha Hackett, M.D., 1913, founded a medical college in Canton, China.

Whether his friends described him as a character we'll never know, but Mark Twain made him one when Abraham Reeves Jackson, M.D., a Rush Medical College lecturer between 1873 and 1879, was described as Dr. A. R. Jackson, "My friend, the doctor," in Twain's Innocents Abroad.

Rush Medical College and the literary world are connected in another way. Clarence Edmonds, M.D., 1896, was the father of Nobel Prize winning novelist Ernest Hemingway.

And speaking of successful progeny, both Edwin J. Lewis, M.D., 1877, and Claude B. Lewis, M.D., 1903, were father and brother, respectively, of Nobel Prize winning author Sinclair Lewis.

Rush faculty member and dean Henry Munson Lyman, M.D., the son of missionaries, wrote Hawaiian Yesterdays, a reminiscence of his youth in Hilo, Hawaii. A museum and an airport are named after the Lyman family in Hilo.

Yet another novelist was Martin L. Kors, M.D., 1896, who, in the 1940s, penned The Devil a Gentleman.

Then, of course, there is contemporary scribe Harold L. Klawans, M.D., neurology and pharmacology, who has written two novels—Sins of Commission and Informed Consent.
More than medicine

¿And what do you think 1866 RMC graduate Charles Bert Reed, M.D., was thinking about when he wrote The True Tale of Lady Godiva and Tump-line Tales?

¿Lady Godiva may not have been known for her fashion sense but Rush-Presbyterian-St. Luke's has been ever since the St. Luke's Woman's Board initiated in 1927, its charity fashion show. Today the event is the oldest and largest of its kind in the United States.

¿If Brick Presbyterian Church at Park Avenue and 91st Street, New York City, is still standing, look next time you are there for the window dedicated in 1953 honoring Presbyterian Hospital and 15 other hospitals.

¿And on the subject of bricks, Rush-Presbyterian-St. Luke's proudly holds in its archives an original brick from the Philadelphia home of Dr. Benjamin Rush. Dr. Rush's home was mistakenly demolished by the city but a few pieces were retrieved. To add insult to injury, the brick was mistaken for a bomb at the Philadelphia airport en route to Chicago.

¿Would you have guessed that four Presbyterian Hospital interns in medical school between 1904 and 1923, became medical school deans? They were: E.E. Irons, M.D., dean of Rush Medical College; David J. Davis, M.D., dean of the University of Illinois College of Medicine; Eben G. Carey, M.D., dean of Marquette University Medical School; and Emmett B. Bay, M.D., dean of Rush Medical College.

¿In 1950, the estate of Judge Lambert Tree, former ambassador to Belgium and Russia, donated $5 million to St. Luke's Hospital, the largest single gift ever made to the hospital at that time. As astounding as that amount seems in 1987, imagine how staff and Presbyterian Hospital's first patient Ullman Parks would have reacted. After being admitted in August 1884, and spending eight days in the hospital, Parks' total bill was—$10.00.

Employee of the quarter

"He is always willing to pitch in and do whatever it takes to accomplish a task. This includes staying late or working weekends on his own time to complete a project. He has helped many situations by making himself available in the middle of the night for consultation..."

He is Peter Pwee, computer programmer, ArcVentures, Inc., who was honored as employee of the second quarter at a special luncheon on September 24.

In all, 18 employees were nominated for the honor and each was introduced by John E. Trufant, Ed.D., vice president, academic resources.

"The Medical Center is embarking on an exciting new project that will concentrate all of our efforts on building the highest quality performance in every single department and in every single employee," Dr. Trufant noted.

"In time, everyone in the Medical Center will become part of the quality program. It's clear to me, however, that at least 18 people started their own quality programs a long time ago on their own initiative. As we move into the quality project across the Medical Center, you will serve as role models to many others."

Finalists for top honors included Meg Evans, R.N., employee health service; Marion Miller-Manning, food and nutrition services; and Malcolm Willis, housekeeping.

Essie Lewis, housekeeping, was also singled out for special honors with the Carol Stege Memorial Service Award, presented to her by Chris Hargreaves, assistant director of the department. An employee since 1982, Lewis is "highly respected" and has received all types of commendations from her co-workers and supervisors, Hargreaves said. She usually works on 8 Kellogg.
In Brief

Lincoln Park was the setting for the first annual pediatric dialysis/kidney transplant program reunion. Child life specialist Jeanine Nigro coordinated the afternoon, filled with badminton, baseball, and water balloon toss games. Eddie S. Moore, M.D., director, Section of Pediatric Nephrology, takes a “picnic break” with Toby Patrick.

Health and Fitness Carnival Days

Irene R. Skirius, D.D.S., dental group (r), has food for thought as she guesses the calories for Mary Udelhofen, R.D., food and nutrition services.

Desiree Motley, academic computing resources, submits to a finger-stick by Dave Hahn, M.T. (ASCP), clinical chemistry, for a quick cholesterol screening.
Rush People

RPSLMC Appointments

Jack R. Carollo, philanthropy and communication, has been appointed as an associate vice president within the department and is in charge of marketing communications services, a position in which he has been serving in an acting capacity during the past year. His many responsibilities include initiating marketing communication programs for departmental and interdepartmental projects, supervising outside agencies in specialized support activities related to the Medical Center, directing target market efforts and assisting to develop sales literature for numerous Medical Center endeavors.

He holds a B.S. from Loyola University, Chicago, and is pursuing a master's degree from Northeastern Illinois University.

Paula Douglass, M.A., corporate planning and government affairs, has been promoted to assistant vice president within the department. In addition to her continuing responsibilities for corporate planning, certificates of need, monitoring of governmental payment policies and maintaining patient data files, Douglass is a co-director of the Rush/3M Quality Management project.

Before joining the Medical Center, Douglass was a program financial analyst in the Illinois Department of Public Health and payment programs consultant for the Blue Cross and Blue Shield Association. She received her master of arts degree in economics from Wichita State University.

Tina Field, M.S., medical affairs, has been promoted to assistant vice president of the department. She is responsible for the management of all non-clinical programs within the corporate division of medical affairs and Rush Medical College.

Previously, Field served for five years as the assistant administrator, medical sciences and services, with responsibilities for the activities of the Department of Medicine.

She received a master of science degree in health systems management from Rush University in 1981 and is currently an assistant professor in the department.

Susan MacLean, Ph.D., R.N., has been appointed assistant chairperson, medical nursing. In her new position, Dr. MacLean hopes to combine her expertise in computers in education and her research in decision making with the interdisciplinary collaboration of medical nursing to enhance clinical decision making across all disciplines.

In addition to her computer expertise, Dr. MacLean has a background in critical care nursing. She has been on the faculties of the nursing schools at Loyola University of Chicago, where she received her BSN, and at the University of Illinois at Chicago, where she earned a master's and doctorate in nursing.

Larry J. Goodman, M.D., has been appointed associate dean for medical student programs of Rush Medical College. He is an assistant professor in internal medicine, with a sub-specialty in infectious disease.

A native of Michigan, he received his medical degree from the University of Michigan Medical School. He completed his residency in internal medicine, specifically infectious disease, at Rush-Presbyterian-St. Luke's and served as chief medical resident for one year.

Graduating students of Rush Medical College's Class of '87 awarded him The Phoenix Award for being the "outstanding physician-teacher."

(continued, page 24)
Keith R. Berndtson, M.D., formerly the medical director of the Portes Center in Chicago, has been appointed director of preventive medicine and family practice at River City Medical Center. A graduate of Rush Medical College, Dr. Berndtson also holds an adjunct appointment in family medicine and preventive medicine at Rush.

Marianne Cirone, M.S., has been appointed director of financial services, with responsibilities that include contracting with third party payors, developing clinical profiles and conducting financial analyses. She had been an associate in health care advisory services with Laventhal & Horwath.

Cirone received her master of science in health systems management from Rush University and her bachelor of science from the University of Illinois at Champaign.

Debra J. Szulga, Ph.D., R.D., has been appointed associate director, clinical nutrition. Dr. Szulga had been a nutritionist at The Johns Hopkins Hospital and The Johns Hopkins Oncology Center in Baltimore, Maryland. She has been published on the topic of nutritional assessment methodology, nutritional support of bone marrow transplant recipients and dietary fat in breast cancer and has received several awards in her field. Dr. Szulga received a Ph.D. in human nutrition at Cornell University and completed a postdoctoral fellowship in diet, nutrition and cancer at the Cancer Research Institute at Harvard Medical School in Boston.

Margaret Faut, D.N.Sc., R.N., and Jane Llewellyn, D.N.Sc., R.N., O.R./surgical nursing, have been named associate chairpersons in the Department of Operating Room & Surgical Nursing.

The Diane Nora, R.N., Award for Clinical Excellence was established in memory of graduate student Diane Nora who was a staff nurse on 3 Kellogg and a student in the master’s oncology nursing program when she died of cancer. Laura Santana, M.S., R.N. (I) received her award from Kathleen Andreoli, D.S.N., dean of the College of Nursing, and Diane’s mother, Mrs. Gerald Nora, at a luncheon. Two awards are now given to students in the master’s program.

Service Awards

1962 (25 Years)
Mrs. Robert C. Ferris
Mrs. Augustin S. Hart, Jr.
Mrs. Thomas D. Hodgkins
Mrs. Arnold J. Horwein, Jr.
Mrs. Howard G. Krane
Mrs. Chester E. McKittrick
Mrs. C. Carter Smith, Jr.
Mrs. Henry E. Thies

1957 (30 Years)
Mrs. Donald B. Baer
Mrs. Harry Boysen

1952 (35 Years)
Mrs. Eben W. Erikson
Mrs. John D. Warfield, Jr.

1947 (40 Years)
Mrs. Clifton B. Batchelder
Mrs. Floyd V. Filson
Mrs. Bernard P. Smith
Mrs. Thomas C. Teas
Mrs. Theodore D. Tieken
Mrs. John Fred Vickrey

1927 (60 Years)
Mrs. Halford H. Kittleman

1922 (65 Years)
Mrs. Earle B. Fowler

(RPSLMC appointments, from page 23)
In Brief

Judith M. Boler, M.Ed., A.T., C., and Lauren P. Riker, M.S., River City Medical Center, were part of the medical team for the Pan American Games XXI held in August in Indianapolis, Indiana.

During the week of October 4-10, the eight nurse midwives at the Medical Center observed National Nurse Midwifery Week. The nurse midwife program has been active at Rush since 1974.

Kudos

David Helfer, R-CPT, cardiology, was the winner of a national contest for research papers in the invasive cardiology section of the National Society for Cardiopulmonary Technology. His paper was entitled “Coping with Absences and Job Monotony.”

Christine Conkey, M.S., R.N., O.R./surgical nursing, received the Jane High Barton Surgical Nurse Award presented by the Department of Operating Room & Surgical Nursing for excellence in bedside surgical nursing.

Pamela Schultz, R.N., O.R./surgical nursing, received the Luther P. Christman Award for Clinical Nursing Excellence presented by the Department of Operating Room & Surgical Nursing.

Carmeline Esposito, M.A., philanthropy and communication, received the 1987 Distinguished Service Award from the past president’s council of Women in Communications, Inc., Chicago Professional Chapter. The award is presented to a member who has made an outstanding contribution of time and service to the chapter.

The Medical Center’s energy conservation project, related to heating, air conditioning and lighting, has been cited for an Illinois Energy award by Illinois Governor James Thompson. Frederick G. Kraeutle, who retired as engineering’s assistant director in August, was named in the award. The project, which has been nominated for federal recognition, “is an excellent example of efficiency, innovation and fiscal responsibility,” said Gov. Thompson.

Linda Lee Belknap, R.N., psychiatry, was among 25 agencies and people who received awards recently from the women’s task force of the Cook County States Attorney’s office. The awards recognize those who have tried to improve conditions for women in society. Belknap works to prevent domestic violence, rape and incest.

Solid Oak emerged victorious over Finance in the Medical Center’s baseball tournament title. Seven teams participated in the tournament.

To observe the Rush University Sesquicentennial celebration, the founding president of the Rush Surgical Society, Frederic A. dePeyster, M.D., professor emeritus, general surgery, gave the first annual Rush Surgical Society Lecture entitled, “The Heritage of Surgical Excellence.” June 13. Steven G. Economou, M.D., chairman, general surgery, presented Dr. dePeyster with a certificate indicating that the annual lecture will be now known as the Frederic A. dePeyster Rush Alumni Lecture.

Still keeping an eye on the scale are first place winners of the Medical Center’s weight loss competition: David Perl, Denise Bonen and Mary Ellen Lenz, M.S., all from biochemistry, and Doug Spalding, dermatology. They lost a total of 51½ pounds over the course of three months and as members of the winning team shared a $200 prize. The competition combined the efforts of the Department of Food and Nutrition Services and Employee Health Service. Sixty-one employee teams completed the contest with a weight loss total of 995 pounds. The average team lost about 20 pounds.
Professional Activities

Speeches/Lectures/Presentations


Thomas P. Andriacchi, Ph.D., orthopedic surgery: "Biomechanics of Locomotion and Motor Control," joint meeting, American Society of Biomechanics and International Society of Biomechanics, Cincinnati, Ohio.


Michael H. Davidson, M.D., River City Medical Center: "Prevention of Atherosclerosis with Fish Oils," Strasbourg Academy of Science, Strasbourg, France; "Benefits of Supplements: Key Nutrients and Target Groups/Fish Oils," Council for Responsible Nutrition, Phoenix, Arizona; and "Fish Oil in the Management of Coronary Heart Disease," fourth annual Health Science Associate Research Conference in Cardiovascular Medicine, West Point, Pennsylvania.


Michael A. Counte, Ph.D., health systems management: "Discussion, Perspectives on Organization Effectiveness," annual meeting, Academy of Management, New Orleans, Louisiana.

Jules Harris, M.D., internal medicine: "Improving Immunity in Cancer Patients and AIDS Patients," annual convention, American Academy of Family Physicians, San Francisco, California.


Meetings

Debra Daly-Gawenda, M.S., R.N., employee health service: Hospital Employee Health 6th National Conference, Orlando, Florida.

W. Paul Dmowski, M.D., Ph.D., and Ewa Radwanska, M.D., obstetrics and gynecology: 43rd annual meeting, American Fertility Society, Reno, Nevada.


W. Paul Dmowski, M.D., Ph.D., and Ewa Radwanska, M.D., obstetrics and gynecology: International Symposium on First Trimester Genetic Diagnosis and Therapy—Current Status and Future Prospects, Chicago.


Publications

G.N. Smith, Jr., Ph.D. (Indiana University School of Medicine); J.M. Williams, Ph.D., anatomy; and Kenneth D. Brandt, M.D. (Indiana University School of Medicine): "Effect of Polyamines on Fibrillogenesis by Type XI Collagen." Collagen and Related Research 7:7-25, 1987.

G.A. Fishman, M.D., and D.F. (University of Illinois Eye & Ear Infirmary); B.S. Patel, M.D., ophthalmology;
An AMA video clinic on immunology for physicians featured six Rush experts from the Department of Immunology/Microbiology: Harold Kessler, M.D., Herbert Kaizer, M.D., Ph.D., Allan Luskin, M.D., Alan Landay, Ph.D., Howard Gebel, Ph.D., and ThomasLint, Ph.D. The program aired on LIFETIME Cable TV.

The government announcement of a two-year trial of THA, an experimental drug to control memory loss of Alzheimer’s disease patients, was covered by the Chicago Tribune and Sun-Times and included a mention of the Medical Center as one of several medical centers designated to study the drug. Jacob Fox, M.D., neurological sciences, was interviewed about the study by Linda Yu, WLS-TV, and by Barry Kaufman, WMAQ-TV, for the 5 and 10 p.m. news.

Irwin Siegel, M.D., orthopedic surgery/neurological sciences, was contacted by AP, U.S. News & World Report, the Sun-Times, and WMAQ-TV about a Johns Hopkins research study using prednisone to treat a form of muscular dystrophy which affects youngsters. Dr. Siegel has previously experimented with the steroid and cautioned that the treatment has limited benefits.

In a Sun-Times story about the growth of HMOs in Illinois (28 percent more members this year), mention was made of the Rush University Center for Health Management Studies study which found that 95 percent of HMO customers were satisfied with the quality of care and services they received.

James Schoenerber, M.D., preventive medicine, was filmed by Abbott Labs for a video news release on hypertension to be sent via satellite to medical reporters across the country. Dr. Schoenerber made the point that two commonly used blood pressure control drugs (thiazide diuretics and beta-blockers) can raise cholesterol and triglyceride levels. Also, Abbott filmed in the JRB pharmacy for background to accompany the story.

Allan Luskin, M.D., immunology/microbiology, was quoted in a Sun-Times article about the high pollen and mold count affecting allergy sufferers this season. He was also cited in a USA TODAY story on the same subject.

Current significant research work on patch clamping, the technique which allows scientists to look at how cells communicate, was the subject of a lengthy Chicago Tribune article by science writer Jon Van. Two Rush scientists, Thomas DeCoursey, Ph.D., physiology, and Elizabeth Jacobs, M.D., internal medicine, use patch clamping to study surfactant, the liquid that keeps lung tissue pliable. Another Rush scientist, Michael Silver, M.D., internal medicine, is studying how certain cells affect blood pressure. All three researchers were interviewed for the article.

Harold Kessler, M.D., infectious disease, was the AIDS expert on WLS-TV’s “Weekend Edition” program. Dr. Kessler answered several questions about the nature of the virus and those at risk in the general public.

Philip Liebson, M.D., internal medicine/preventive medicine, was a panelist on “Extension 720," WGN radio. He discussed the value of fish oil as a means to lower cholesterol and prevent heart disease.
Fashion finery funds new facilities

Bedecked in dazzling jewels, luxurious furs, exotic evening gowns, stylish business attire and haute couture sportswear, socialites, politicians and television celebrities sashayed about the Medinah Temple stage to raise thousands of dollars for the Medical Center during the 61st annual Rush-Presbyterian-St. Luke's Woman's Board Fashion Show, the oldest charity event of its kind in the United States. Sponsored this Sesquicentennial year by Kraft, Inc., the show’s proceeds are being donated by the Woman's Board to the renovation of the Department of Obstetrics and Gynecology.

Medical Center employees will be happy to learn that at least one among us was a Raffle '87 winner. Peg Olson, administrative assistant to the Woman's Board, who retired October 1, after 30 years of Medical Center service, won the seven-night vacation for two at the Rancho de los Caballeros in Arizona. Perfect timing!
Sesquicentennial ending on high note!

(story, page 9)
It's official! Rush/Copley corporate integration

Rush-Presbyterian-St. Luke's and Copley Memorial Hospital of Aurora entered into a corporate affiliation on November 1, following a year of finalizing contractual documents and completing feasibility studies on facilities to meet the health care needs of Aurora and the far western suburbs.

Copley has been associated with Rush since 1973 and in 1980 signed a network hospital agreement. The current affiliation agreement is one of the first of its kind in the health care industry because it ensures continuing local control and autonomy for the hospital management and medical staff.

Comments at the signing ceremony from both Medical Center and Copley leadership stressed the cooperative relationship that has grown out of this long-term association. "The new corporate arrangement represents a progression in the nature of the association," said Leo M. Henikoff, M.D., Medical Center president.

Harold Byron Smith, Jr., chairman, Board of Trustees, reaffirmed this in saying to the Copley group, "...in this new arrangement that will govern our future relationship, I believe you will find that your traditions as well as your aspirations have been respected."

Gregory Lintjjer, president of Copley, pointed to the benefits that will result from this relationship, among them a new corporate structure which will enable Copley to access and deliver quality tertiary services otherwise unavailable at a freestanding community hospital.

As part of the new relationship, a parent board will be established, composed of board members from the Medical Center and Copley. The parent board will address strategic planning and other long-term issues while the Copley Board will continue to exercise control over the hospital's daily affairs and business.

Through this form of governance, it is intended to maintain community-based direction for most of Copley's activities and at the same time to fashion a health care delivery system based on an integrative approach between the Medical Center and Copley.

Founded in 1886 as Aurora City Hospital, a not-for-profit hospital, Copley has grown to a 319-bed acute care community hospital. In addition to a full range of medical, surgical, pediatric and obstetric services, the hospital offers expertise through the Copley Heart Center and the Copley Cancer Care Center.

In the past year, Copley staff were trained at Rush in cardiac catheterization services for patients using the Copley Heart Center. Building upon this educational foundation, Copley planned to add cardiac surgery to its list of services and in 1987 received approval from the Illinois Health Facilities Planning Board to expand its existing operating room facilities for open heart surgery.

The results of the feasibility studies led to a proposal for a new 200-bed replacement hospital away from Aurora's central business district, Copley's present location, to a more widely accessible site at the edge of the Fox Valley Mall near Naperville.

Ambulatory facilities and state-of-the-art imaging modalities and therapeutic and surgical units will be available. An outpatient immediate care center is already there. The first phase of the five-year plan includes construction of two professional buildings on the mall. When the mall development is completed, Copley/Rush would serve as a broad-based health care provider in the western metropolitan area, coordinating delivery of tertiary care services through a community hospital.
Thanking our invaluable volunteers

By their very nature, volunteers reject monetary rewards for their service. They choose, instead, a different mode of recompense—satisfaction in helping others. But at least once a year the Medical Center shines a spotlight on its volunteers, acknowledging their contributions at the annual Volunteer Recognition Day ceremonies.

“Over this past year,” Medical Center president Leo M. Henikoff, M.D., told volunteers and their families attending the October 25th program, “450 volunteers at Presbyterian-St. Luke's Hospital, Sheridan Road Hospital and the Johnston R. Bowman Health Center for the Elderly donated over 100,000 hours assisting patients and visitors, working on medical floors with nurses and social workers in numerous Medical Center offices, arriving early to organize morning conferences and staying late to be with patients during the evening hours.” He also praised the volunteers for the nutrition education program they initiated this year for new mothers on 7 Kellogg and for volunteers’ “commitment to total quality.”

After Wayne M. Lerner, M.H.A., vice president, administrative affairs, welcomed the volunteers and their guests to Room 500 and Dr. Henikoff presented service awards, the program concluded with the Medical Center’s Sesquicentennial slide show and a reception.

This year’s volunteer service award recipients were:

Thirty Years
Mrs. Paul Holinger

Twenty-five Years
Mrs. E. Howard Teichen

Twenty Years
Mrs. Harvey Collins
Mrs. Robert Rosenwald

Fifteen Years
Mrs. William Redman

Ten Years
Mrs. Gertrude Browne
Mrs. Harold Fein

Mr. Emil Laukes
Mrs. Guy Matthew
Mrs. Norbert Nowicki
Miss Mary Scafidi

Five Years
Mrs. Bert Belt
Mrs. Virginia Berbaum
Ms. Lynette Bryant
Mrs. Alvin Dubin
Mrs. Dorothy Franklin
Mrs. Leo Henikoff
Ms. Ilaben Kasudia
Mrs. Agnes Paicewicz
Mrs. Gladys Rinehart
Mrs. Rose Rozran
Miss Judy Shelby
Mrs. Adam Skwira
Mr. Frederick Soderberg
Mrs. Martha Tachau
Mr. Randall Taylor

Special service awards were presented to the following Medical Center employees and departments for providing special support and assistance to volunteers this year:

Sheridan Road Hospital
Mary Anderson, nursing assistant, outpatient
Jane Gemel, coordinator, laboratory services
Operating and Recovery Room Nursing Staff
Physical Therapy Department

Johnston R. Bowman Health Center for the Elderly
Laureen Hayes, RMT, BC, therapeutic recreation
Alice Michaud, director, residential apartments/Communications Business Department Staff

Presbyterian-St. Luke's Hospital
Joseph Peavy, housekeeping
Hazel Thompson, housekeeping
Unit Clerk Staff, Post Anesthesia Recovery Room

Diversified Health Services
Cheryl B. Erdmann, director of Rush-Presbyterian-St. Luke’s at the Atrium
Q & A: Total Quality

Many employees have asked questions about the Rush Total Quality Management Process. Here are answers to the most frequently asked questions:

What is 3M's role in the Rush Total Quality Management Process?

3M will be a consultant to Rush during the first few years of implementing the quality process and will help train Rush employees on the general concepts of the process. Rush will adapt the general concepts of the process to the Medical Center's unique health care setting.

Is this another project that RPSLMC is undertaking to reduce costs?

No. RPSLMC is pursuing this process in an effort to differentiate itself from its other competitors, to enhance quality and improve the quality of work life for all of its employees. Also, this is not a project; it is a process that will become a way of life at RPSLMC.

Aren't we already providing quality health care at Rush? Why do we need this quality process?

Yes, we are providing quality health care, but many regulating agencies, third party payors and consumers are telling us to prove that we provide quality care. Currently, there are very few reliable measures of quality that have been defined. Part of this quality process is to work on defining objective and accurate measures of quality health care. At the same time, we will identify the expectations of our internal customers—that is, the other departments we work with in the Medical Center—and measure whether each of us is also meeting their expectations.

Why are only a few departments involved in the initial stages of the quality process? Is this going to be a corporate-wide process for RPSLMC?

Eventually every department will be incorporated into the quality process. Fourteen departments were targeted for the first phase of the quality process because it was felt this was a reasonable enough number to handle at one time.

How will the existing quality assurance efforts be incorporated into the quality process?

The Rush Total Quality Management Process will not duplicate any existing quality efforts but rather reinforce and expand them. Currently, the Medical Center uses patient satisfaction surveys, nursing quality evaluations and a complaint desk to measure patient concerns. These will be incorporated into the total quality process and expanded.

What commitment of time will be required by employees for the quality process?

There will be a time commitment initially for education and training. Afterwards, staff of each department will receive training designed for its individual situation. Once everyone understands the process, it will become part of the work ethic at RPSLMC.

Those currently involved in the process hope that each and every employee of Rush looks forward to getting involved with the same interest and enthusiasm.

If you have additional questions regarding the total quality process, please contact Andrea Dipper at extension 27077.

Medical Center’s Vision Statement

Rush-Presbyterian-St. Luke’s Medical Center will be recognized as the premier health care system by striving consistently to surpass professional quality standards, exceed the performance of its peers, meet all the expectations of those it serves, and promote an exceptional work environment.
Measuring quality

It’s been 20 months since the Medical Center instituted the patient questionnaire program to monitor inpatient satisfaction at Presbyterian-St. Luke’s Hospital (PSLH), Sheridan Road Hospital (SRH) and Johnnston R. Bowman Health Center for the Elderly (JRB).

“The questionnaire is designed to measure the art, not the science, of medicine,” explains Michael Counte, Ph.D., health systems management, who heads the patient questionnaire committee. (Fellow committee members include Lee Thompson, Ph.D., consultant, Data Center, Loy Thomas, M.A., director, Volunteer Services, Carol Jewett, director, Volunteer Services, SRH, and Anita Pace, M.S., assistant director, Volunteer Services, JRB.) “Patients are asked to evaluate and rate such aspects as accommodations, nursing care, food service and overall quality of stay.”

For the most part, returns indicate patients are pleased with the Medical Center and their care. When asked to respond to such questions as “Would you come back to the Medical Center?” and “Would you recommend the Medical Center to a friend?”, 95 percent of all patients surveyed said yes to both.

The patient questionnaire survey complements existing quality assurance methods already in place. “Nursing has been measuring patient attitudes for the past 15 years,” Dr. Counte points out.

The questionnaire will also be used to track the progress of Total Quality Program projects, using the two years of baseline data collected by the committee.

It takes more than 20 volunteers, data processors and administrators to keep the survey system flowing in all three hospitals. Volunteers and administrators at PSLH and JRB spend more than 28 hours a week working on the questionnaire.

All medical patients from JRB and SRH receive the questionnaire. It is also distributed on a systematic random basis to patients from each PSLH nursing unit, with the exception of the psych and intensive care units.

Volunteers review the discharge lists, send out the questionnaires, make follow-up calls to those who do not return their questionnaires within two weeks and track results. “The phone calls are the most difficult,” says Thomas. “Volunteers have a basic script they can follow, but they must become adept at handling both the negative and the positive comments they receive.”

With this system of mailing and follow-up calls, the committee is realizing a 60 percent return of those contacted.

According to Dr. Thompson, it takes eight weeks to assemble the database, develop reports and feed the information back to managers. “Unit managers receive reports on all their problem areas. We also relay good comments, especially if a particular staff person is named,” she says.

Noise—a very frequent problem in all hospitals—appeared with regularity on questionnaires from SRH patients.

SRH volunteers Eileen Kaniff (l) and Fred Nesbit mail questionnaires and do follow-up phone calling to patients who haven’t returned questionnaires.

PSLH volunteer Jane Dean reviews the results of her phone calls with patient questionnaire committee members Lee Thompson, Ph.D., Data Center (l) and Michael Counte, Ph.D., health systems management.

“Through these comments, we discovered that the public address system was one of the contributors to the problem,” says Jewett. By turning down the public address system after 5 p.m. and cutting down on staff conversations in the corridors, managers at Sheridan Road Hospital were able to decrease the noise complaints appreciably.

At PSLH, each unit is surveyed twice a year to help managers chart progress in solving problems.

“We are currently in a fiercely competitive health care market,” Dr. Counte says. “The questionnaire helps us hold onto the patients we now have as well as bring in new patients through word-of-mouth.”

Word-of-mouth has also brought requests from ten academic medical centers across the country for more detailed information about the questionnaire.

“We haven’t published anything about our questionnaire program,” Dr. Counte says. “The centers came looking for us.”
We made our goal!

Close your eyes and picture yourself making a difference in someone's life...because you did! Because of your caring, we made our United Way/Crusade of Mercy campaign goal. At NewsRounds presstime, we had reached approximately $280,000. From everyone that you've helped and from this year's co-chairmen, thank you!

Employees at Sheridan Road Hospital celebrated surpassing their Crusade of Mercy goal of $9,500 with ice cream sundaes. (l-r) Heidi Schlatter, OTR/L, occupational therapy, Golene Thomas, secretary, administration, and Robin Janklow, RT(R), technical director, radiology, and SRH Crusade coordinator.

OR nurses host open house

Some of the mystery of operating room equipment and procedure was diminished on OR Nurse Day, when operating room nurses opened the fifth floor Atrium surgical holding area and several ORs to the public. Students, family members, volunteers and Medical Center staff viewed a mock operation and toured displays on organ transplant, cardiovascular surgery, general surgery, orthopedic and neurological surgery and in vitro fertilization.

Lee Bingaman, R.N., OR and surgical nursing, (l), advises her father, Robert Bingaman, on the correct way to look through a fiberoptic bronchoscope.

Leading a tour on her day off was Dolores Stefanski, R.N., OR and surgical nursing, who described equipment on the orthopedics and neurosurgery table to (front) daughter Nicole and son Kyle, and their friends (rear, l-r) Christine Mayer and Katy Smetana.
“Pregnancy: Inside and Out”

John Long, M.D., obstetrics and gynecology, has spent a lifetime delivering babies. A recent “delivery” encapsulates these experiences: a 93-minute video, “Pregnancy: Inside and Out,” which takes prospective parents from planning a pregnancy through the birth of the baby.

The video is hosted by actress Candice Bergen and Dr. Long, and “stars” 11 members of the Rush faculty, discussing their areas of expertise, as well as experts from across the country and Canada.

Rush faculty include Jeannette Israel, M.D., pediatrics (genetic counseling); Howard Strassner, M.D., obstetrics/gynecology (amniocentesis); Donna Kirz, M.D., obstetrics/gynecology (hypertension); Harold Kessler, M.D., internal medicine (infectious diseases); George Wilbanks, M.D., obstetrics/gynecology (herpes); Jan Fawcett, M.D., psychiatry (mood changes); John Long, M.D., (finances); Marianne O'Donoghue, M.D., dermatology (skin and hair care); Mary Brucker, R.N., C.N.M., obstetrics/gynecology nursing (nurse midwives); Mary Coughlin, R.N., obstetrics/gynecology nursing (APGAR rating) and Anthony Ivankaich, M.D., anesthesiology (pain relief).

CBS/Fox produced the video and holds the rights for home video distribution. The video was previewed by the American Medical Association and reviews were enthusiastic. “Pregnancy: Inside and Out” will premier at the Medical Center at the April meeting of the Woman's Board.

Ethnic fair

On October 8 and 9, Schweppe-Sprague’s backyard was filled with the aroma of ribs, baklava, egg rolls and tostadas during community affairs’ first Ethnic Fair. In addition to the food, exhibitors representing a variety of nationalities—German, Chinese, African, Greek, Mexican and French—displayed and sold their goods and crafts. Fair coordinator Jo Ann Scott, community affairs, said part of the proceeds from the fair was donated to the Medical Center’s adopted day care centers.

Welcome back!

Former staff nurses from Rush-Presbyterian-St. Luke’s returned for a reunion celebrating the Medical Center’s Sesquicentennial. Discussing nursing then and now were (l-r) Sharon Detro, R.N., who worked in chest physical therapy; Nancy Casanova, M.S.N., R.N., formerly in surgical and medical nursing; Helen Shidler, M.S., R.N., C.S., Professional Nursing Staff president; and Kathleen G. Andreoli, D.S.N., College of Nursing dean and vice president for nursing affairs.

The Blood Center wishes to thank all employees who donated blood during the last blood shortage.
Medical Center gift shops  
**November 30–December 24**
A convenient place to find your stocking stuffers, holiday cards, gifts and poinsettia plants. Silver, brass and glass items will also be available. A gold jewelry sale will be held in the Harrison Street lobby gift shop November 30–December 4. Two special sales will be held outside the cafeteria—December 14-18 will be a luggage, handbag and briefcase sale; December 9 and 10 will be a candy and nut sale, from 10 a.m. to 3 p.m.

Employee holiday party  
**Saturday, December 19**
The first annual Rush cocktail party will be held from 8 p.m.–2 a.m. on Saturday, December 19, at the Midland Hotel, Presidential Suite, 172 West Adams. Bring a guest if you'd like! Tickets are $7.50 per person and will be available from November 16 through December 11, only. Enjoy dancing to a live band, hors d'oeuvres, and one free drink from the cash bar. For more information, call employee relations, ext. 25959.

Rush University book store  
**December 1-18**
The book store has a large assortment of cards and stocking stuffers, and everyone with a Medical Center ID qualifies for a 15 percent discount on books. The store will be closed December 19-January 3.

Annual holiday blood drive  
**December 15–January 30**
During the holidays the amount of blood donated usually drops. Employees are encouraged to give the gift of life. Donor hours are 8 a.m.–8 p.m. weekdays; 8 a.m.–4 p.m. Saturdays; and 11 a.m.–7 p.m. on Sundays.

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**Rush choir**
**Holiday concert**
**December 17, noon**
Atrium Building, fourth floor

**Rush choir**
**Holiday concert**
**December 18, noon**
Cafeteria

**Annual holiday blood drive**
**December 15–January 30**
During the holidays the amount of blood donated usually drops. Employees are encouraged to give the gift of life. Donor hours are 8 a.m.–8 p.m. weekdays; 8 a.m.–4 p.m. Saturdays; and 11 a.m.–7 p.m. on Sundays.
Adopt-a-family package drop-off
December 21
Packages for your adopted family will be collected between 7 a.m. and 10 a.m. on December 21st, ground floor of the Atrium Building. This is the only collection time. If you need help transporting items, contact Carol Zigman, ext. 25961, by December 14.

Annual operating room Christmas charity craft and bake sale
December 17, 7 a.m.
Come early for fresh baked goods and crafts made by operating room employees. Proceeds are donated to several charitable organizations. The sale will be held on the fifth floor just beyond the Harrison Street bridge, which connects the Academic Facility and the Atrium Building.

Religious services
Religious services will be held throughout the holiday season. A schedule of services will be posted at various locations in the Medical Center.

Member of the Medical Staff Sesquicentennial Symphony Committee joined Henry Fogel, executive vice president and executive director, Chicago Symphony Orchestra, at a post-performance reception at Orchestra Hall. (l-r) Vice Chairman C. Anderson Hedberg, M.D., Chairman Andrew Thomson, M.D., Fogel, and Vice Chairman Armando Susmano, M.D.

Laurance Armour Day School
children's book sale
The LADS Parents Board is sponsoring this sale, December 3-4, from 8:30 a.m. to 4:30 p.m., in the cafeteria lobby. The vendor will be the Children’s Book Store of Chicago, which will provide a variety of books, discount books and toys.

Symphony Celebrates Sesquicentennial
Official Sesquicentennial activities culminated on the evening of November 10 when the Rush-Presbyterian-St. Luke's Medical Staff sponsored a Chicago Symphony Orchestra concert to celebrate the Medical Center's 150-year history. The musical birthday present reflected the Medical Staff's awareness that human needs are defined by more than health status; they also include sensibility, creativity, discovery, a sharing in the experience of artistic achievement and the pleasure of good fellowship.

Medical Staff and Medical Center employees were treated to compositions by Haydn, Rodrigo and Saint-Saëns under the leadership of Chicago Symphony Orchestra guest conductor Leonard Slatkin. The program featured classical guitarist Christopher Parkening and organist Michael Murray in his Chicago debut.
Never fear—PCIS is here!

Computers. Just a few years ago, even the name could strike terror into the hearts of many Medical Center employees. But nowadays they're as ordinary in most offices as typewriters, copy machines and telephones (sorry, make that voice terminals).

So, although computers are now no big deal in the Medical Center, a new and exciting development is taking place that may knock the socks off all but the most jaded computer users.

Before too long, a Medical Center-wide computer network system, called the Patient Care Information System (PCIS), will replace the old Spectra system and will network selected departments into one giant-sized system. PCIS will make it possible for Medical Center staff members to exchange information from one department to another quickly and efficiently by using the multifunctional terminals, a function that Bill Wellman, M.S., assistant vice president, administrative affairs, who is overseeing the project, likes to call "one-stop shopping."

Linda Coplan, training manager in the management systems support group, explains the problem. Even though the big three of the present systems are linked to each other, duplicate data entry is required.

This means that many Medical Center employees must exchange information with other departments by sending or receiving it on paper—memos, lists, kardexes, patient information and so on. Or they make lots of phone calls.

Some of the equipment is just plain old and outdated. Spectra, for example, is the oldest data general equipment in Chicago. It is used mainly for admission, discharge and transfer information, and order-entry tasks. An IBM system also handles admission, discharge and transfer information, along with financial data; and another computer, which is being replaced by the new system, handles laboratory data.

With the new system, employees can type in a few commands or point with a light pen and, voila! They have access to selected systems, and, with appropriate authorization, they can get information from other systems, such as the ones in the library, pharmacy, the laboratories and admitting.

For example, after cleaning vacant beds, housekeeping or the floor's unit clerk will enter the beds' status into the PCIS system so that clerks there will know which beds are ready for incoming patients. With a few simple key strokes, physicians and nurses will be able to obtain patients' laboratory results—avoiding many exasperating phone calls to harassed laboratory staff.

There will be a day when physicians' office managers in the Professional Building will be able to arrange bed reservations through the admitting department's system. Medical Center staff and Rush University students will be able to access the library's computer system from any multifunctional terminal in the Medical Center without having to go to the library. And the same goes for the pharmacy's system—a few simple key strokes will bring it on the screen of any multifunctional terminal.

In addition to the networking function, PCIS will include a better medical record system—one that will automatically begin abstracting patients' records from the moment of hospital admission, a process that now begins only when the completed chart arrives in medical records. The computer will also automatically assign patients' medical record numbers, avoiding duplicate assignment.

Multifunctional terminals are already in place in 26 Medical Center sites, and about 400 people have already been trained to use the laboratory system. By September 1988, the PCIS team expects to have approximately 700 multifunctional terminals up and running, and, of course, more employees need to be trained.

Employees who need to know the computer system in detail, such as admitting clerks, unit clerks and medical records technicians, will receive approximately 10 hours of training; others, such as physicians, nurses, utilization review staff, discharge planners, etc., will need two to five hours of training; and occasional users, such as researchers, will need only a one- or two-hour session.

"Don't worry," says Coplan. "The training is planned to be very practical. Our department is dedicated to training people on computers, and we try to gear our sessions to be practical—not technical."

Coplan also explains that the terminals won't all look alike. That is because each department's system will be customized depending on the department's special needs—needs that will be explored through committees that will work with on-site programmers.

Barring such disasters as power outages or flooding, unplanned computer down time is expected to be extremely rare due to the latest technology that IBM has built into the equipment, says Wellman. In addition, the system is big enough to handle the load. According to Coplan, the problem with Spectra has been that it "just wasn't big enough to handle the load. We were beating it to death." And customer service is taken very seriously with the new system, adds Coplan. On-site service for the multifunctional terminals is now available from 7 a.m. to 10 p.m.; eventually someone will be available 24 hours.

Long-range plans for the system, expected to be functioning within two to five years, are to include Johnston R. Bowman and to incorporate nursing care plans and charting into unit systems.

Film processing at a discount

Rush employees now can have film developed at a substantial discount; an average savings of 25 to 40 percent, says Mike Coleman, employee relations. A roll of 135-12 exposures, for example, is just $1.99.

Fox Photo, a wholly-owned subsidiary of the Eastman Kodak Company, provides Monday through Friday film pickup and delivery service. Kodak paper and chemicals are used exclusively as well as the Kodak Colorwatch System for quality film processing. Color print film turnaround time is 24 hours.

Employees may drop off film at the Employee Center and pick up the finished work at the human resources satellite office, 192 Murdock.
Rush people

RPSLMC appointments

Neil Forster, M.S., MT(ASCP)SH, has been promoted to assistant director of the Office of Consolidated Laboratory Services. Before this appointment, Forster worked for three years as the laboratory manager of clinical immunology, and last year served as the laboratory manager of the Blood Center as well. An instructor in the Department of Medical Technology, Forster received his master of science in clinical laboratory technology, concentrating in management, from the University of Dayton.

Barbara Parke, M.D., has been appointed clinical director for rehabilitation at the Johnston R. Bowman Health Center for the Elderly. She will also continue to serve as director of the consultation service in physical medicine and rehabilitation.

Dr. Parke is a graduate of the Chicago Medical School and completed her residency in physical medicine and rehabilitation at Northwestern University Medical Center and the Rehabilitation Institute of Chicago.

Suzanne Kulasek, M.S., R.N., O.R./surgical nursing, has been appointed head nurse of the endoscopy/urology/outpatient area in the operating room.

Appointments

Iris Shannon, Ph.D., R.N., community health nursing, has been named president-elect of the American Public Health Association.

Henry Gewurz, M.D., immunology/microbiology and internal medicine, has been invited to serve a four-year term as a member of the board of scientific counselors of the National Institute of Dental Research.

Elizabeth Carlson, M.S.N., R.N., medical nursing, has been appointed to the program committee of the American Heart Association's Council on Cardiovascular Nursing.

Karen Smith Blesch, M.S., R.N., medical nursing, has been appointed to the educational committee of the American Cancer Society (near west side).

Mildred Kemp, Ph.D., R.N., O.R./surgical nursing, has been appointed to the National Academies of Practice in Nursing.

James O'Donnell, Pharm. D., pharmacy/pharmacology, has been elected vice president of the Illinois Pharmacists Association.

Eric O. Ostrov, Ph.D., J.D., psychiatry/psychology and social sciences, has been appointed to the board of directors of the Police Psychology Foundation.

James L. Cavanaugh, Jr., M.D., psychiatry, has been appointed a member of the Task Force on Priest Health Services, Archdiocese of Chicago. Dr. Cavanaugh has also been reappointed vice president of the public policy section of the Mental Health Association of Greater Chicago.

Phyllis E. Amabile, M.D., J.D., psychiatry, has been appointed chairperson of the residents committee of the American Psychiatric Association.

In brief

The Dissociative Disorders Unit at Sheridan Road Hospital now offers a program to treat the child personalities of people with multiple personality disorder. Tina Grossman, M.A., C.S.W., social service, developed this first-of-its-kind program which uses play therapy to uncover traumatic experiences such as sexual abuse. Through play therapy, the child personalities mature and eventually are able to be integrated.

Andrew O. Lewicky, M.D., ophthalmology, was among a number of ophthalmologists flown to Moscow and Leningrad by Project ORBIS, a humanitarian organization dedicated to the prevention of blindness. Dr. Lewicky lectured and demonstrated cataract surgery and lens implantation. The visiting faculty, representing ten different countries, flew aboard a DC8 jet that was fully equipped and designed as an eye treatment center and classroom for the host country.

Kudos

Gary E. Kaatz, M.B.A., administrative affairs/medical sciences and services, has been recognized by Penn State University as one of eight "outstanding faculty and alumni." The award was presented at the university's College of Health and Human Development Faculty/Alumni Day.

On behalf of Medical Center engineering, Ted Nichols, director, recently received one of 81 national awards in the National Awards Program for Energy Innovation from the Department of Energy in Washington, D.C. The Medical Center project, one of 137 projects nominated, related to heating, air conditioning and lighting.

Peter K. Sand, M.D., obstetrics and gynecology, has received the Illinois Award from District VI of the American College of Obstetricians & Gynecologists for his paper "Cryosurgery vs. Dilatation and Massage for the Treatment of the Urethral Syndrome." It has also been recognized as the "best paper" by The American Urogynecologic Society, which held its annual meeting in San Francisco.

Cynthia Hughes, M.Ed., OTR/L, acting chairperson, Department of Occupational Therapy, was named Illinois Occupational Therapist of the Year at the fall conference of the Illinois Occupational Therapy Association. Hughes was recognized for her contribution to occupational therapy in the areas of professional community service, practice administration and education and for her political activism at the local, state and national levels.

Joseph Payne, M.A., C.S.W., social services, has been awarded the 1987 Social (continued, page 12)
## Retirements: September, 1986–November, 1987

**Work Director of the Year Award by the Illinois Chapter of the Society for Hospital Social Work Directors.** The award, the highest honor bestowed by the organization, recognizes job dedication, knowledge, ability and effective communication skills. Payne was also commended for his leadership qualities as president of the society’s Chicago-area district and for his exceptional work as president of a committee that successfully ushered the social work licensure bill through the legislature.

The **College of Nursing** received a second place Video and Film Festival Award at the national meeting of the American Medical Writers Association (AMWA) recently. One hundred and nine entries competed in six different production categories. The college’s entry, “Nursing Excellence: The Rush Model,” competed in the professional education category. Luther Christman, Ph.D., R.N., dean emeritus, accepted the award on behalf of the college. Copies of the tape are available in the McCormick Learning Resource Center.

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<tr>
<th>Years of Service</th>
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<td>Theda Ashley</td>
<td>Food Service</td>
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<td>George Roth</td>
<td>Med. Cntr. Engineering</td>
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<td>Mary T. Klein</td>
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<td>Josephine Brodzinski</td>
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<td>Dorothy L. Lewis</td>
<td>Johnston R. Bowman</td>
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Professional activities

Speeches/Lectures/Presentations


The following members of the digestive diseases section of internal medicine presented a postgraduate course entitled “Current Topics in Digestive Disease,” in Itasca, Illinois: Seymour M. Sabesin, M.D.; Donald M. Jensen, M.D.; John A. Payne, M.D.; and John A. Schaffner, M.D. James W. Williams, M.D., general surgery, and Hulya Levendoglu, M.D. (Cook County Hospital), also participated in the course.


Jules F. Harris, M.D., internal medicine and immunology/microbiology: “Advances in Biological Response Modifier Therapy for Patients with Malignant Disease,” annual meeting, American Academy of Otorlaryngology-Head and Neck Surgery, Chicago.


Linda Hollinger, M.S., R.N., medical nursing: “The Meaning of Touch—Perspectives of Elderly Nursing Home Residents and Their Caregivers,” 10th annual research conference, V.A. Medical District #17 Nursing Services and Sigma Theta Tau, Oak Brook, Illinois; and poster presentation, “The Use of Touch—A Comparison of Nursing Home Residents’ and Nurses’ Perceptions, 10th annual research day, University of Wisconsin-Milwaukee.


Peter K. Sand, M.D., obstetrics/gynecology, and Donald R. Ostergard, M.D., (University of California, Irvine): review course, urogynecology, American College of Obstetricians & Gynecologists, Chicago.


Jorge O. Galante, M.D., orthopedic surgery/anatomy; “Porous Coated Acetabular Prosthesis,” XVII World Congress of Societe Internationale de Chirurgie Orthopedique et de Traumatologie, Munich, West Germany. He also made the following presentations at the second postgraduate course of the Hospital de la Samaritana in Bogota, Colombia: “Scientific Basis of Cementless Fixation in Total Hip Prosthesis,” “Clinical Experience with Primary Surgery in Cementless Total Hip Prosthesis,” “Clinical Experience with Revision Surgery in Cementless Total Hip Prosthesis,” “Design Concepts in Contemporary Total Knee Replacements,” and “Clinical Experience with Cementless Total Knee Replacements.”

Thomas P. Andricacchi, Ph.D., orthopedic surgery; “Gait Analysis of Proximal Tibial Osteotomy” and “Biomechanics of Gait Analysis and Total Knee Replacement,” AAOS Summer Institute course, Degenerative Knee, Boston, Massachusetts.

Phyllis E. Amahile, M.D., J.D., psychiatrist; “The Therapeutic Alliance,” grand rounds, Department of Psychiatry, University of Illinois at Chicago.


The following presentations, made recently at the American Psychiatric Association in Chicago, included staff members from the Medical Center: J.F. Goldberg, (Michael Reese Hospital) and co-authors Linda S. Grossman, Ph.D., psychiatry/psychology and social sciences; M. Harrow, Ph.D., (Michael Reese Hospital); and C.G. Fichtner, M.D., (University of Illinois Hospital); “Two- and Four-Year Outcome in Mania and Schizophrenia”; Orest E. Wasylw, Ph.D., and Linda Grossman, Ph.D., psychiatry/psychology and social sciences, co-presenters, and co-authors James L. Cavanaugh, Jr., M.D., and T.W. Haywood, M.A., psychiatry;

“Do Insanity Defendants Malinger?”; and C.G. Fichtner, M.D., (University of Illinois Hospital) and co-authors Linda S. Grossman, Ph.D., psychiatry/psychology and social sciences; M. Harrow, Ph.D., and J.F. Goldberg, (Michael Reese Hospital); and D.N. Klein, Ph.D., (University of Illinois at Urbana-Champaign): “Cyclothymia in Affective Disorders and Schizophrenia.”


Stephanie Cavanaugh, M.D., psychiatrist, internal medicine and ob/gyn: “Future Directions in Psychosomatic Obstetrics and Gynecology in the United States” and “Depression in the Medically Ill,” 9th World Congress of the International College of Psychosomatic Medicine, Sydney, Australia.


Allan Fine, M.B.A., Rush Contract Care, and J. Christopher Newman, M.B.A., corporate planning and market research: seminar faculty members, “Managed Health Care and Your Hospital: How to Establish and Maintain Managed Care Relationships that Increase Hospital Market Share and Profitability,” Temple University School of Business and Management, Department of Health Administration, Orlando, Florida, and Cambridge, Massachusetts.


Trudy A. Gardner, Ph.D., Rush University library, and Mary Ellen Sievert, Ph.D. (University of Missouri-Columbia); “New Technologies, New Obligations: Some Ethical Considerations,” 50th anniversary conference, American Society for Information Science, Boston, Massachusetts.


Peter Slocum, M.D., urology (co-authors Charles F. McKiel, Jr., M.D.; Jerome Hoeksema, M.D.; and Dennis A. Pessis, M.D., urology); “Perineal Placement of II25 Seeds with CAT Scan Follow-up,” 61st annual meeting, North Central Section of the American Urological Association, Detroit, Michigan.

Meetings


Jorge O. Galante, M.D., orthopedic surgery/anatomy: International Hip Society meeting, Munich, West Germany.

Thomas P. Andriacchi, Ph.D., orthopedic surgery: 11th annual meeting, American Society of Biomechanics, Davis, California.
Publications

In the news
James Cavanaugh, M.D., psychiatry and the law, participated in a panel discussing the implications of psychological autopsies for use in criminal trials. The program aired on “Sonia, Live in L.A!”, Cable News Network.
James W. Williams, M.D., general surgery, was interviewed by ABC-TV network news, USA TODAY, Pittsburgh Press and Time Magazine about a multi-transplant case at the University of Pittsburgh. Dr. Williams performed a similar operation last year.
The Department of Diagnostic Radiology x-rayed Halloween treats for foreign metallic objects on October 31 and November 1.
Ruth Ramsey, M.D., diagnostic radiology/nuclear medicine, discussed this service on WMAR-TV news with consumer affairs reporter Sharon Wright.
In national and local news in all media, AIDS continues to receive extensive coverage. Medical Center researchers are making a contribution through scientific articles and ongoing treatment and care of AIDS patients. In recent weeks:
• A collaborative article (with Abbott Laboratories) in JAMA by Rush researchers Harold A. Kessler, M.D., Allan Landay, Ph.D., immunology/microbiology; Bernard Blaauw, M.D., and Joel Spear, M.D., internal medicine, discussed a test which detects a part of the AIDS virus well before currently used blood tests resulted in multiple placements.
• Dr. Kessler was interviewed for the CBS Network evening news, Cable News Network, AMA’s Video Clinic for Physicians on LifeLine Cable, AMA Radio News, WMAQ-TV (picked up by their affiliate KNBC-TV Los Angeles), WBBM-AM newsradio, UPI/ Washington bureau, Voice of America, Public Interest Affiliates (80 radio stations nationwide), WGN radio and WTTW-TV news.
• Dr. Landay was a guest on WBBM-TV’s “First Edition” Articles with mention of Dr. Kessler and the research appeared in the Chicago Tribune and Sun-Times.
Medical Center president Leo M. Henkoff, M.D., and ArcVentures, Inc. president Marie Sinioris, M.P.H., were quoted extensively in a two-part Sun-Times report on the health of Chicago hospitals. The articles also included considerable information about the Medical Center’s services and various diversification activities.
In Sunday’s Chicago Tribune, a special insert on “Your Health” included an article on headaches and current treatment featuring the work of Kenneth Moore, M.D., neurology. In the same insert in an article on “Baby Boomers can look ahead to health care boom,” Rush was mentioned as one of the institutions receiving funding for Alzheimer’s Disease research, and Rhoda Pomerantz, M.D., medical director, JRB, discussed psychiatric illness being ignored in the elderly.
The Chicago Tribune’s “Jobs” section featured an article about the medical technology field including information, comments and a photo of Michael Maffette, D.A., pathology, and director, OCLS.
A sidebar to a Sun-Times question-and-answer article on the best breast cancer treatment featured the needle biopsy procedure performed by Kambiz Dowlat, M.D., general surgery, who first introduced the technique to extract suspicious cells detected through mammography.
Happy 10th, MLRC!

Balloons, cake, coffee and other goodies helped the Chauncey and Marion Deering McCormick Learning Resource Center (MLRC) celebrate its 10th anniversary. During the special open house, visitors and students could watch recent MLRC film and video acquisitions set up in five different rooms for concurrent viewing. The selection included programs featuring Medical Center staff members.

Christine Frank, director, MLRC (r) celebrates with Pat Anderson, media librarian, Northwestern University.

Lou diMauro demonstrates equipment to Caroline Casey, a Rush Medical College student.

Fred Brown and Carol Covey don't usually have such a big crowd for audiovisual services.
Getting ready for the holidays

(See page 2)
Getting ready for the holidays

Sometimes you just can't help humming the old tunes. After all, it is beginning to look (and feel!) a lot like Christmas around the Medical Center. The signs are everywhere... nursing stations and offices are decorated, last minute items are purchased at the gift shop and the choir is warming up for the December concerts. The warmth and caring of the hospital staff is evident in many ways at this time of the year—especially in the Adopt-A-Family program of generous gifts of food, clothing and other items for needy Chicagoans.

(top, right) Judy Jaglin (l) and Arlene Steinhagen, preventive medicine, do some holiday shopping in the Atrium Gift Shop; (middle) Ann Jaskolka decorates the cashier's desk for the holidays; (bottom, left) Sheridan Road Hospital volunteers sponsored their annual Holiday Bazaar and Bake Sale to raise money for hospital projects. Previous projects include furniture for the family room, children's table and chairs for the radiology waiting room and menorahs for all the nursing units. (l-r) Merle Lufen, Mary Bowers of the purchasing department, Herman Rosenthal.
Sesquicentennial teaser

If you've been an avid NewsRounds reader this Sesquicentennial year, you should breeze through this special anniversary puzzle. Even if you're a bit rusty on your facts, give it a try. There won't be another one for 150 years!

**Across**
1. A suburban hospital integrated into the Rush system this year.
5. The other suburban hospital integrated into the Rush system this year.
6. Our own ______ Doodle, he rode into town on a pony.
7. The name "NewsRounds" was officially inaugurated in ______ 1963.
9. Present-day Medical Center extends across the ______.
10. On ______ 2, 1837, the Rush Medical College charter was approved.
12. The medical staff sponsored a concert by this renowned group.
15. Our contest winner created 519 words from this one big one.
16. The father of American psychiatry, signed the Declaration of Independence.
19. One part of our Sesquicentennial slogan—a Chicago ______.
20. He founded Rush Medical College.
22. The other part of our Sesquicentennial slogan—a national ______.
23. This Chicago mayor's mother was treated by a Rush Medical College graduate.
28. Medical Center president.
29. Presbyterian Hospital would have been ______ stories high if a 1929 plan had been adopted.
30. Evanston, Illinois, is named for this early member of the RMC faculty who later founded Northwestern University.

**Down**
2. Seven Chicago ______ schools are named for Rush alums or staff.
3. This book, "Good ______," tells all about the Medical Center's first 150 years.
4. He was "My friend, the doctor" in Mark Twain's Innocents Abroad.
5. This former president of the AMA and chairman of Rush's surgery department for 20 years has a Chicago high school named for him.
8. RMC 1866 graduate Charles Bert Reed wrote about this famous lady.
11. Church members established this 80-bed hospital in 1883.
13. Dr. Edwin J. Lewis and Dr. Claude B. Lewis were father and brother, respectively, of this Nobel Prize winning author.
14. RMC was affiliated with this North Shore college between 1887 and 1898.
17. Another Chicago high school is named for this pathologist and surgeon who performed the first hysterectomy in Chicago.
18. This hospital opened one of the first nursing schools to be supervised by nurses rather than physicians.
21. The ______ Board initiated the first, and today the largest, charity fashion show in the U.S.
22. In 1969, Dr. James A. Campbell directed the creation of ______ Presbyterian-St. Luke's Medical Center.
24. The Department of Psychiatry is housed in Marshall Field ______.
26. A brick from Dr. Benjamin Rush's house was once mistaken for this.
27. In 1884 Presbyterian Hospital's first patient paid ______ dollars for eight days of inpatient care.

(Solution on page 7)
When hospitals around the city experience a blood shortage, Rush usually fares better than most.

"We have never canceled routine surgery here because of a blood shortage," explains Richard J. Sassetti, M.D., director of the Blood Center.

A routine operation typically requires three to four units of blood. (This does not include transplant surgery, which may require many more.) Our Blood Center supplies about 40 percent of the Medical Center's needs. The remainder comes from LifeSource, a community blood bank.

Shortages occur for different reasons. A decline in the economy, the flu season, and competing demands like holidays or community fund-raising programs usually mean a drop in blood donations.

"We plan our own Medical Center employee blood drives when we know our supply from the outside will be short," Dr. Sassetti says.

"Rush people are very responsive to emergency calls and we are extremely grateful for that. Our employees and students allow us to get through the blood shortages."

Last year, visitors to the Blood Center and participants in mobile blood drives—including 534 employees and students—totaled 10,000.

The center is open seven days a week, roughly 12 hours a day. In addition, the mobile van makes about 150 site visits a year.

In operation since the early 1950s, the blood bank instituted its volunteer donor program in 1972. In fiscal 1986-87 a total of 56,299 units of blood and components were transfused.

A unit equals one pint of blood, which is a typical donation that can be made as often as every eight weeks. All supplies for drawing blood are used only once and then thrown away, so fear of contracting AIDS is not warranted, Dr. Sassetti emphasizes. The whole donation process usually takes only a half hour or so.

A special technique called apheresis allows for drawing out specific components of the blood—namely platelets, which help prevent bleeding, and white cells, essential in the body's defense against infections. These components are critical in the treatment of patients with malignant diseases like leukemia and those who have undergone bone marrow transplants.

During an apheresis donation, blood is processed through a cell separator. Platelets or white cells are retained for a transfusion, but the red cells and plasma are immediately returned to the donor.

This process usually takes from two to three hours, but the advantage is that one apheresis donation can provide as many platelets as 8 to 10 routine donations.

"There is an excess supply of platelets and white cells in the blood so as many as half of them can be lost with no ill effect," explains Bruce C. McLeod, M.D., associate director of the Blood Center and head of the apheresis unit. "These blood components regenerate rapidly so that the loss is made up quickly."

A program which has grown significantly over the last year is the autologous donor program which allows patients with planned surgery to donate their own blood for their own use. Last year, 1,412 units were collected.

Just begun is a high-risk autologous donor program which is already operating at capacity and shows need for expansion, Dr. Sassetti says. It was developed for patients who want to donate blood for their own surgery but who would ordinarily have to be excluded from such a program—someone with impaired blood circulation, for example.

In the high-risk autologous donor program, blood is drawn in the post-anesthesia recovery room where the patient is continuously monitored by an anesthesiologist.

Blood drawn at the center undergoes rigorous testing for infectious disease (hepatitis) and human immunodeficiency virus (AIDS). The actual processing time is 36 to 48 hours. Some tests give false positive results but no chances are taken, Dr. Sassetti says; those units are discarded.

"Overall, we have to discard about 10 percent of the blood we draw. That, coupled with pre-drawing donor rejection for health reasons (e.g. a cold or high blood pressure) means that, roughly, we need 125 people willing to donate for every 100 units of blood we are able to bank."

Storage capacity for blood drawn is 300 units in the liquid state and from 250-500 units in the frozen state. But at this time of year, as the holidays approach, the supply usually begins to dip as the number of donors drops off.

An employee blood drive targeting administrators is going on right now to help top off the supply, but as always, anyone can stop in to donate. After all, 'tis the giving season.
"Regionalization of Rush" focus of Trustee meeting

The annual meeting of the Board of Trustees of Rush-Presbyterian-St. Luke's Medical Center, presided over by Chairman Harold Byron Smith, Jr., was held November 11 in Room 300. The Rush Medical College faculty and the Medical Staff held their semi-annual meetings November 19.

The evolution of the Rush System for Health and its broad outreach throughout the metropolitan area were traced by Medical Center President Leo M. Henikoff, M.D., in his annual address to the Board of Trustees.

After the concept was first presented to the Trustees in 1971, a vertically integrated network of health care resources began to take shape following negotiations with other hospitals. Soon the concept broadened and included affiliations with colleges and universities that would have special relationships with Rush University, particularly in the area of student recruitment.

While these affiliations were developing, the Medical Center responded to employers' and employees' needs for special new programs and services and organized in 1971 the ANCHOR Organization for Health Maintenance, followed in recent years by ACCESS Health, an independent practice organization, and Rush Contract Care, a preferred provider organization.

Now a comprehensive set of managed care options called the Rush All-In-One Plan, the programs are offered by one institution, Rush, and are available to the business community singly or in combination.

Meanwhile, a number of factors have affected the course of the Rush system's development. Medical progress and an increase in the number of physicians skilled in advanced procedures are encouraging high quality community hospitals to use the sophisticated diagnostic and treatment procedures once reserved only for tertiary care centers. In addition, an increasing number of people want access to sophisticated health care in hospitals that are closer to home and less expensive than tertiary care centers such as Presbyterian-St. Luke's.

Rather than fight the trend to decentralization, said Dr. Henikoff, the Medical Center has "entered into arrangements with some of our affiliates that are designed to facilitate the upgrading of their capabilities, while strengthening the referral patterns of our Medical Center."

"What we have developed together with Copley Memorial Hospital and with Rush North Shore Medical Center in the past year is essentially a new model for system development. It is a model that respects both our broad mission in research, teaching and specialized care and the focused mission of Copley and Rush North Shore for high quality care in the local community."

Because Presbyterian-St. Luke's Hospital continues to be at the hub of the system, it is "increasingly becoming an intensive care hospital—the patients we are seeing are more seriously ill than ever before." According to Dr. Henikoff, this situation offers another compelling reason for maintaining affiliations with other hospitals, many of which maintain educational programs for Rush medical students, nursing students and other future health care professionals. "...You can't educate primary physicians unless you provide them with experience dealing with the full range of illness and not just intensive care."

Plans at Copley Memorial Hospital

Gregory Lintjer, president of Copley Memorial Hospital, outlined plans for new developments at Copley as a result of the recently announced corporate affiliation with the Medical Center.

New facilities, which will be built on a 34-acre parcel of land just south of a very large regional shopping center, will be developed in several phases. The first phase will be two large buildings for physicians' offices, and the second will include ambulatory surgery and imaging facilities. Plans for a third phase call for a 150-bed hospital and are contingent upon Certificate of Need approval by the State of Illinois.

The need for new and relocated facilities, said Lintjer, is related to the population growth in Kane and DuPage counties.

The Rush Regional System

![Diagram of Rush Regional System](https://example.com/diagram.jpg)

NewsRounds, December 1987
Copley, a 102-year-old community hospital is currently located within the city of Aurora proper. It treats about 8,000 patients a year, is licensed for 319 beds, has approximately 150 active physicians on staff, employs approximately 750 people full-time and has a budget of approximately $38 million.

**Plans at Rush North Shore Medical Center**

New physicians, new programs, and new facilities at Rush North Shore Medical Center were discussed by President Peter Butler in his talk to the Trustees.

New programs planned at Rush North Shore include cardiac catheterization services (eventually to be followed by open heart surgery), radiation therapy, psychiatry, and an expansion of obstetrics and emergency medicine. New facilities will not be limited to inpatient services but will also include a fitness center in conjunction with already existing programs in cardiac and pulmonary rehabilitation and health promotion.

Sheridan Road Hospital, only eight miles southeast of Rush North Shore and with some overlapping service areas, acted as a catalyst for change, said Butler. Pending state approval and the renovation of facilities at Rush North Shore, the 125 beds at Sheridan Road will close, allowing its development as a comprehensive outpatient facility.

Rush North Shore currently treats about 6,600 inpatients a year, has 284 licensed beds, approximately 365 physicians on staff, employs over 700 people and has a budget in excess of $30 million.

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**1986-87 Highlights**

Highlights of the Medical Center's 1986-87 fiscal year include:

- A total of 31,772 patients were admitted to the three hospital units of the Medical Center; total patient days came to 297,628.
- Outpatient visits, including minor surgery, increased 16.8 percent for a total of 178,670.
- There were 31,387 emergency room and acute care visits; surgical procedures totaled 17,976.
- Active members of the Medical Staff increased to 962.
- At Rush University's 15th commencement, 347 graduates received degrees: 112 from Rush Medical College, 171 from the College of Nursing, 58 from the College of Health Sciences and 6 from The Graduate College. Since Rush University was established in 1972, more than 4,000 degrees have been awarded.
- Outside awards to Rush investigators established a new record of $14,410,977. Overall, 1,264 different research projects were underway at the Medical Center, generating 1,182 publications that presented their scientific findings. Principal areas of research were cancer, with 208 projects, cardiovascular disease (138), neurological sciences (135) and immunology (116). Rush researchers in different departments also combined their expertise in 105 multidisciplinary projects.
- Gifts, pledges and bequests to the Medical Center reached $13,340,432. Gifts through endowment made possible the establishment of five named professorships in Rush University, in preventive medicine, heart research, arthritis, orthopedic surgery and biochemistry. These new professorships bring the total of endowed chairs in Rush University to 38.
- Corporate affiliations were signed with Skokie Valley Hospital, Skokie, which was renamed Rush North Shore Medical Center, and with Copley Memorial Hospital, Aurora.
- The State of Illinois designated the Rush Alzheimer's Disease Center as one of two statewide regional centers to improve the care of Alzheimer's patients and support for their families. The center at Rush, which tripled in size over the past year, serves residents in the north half of the state.
Trustee and officer elections

One new general trustee and four new annual trustees—the four representing the two hospitals integrated into the Rush System for Health—were elected at this year’s annual meeting. A Life Trustee was also elected.

The general trustee is John P. Frazee, Jr. The annual trustees are Samuel S. Berger; Leonard Berlin, M.D.; D. Chet McKee; and James D. Pearson. The Life Trustee is Robert P. Reuss.

New General Trustee John P. Frazee, Jr., is president and chief executive officer of Centel Corporation, and chairman and chief executive officer of Centel Cable Television Company. Frazee is a member of the Governor’s Commission on Science and Technology and the Chicago Committee of the Chicago Council on Foreign Relations.

Elected as one of two representatives from Rush North Shore Medical Center (formerly Skokie Valley Hospital) is Samuel S. Berger, chairman of the board of trustees. Berger has served as an associate judge of the Circuit Court of Cook County since 1979 and is a member of the Chicago Chapter of the Illinois Bar Association and the Decalogue Society of Lawyers. In addition to his law career, Judge Berger is an ordained rabbi.

Also representing the Rush North Shore Medical Center is Leonard Berlin, M.D., director of radiology. Dr. Berlin, immediate past chairman of Rush North Shore’s board of trustees, joined the radiology faculty there as an associate radiologist in 1966. He became the department’s director in 1977 and served as president of the medical staff from 1977 to 1979. He was recently appointed professor of radiology at Rush University.

D. Chet McKee is one of two trustees representing Copley Memorial Hospital. McKee, chairman of Copley’s board of directors, is president and chief executive officer of Oberweis Dairy, Inc. Before joining Oberweis, he was president of McKee Industries, Inc., a manufacturer of garage doors and construction products. He is also chairman of the board of the Illinois Mathematics & Science Academy Fund for the Advancement of Education.

James D. Pearson also represents Copley Memorial Hospital. A member of Copley’s board of directors, Pearson is president and chief executive officer of Aurora Industries, Inc. He is also chairman of the board of the Aurora Chamber of Commerce and president of the new Mathematics and Science Academy.

Robert P. Reuss is chairman of Centel Corporation and a trustee of the Medical Center since 1970. Reuss’s long service to the Medical Center includes membership on the executive committee during the mid 1970s and current service as vice chairman of the liaison and inter-institutional relations committee. He is also a board member of the ANCHOR Organization for Health Maintenance.

In other action, Harold Byron Smith, Jr., was re-elected chairman, and Roger E. Anderson, Marshall Field and Richard M. Morrow were re-elected vice chairman. Smith is chairman of the executive committee, Illinois Tool Works, Inc.; Anderson is former chairman and director of Continental Illinois National Bank and Trust Company of Chicago, Continental Illinois Corporation; Field is chairman of the board, The Field Corporation and chairman of Cabot, Cabot & Forbes Company; and Morrow is chairman and chief executive officer of Amoco Corporation. Leo M. Henikoff, M.D., was re-elected president of the Medical Center.
"Responding to changes" theme of Medical Staff/College meetings

“The word is overused but we do represent quality,” Leo M. Henikoff, M.D., Medical Center president, told the Medical Staff at its semi-annual dinner meeting.

“We have a 150-year history of doing the right things, of representing what is good and what is right in medicine,” he said. “People come here when the chips are down, because they believe they’ll get the best care there is. That is the most important attribute this Medical Center has. It is more important than any of our buildings. It is something that has to be preserved.”

Dr. Henikoff reported that some $40 million had been invested in facilities, equipment and new programs—“all on this campus”—in the past year. Projects ranged from a new telecommunication system to a new catheterization laboratory, from new facilities for nuclear medicine and radiology to renovation of research space.

It is through investments of this nature and the reputation of its medical staff that Rush continues to compete effectively in the current health care market. “We have to compete but it should be on our own terms, and that means quality,” he concluded.

In discussing the area of physician practice expansion to broaden the patient referral base, Henry Russe, M.D., vice president, medical affairs, and dean, Rush Medical College, cited several programs underway:
- the development of new practices supportive to the departments of obstetric and gynecology, internal medicine, pediatrics and general surgery and a clinical service in the Rush Alzheimer’s Disease Center
- the re-establishment of the Physician Referral Service
- the development of shared office space at the Northwestern Atrium Center

The summer prematriculation program, which focuses on study skills, financial counseling and other matters of interest to potential medical student applicants, has already had some positive results. Dr. Russe pointed to

“a significant increase in the number of minority applicants, several of whom entered the first-year class.”

“There is a continuing drop nationally in the medical college applicant pool,” reported Larry Goodman, M.D., associate dean, medical school programs. To respond to this problem, Rush will be increasing the number of out-of-state applicants it will accept, extending interviews to Saturdays and enlisting the aid of Rush Medical College alumni to recruit students.

The Rush Medical College staff and faculty also heard reports from Michael Hukman, M.D., chairman of the committee on committees, and vice presidents Kathleen G. Andreoli, D.S.N., nursing affairs, Wayne Lerner, M.H.S.A., administrative affairs, and Sheldon Garber, philanthropy and communication.

Medical Center Vision Statement

Rush-Presbyterian-St. Luke’s Medical Center will be recognized as the premier health care system by striving consistently to surpass professional quality standards, exceed the performance of its peers, meet all the expectations of those it serves, and promote an exceptional work environment.

Robert H. Reid, M.D., internal medicine, at Medical Staff meeting.
Rush people

RPSLMC Appointments

Max Douglas Brown, J.D., general counsel, has been named vice president, legal affairs. He will continue as general counsel and assistant secretary for all the Medical Center subsidiaries and affiliated corporations and as secretary of the Chicago Technology Park. Brown is an associate professor of Health Systems Management.

He serves as vice chairman of the medicine and law division of the American Bar Association and is a past director and officer of the Illinois Association of Hospital Attorneys. Brown received his law degree from DePaul University College of Law.

Angelina Ledonne, R.N., newly appointed nursing director, transfusion therapy services, comes to the Medical Center from Cook County Hospital where her most recent position was assistant divisional director for nursing support services. She is a graduate of Northeastern Illinois University and the Cook County School of Nursing.

Gail Smith, Medical Center engineering, has been named assistant director in construction management. She previously taught at Truman College and was senior project engineer at Northrop Corporation.

Mary McHale, M.S., R.N., medical nursing, has been appointed unit leader on 10 Kellogg. An oncology nursing specialist, she was instrumental in developing the 10 Kellogg oncology unit. She received her M.S. in oncology nursing from Rush University.

Pat Patterson, M.S., R.N., has been appointed head nurse on 2 Kellogg. A graduate of Rush University's master's program in medical-surgical nursing, Patterson currently is enrolled in the doctoral program. She formerly was head nurse in the medical intensive care unit at Good Shepherd Hospital in Barrington.

Appointments

Jean Storlie, M.S., R.D., ArcVentures, was elected the 1987-88 chair of the Sports and Cardiovascular Nutrition Practice Group of the American Dietetic Association.

Vincent D. Pisani, Ph.D., psychiatry/social sciences, was appointed a member of the Illinois

(Rush people, cont. page 6)

Rush researchers to launch major arthritis study

Fifteen Rush researchers, led by Klaus E. Kuettner, Ph.D., chairman, Department of Biochemistry, are the recipients of a $2.6 million dollar, five-year SCOR ("Specialized Center of Research") grant for the study of arthritis.

This is the first year the grants, which are Congressionally mandated, have been awarded for arthritis research by the National Institute of Arthritis & Musculoskeletal and Skin Diseases, a component of the National Institutes of Health. A total of nine in all were granted in the areas of osteoarthritis, rheumatoid arthritis and osteoporosis. The Rush grant is one of three awarded nationwide in the area of osteoarthritis research.

The Rush SCOR grant in osteoarthritis consists of five projects and three supporting core facilities.

Project #1 (Margaret Aydelotte, Ph.D., biochemistry, principal investigator) will investigate sub-populations of chondrocytes to analyze the metabolic differences which form the basis for heterogeneity of normal tissue and which may therefore influence the course of pathologic deterioration of articular cartilage.

Project #2 (James Kimura, Ph.D., biochemistry and orthopedic surgery, and Thomas Andriacchi, Ph.D., orthopedic surgery, co-principal investigators) will evaluate the effects of physical loading on isolated chondrocytes.

Project #3 (Dr. Kuettner, principal investigator) will focus on the characteristics of a protein in cartilage which regulates the destruction of a leukocyte enzyme.

Project #4 (Eugene Thonar, Ph.D., biochemistry and internal medicine, and Thomas Schnitzer, M.D., Ph.D., rheumatology, co-principal investigators) deals with a serum marker for osteoarthritis to yield early detection of cartilage degradation.

Project #5 (Dr. Andriacchi and Gunnar Andersson, M.D., orthopedic surgery, co-principal investigators) will analyze specific issues related to factors influencing function following total hip replacement.

The grant also will fund a Cell and Tissue Culture Core (Dr. Kimura and Cheryl Knudson, Ph.D., biochemistry, co-principal investigators), which will facilitate the work of every project associated with the SCOR. The Morphology and Ultrastructure Core (Jerome Kuszak, Ph.D., pathology, and James M. Williams, Ph.D., anatomy, co-principal investigators) will assist all investigators who need histological, histochemical and ultrastructural analyses. Dr. Kuettner will head the administrative core, evaluating individual projects and managing the budget.

NewsRound, December 1987
Advisory Council on Alcoholism and Substance Abuse by Illinois Speaker of the House, Michael J. Madigan.

Rosalind D. Cartwright, Ph.D., psychology and social sciences, was named chairman of the newly formed NIMH AIDS oversight committee.

James O'Donnell, Pharm. D., pharmacology, has been appointed editor-in-chief of the new Journal of Pharmacy Practice to be published by W.B. Saunders.

Kudos

Merle R. Shaper, M.S., R.D., ANCHOR, received an honorable mention in the fourth annual Mary P. Huddleson Award competition for her article, "Taste Perception of Children with Chronic Renal Failure," published in the October 1986 Journal of the American Dietetic Association.

Stefan Bielsinski, M.D., dermatology, received an award from Children's Memorial Hospital for 30 years of continuous service.

Elaine Scorza, M.S., R.N., psychiatric nursing, received a service award from the International Myomassethics Federation.

In brief

Rush-Presbyterian-St. Luke's Medical Center was one of 65 hospitals included in The Best Hospitals in America, a comprehensive guide to this country's most outstanding medical facilities. Authors Linda Sunshine and John Wright observed that "unlike Chicago's other fine teaching institutions and major research centers, Rush is seen first and foremost as a patients' hospital, one that provides excellent patient care along with advanced medicine."

Several members of the Medical Center's nursing staff are active in the Illinois Hispanic Nurses' Association (IHNA), an organization founded last year. "The IHNA was founded so that members could be mentors for those in the Hispanic community who would like to enter the health care profession," says Lupe Torrez, R.N., pediatric nursing, who serves as the group's treasurer.

The IHNA has participated in community programs such as the Visiting Nurses Association Health Fair/Inoculation Program in Aurora and an inoculation program at the University of Illinois. A fundraising dance provided scholarship support to an Hispanic nursing student at the University of Illinois.

In the future the group plans to hold CPR classes in Spanish and programs to encourage grade and high school students to enter the health professions.

IHNA meetings are held bi-monthly. For more information contact Elvira Carrizales, R.N., or Carmen Acosta, R.N., ext. 25073.

The Pediatric Research Laboratories—opened November 20 in a recently renovated area on 5 Murdock—will house investigation into the etiology, pathogenesis, treatment and prevention of diseases of children. The facility will also be important in the recruitment of sub-specialists experienced as clinicians and investigators. Currently, Eddie S. Moore, M.D., pediatric nephrology, uses one lab for his NIH-supported studies of calcium transport in the developing lamb, and Kenneth M. Boyer, M.D., pediatric infectious diseases, is continuing his work on group B streptococcal infection and immunity. The two open laboratories and those planned for phase 2 of construction will be used for research in pediatric gastroenterology, endocrinology and metabolism, hematology and oncology, and neonatology.

A commitment to our youth

Chicago Business and Industry, with the Chicago Board of Education, has developed a "Careers for Youth" task force. One of the 16 career clusters developed by the task force is health care.

Two goals have been defined: to encourage students to stay in school and to provide job and career information. The first project involves speaking to and being role models for 8th grade students at 40 Chicago public schools.

The health care cluster—which includes all job and career possibilities in health care—is scheduled to give talks to the 8th graders in late January. Volunteers are needed to be speakers and role models. If you are interested in participating or would like more information, please contact College Admission Services at extension 25099.
Professional activities

Speeches/Lectures/Presentations


L. Penfield Faber, M.D., cardiovascular-thoracic surgery: “Bronchoplasty and Lung Cancer,” American College of Chest Physician’s Postgraduate Course, Atlanta, Georgia; and “Surgery of the Mediastinum and Lung” and “Surgery of the Lungs and ThoraX,” Cook County Graduate School of Medicine’s Specialty Review in General Surgery, Part II, Chicago.

Amy S. Paller, M.D., dermatology/pediatrics/immunology: “Four Patients with the Inverse Form of Dermolytic Erythrosis Bullosa,” annual meeting, Pediatric Dermatologist Society, Bolton Landing, New York; “Genetics and Genodermatoses,” and “Disorders of the Dermis,” Cook County Graduate School of Medicine, Chicago; “Blistering Diseases in Children,” Northwestern University, Chicago.


William H. Knospe, M.D., hematology: “Control of Hematopoiesis by the Bone Marrow Stroma,” McGill University/McGill Cancer Centre, Montreal, Quebec; presentation on current leukemia research during Leukemia Society of America meeting, Chicago.


Rajalaxmi McKenna, M.D., hematology: “Thromboembolic Disease,” Cook County Graduate School of Medicine, Chicago.

Rajalaxmi McKenna, M.D., hematology (co-authors Edmond R. Cole, Ph.D., hematology; Antonio Yuk, M.D., neurosurgery; and Walter Whisler, M.D., Ph.D., neurosurgery): “Normal APTT in a Patient with a Persistent Acquired Factor XI Inhibitor,” XIIIth annual conference, International Society on Thrombosis and Haemostasis, Brussels, Belgium.


Publications


P.A. Cassileth, M.D. (Hospital of University of Pennsylvania); C.B. Begg, M.D. (Harvard School of Public Health); R. Silber, M.D. (New York University Medical Center); A. Spier, M.D. (Albany Medical College); P.T. Burkart, M.D. (Albany Medical College); W. Scharfman, M.D., and W.H. Knospe, M.D., hematology; J.M. Bennett, M.D. (University of Rochester Cancer Center); J.J. Mazza, M.D. (Wisconsin Clinical Cancer Center); M.M. Oken, M.D. (University of Minnesota); A.M. Keller, M.D. (Natalie Warren Bryant Cancer Center); and M.J. O’Connell, M.D. (Mayo Clinic): “Prolonged Unmaintained Remission After Intensive Consolidation Therapy in Adult Acute Nonlymphocytic Leukemia,” Cancer Treatment Reports 71:137-140, 1987.

S.B. Kahn, M.D. (Hahnemann University); A. Spier, M.D. (Albany Medical College); W.H. Knospe, M.D., hematology; M. Sjojan, M.D. (Hahnemann University); and J.H. Glick, M.D. (Hospital of the University of Pennsylvania): “Amsacrine [4’(9-acyridinylamino)methanesulfon-m-ansiklidide] (m-AMSA) and 5-azacytidine (AZA) for Remission Induction in Patients with Relapsed Adult Acute Nonlymphocytic Leukemia. An ECOG Pilot Study,” Am J Clin Oncology (CCT) 10:78-81, 1987.

It’s winter. The wind is howling off the lake. The snow is knee deep and the temperature chills you to the bone. What better time to think about summer?

Don’t wait until June to get in shape. Start now and give yourself enough time to ease into summer feeling healthy and trim.

Come to the “Set Your Sights on Summer” winter health fair on January 5 and 6 from 11:30 a.m. to 1:30 p.m. in the cafeteria lobby. You will learn more about health and fitness classes and activities to help you get a head start on summer. The fair is co-sponsored by Employee Health Service and Food and Nutrition Services.

Special health attractions will be:
- “Frameter.” Food and Nutrition Services staff will help you find out if you are at a desirable weight for your frame.
- Muscle Beach tips from administrative secretary Chris Abell, the 1987 Miss Midwest Classic Bodybuilding champion.
- ANCHOR Pub non-alcoholic summer drinks.
- Information about the Health and Fitness Program’s wellness programs. These low-cost, convenient employee programs include:
  - fitness
  - weight loss and nutrition
  - smoking control
  - stress management
  - personal growth

For more information, call the Health and Fitness Program at 942-5309.